

Caregiver Support Groups

Columbia, Dane, Grant, Green, Iowa, Lafayette, Richland and Sauk Counties

Support groups give you an opportunity to be together with others in a caring and understanding environment. Ask questions and get straight answers from people who have been there, learn creative and caring problem solving techniques and caregiving ideas, and discover that you are not alone in the way you feel. For more information, contact:

Alzheimer's & Dementia Alliance of Wisconsin
517 North Segoe Rd., Ste 301, Madison WI 53705
608 232 3400 | 888 308 6251 | support@alzwissc.org | www.alzwissc.org

Revised Feb. 2012

COUNTY	CITY	DATE/TIME	LOCATION	CONTACT
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DEMENTIA-SPECIFIC CAREGIVER SUPPORT GROUPS

	Dodge	Beaver Dam	1st Wednesday 10:00-11:30 a.m.	Trosten Haus ADC 1223 Madison St	Mary Weiss 920-887-4282
#	Columbia	Columbus	2nd Thursday 10:00-11:30 a.m.	Columbus Community Hospital 1515 Park Ave	Carol Olson 608-742-9055 or 888-308-6251
#	Dane	Fitchburg	2nd Thursday 10:00-11:30 a.m.	Fitchburg Senior Center 5510 E. Lacy Road	Alzheimer's & Dementia Alliance 232-3400
#		Madison-West Adult Children	1st Wednesday 6:00 – 7:30 p.m.	Alzheimer's & Dementia Alliance 517 N. Segoe Road	Alzheimer's & Dementia Alliance 232-3400
#		Madison-West	1st Thursday 10:00-11:30 a.m.	Covenant Presbyterian Church 326 S. Segoe Road	Alzheimer's & Dementia Alliance 232-3400
#		Madison-West Men's Group	2nd Thursday 9:30-11:00 a.m.	Alzheimer's & Dementia Alliance 517 N. Segoe Road	Alzheimer's & Dementia Alliance 232-3400
#		Madison-West Young Onset Caregivers (<i>caring for person with dementia under age 65</i>)	2nd Saturday 10:00-11:30a.m.	Alzheimer's & Dementia Alliance 517 N. Segoe Road	Alzheimer's & Dementia Alliance 232-3400
		Sun Prairie	2nd Monday 6:00-7:30 p.m.	Colonial Club (Therapy Room) 301 Blankenheim Lane	Heidi Stewart 608-318-0864
#		Waunakee	3rd Wednesday 3:30-5:00 p.m.	Waunakee Senior Center 333 S Madison St	Cindy Mosiman 849-8385
#	Grant	Platteville	3rd Wednesday 1:00-2:30 p.m.	Park Place Community Room 1075 N Elm St. Call regarding respite option	Alzheimer's & Dementia Alliance 608-723-4288
#	Richland	Richland Center	1st Tuesday 10:30-12:00 p.m.	Community Services Building 221 W Seminary St Call regarding respite option	Becky DeBuhr 608-723-4288 888-308-6251
#	Sauk	Reedsburg	3rd Wednesday 12:00-1:30 p.m.	Reedsburg Area Senior Life Center 2350 N. Dewey Ave (bag lunch optional) Call regarding respite option	Carol Olson 742-9055 or 888-308-6251
#	Sauk	Prairie du Sac	2nd Tuesday 3:30– 5:00 p.m.	St Vincent de Paul Community Resource Ctr 1906 North St	Joan Mack 644-0504 ext 12

GENERAL CAREGIVER SUPPORT GROUPS

	Columbia	Portage	1st Monday	St. Mary's Parish Center	Nancy Davis
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		1:00-2:30 p.m.	309 W. Cook Street	742-4039	
	Wycocena	Call for details	Columbia Health Care Center 323 W. Monroe Street, Conference Rm. A	429-2181 x 221	
Dane	DeForest	3rd Thursday 3:00-4:30 p.m.	DeForest Senior Center 505 N. Main Street	Roxane Carley 846-9469	
	Madison-Latino Group	4th Wednesday 6:00-8:00 p.m.	Madison Senior Center 330 W. Mifflin (Meetings in Spanish)	Yolanda Salazar 243-5252	
	Madison-West	4th Wednesday 1:00-2:30 p.m.	Mt. Olive Lutheran OR Queen of Peace (spiritual focus/call to confirm location)	Heather Crade 663-2996	
	Middleton	2nd Thursday 1:00-2:30 p.m.	Middleton Senior Center 7448 Hubbard Avenue	Brenda Rosebrough 831-4186	
	Monona	2nd Tuesday 7:00-8:30 p.m.	E. Mad./Monona Coalition of Aging 4142 Monona Drive	Judy Tegtman 223-3100	
	Mt. Horeb	4th Wednesday 1:00-2:30 p.m.	Girllies Manor 104 Lincoln Court	Rita Stanton 437-6959	
	Oregon	3rd Monday 9:00-10:00 a.m.	Oregon Senior Center 219 Park Street	Dana Lindsay 835-5801	
#	Stoughton	2nd Thursday 2:00-3:30 p.m.	Stoughton Senior Center 248 W. Main Street	Alzheimer's & Dementia Alliance 232-3400	
#	Iowa	Dodgeville	1st Tuesday 10:30-12 noon	Health & Human Services Building 303 W. Chapel Street, Room 1001	Rita Stanton and Joan Pape 437-6959
#	Lafayette	Darlington	4th Tuesday 9:30 to 11:00 a.m.	Darlington Municipal Bldg, second floor Job Center Conference Room	Deanna Truedson 608-843-3402

OTHER DISEASE-SPECIFIC CAREGIVER SUPPORT GROUPS

	Columbia	Portage	3rd Thursday 2:00-4:00 p.m.	Bethlehem Lutheran Church (Parkinson's group) Hwy 33 E	Elayne Hanson 608-742-2410
	Dane	Madison	1st Thursday 12:30-2:00 p.m.	Meriter Hospital Stroke Support 202 S. Park Street	Louise Joyce 267-6487
		Madison	2nd Wednesday 6:30-8:30 p.m.	UW Hospital & Clinics (ALS group) 600 Highland Avenue	
		Monona	1st Tuesday 4:00-6:00 p.m.	East Madison/Monona Coalition (Parkinson's group) 4142 Monona Drive	
		Mt. Horeb	3rd Tuesday 10:00 a.m.	Mt. Horeb Library (Parkinson's group) 105 Perimeter Rd	Rita Stanton 437-6959
	Sauk	Baraboo	3rd Monday 2:00-4:00 p.m.	First Congregational Church (Parkinson's group) 131 6th Ave	Sylvia Kriegl 608-355-3289