



Columbia County Community Resource Guide

The attached list provides information about community resources in Columbia County that may be helpful to individuals and families who are coping with progressive memory loss, Alzheimer's disease, or related dementias. Due to the changing nature of service agencies, this list may not be comprehensive. Although the Alzheimer's & Dementia Alliance does not endorse or promote one agency over another, we are available to help families identify those services which might best meet the individual's needs and circumstances.

If you have questions or need more information about resources available in our nine county service area, please call our Helpline at **1-888-308-6251**.

This resource guide will be updated periodically on our website: www.alzwisc.org

Revised February 2011

Main Office

517 North Segoe Road, Suite 301
Madison, WI 53705
608.232.3400
608.232.3407 fax
888.308.6251 toll-free

Grant/Richland Regional Office

8820 Hwy 35/61 S
Lancaster, WI 53813
608.723.4288
608.723.6122 fax
888.308.6251 toll-free

Columbia/Sauk Regional Office

2825 Hunters Trail
Portage, WI 53901
608.742.9055
608.745.3940 fax
888.308.6251 toll-free



support@alz.wisc.org
www.alzwisc.org

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Alzheimer's & Dementia Alliance

The Alzheimer's & Dementia Alliance of Wisconsin (ADAW) provides support and education in south central Wisconsin for individuals and families living with dementia as well as for professional service providers. Our organization can be a guide for people affected by Alzheimer's disease and other dementias as well as their families as they learn about the disease, plan for the future, and cope with day-to-day challenges. The ADAW also advocates on the state level about matters that affect dementia-related research and legislation. Our services include:

- Helpline: **608-232-3400** or **888-308-6251**
- Family consultations
- Caregiver support groups
- Early-stage support group
- www.alzwisc.org
- Family & professional training workshops
- Quarterly newsletter & email newsletters
- Resource library
- Public policy advocacy
- Provision of information and resources

As an independent, nonprofit organization, 100% of the donations we receive remain in Wisconsin and are tax-deductible.

What is Dementia?

Dementia is a loss of intellectual functions (such as thinking, remembering and reasoning) that is severe enough to interfere with a person's everyday life. Symptoms may include short-term memory loss, inability to think problems through or complete tasks, confusion, difficulty concentrating, and behavior changes.

Some disorders that can cause dementia include:

- Alzheimer's disease
- Vascular disease
- Dementia with Lewy bodies
- Huntington's disease
- Frontal-temporal lobe dementia
- Creutzfeldt-Jakob disease
- Parkinson's disease

Other conditions that may cause or mimic dementia include depression, brain tumors, nutritional deficiencies, head injuries, hydrocephalus, infections (AIDS, meningitis, syphilis), thyroid problems and drug reactions.

Dementia is not a part of normal aging.

What is Alzheimer's Disease?

Alzheimer's disease is the most common form of dementia, affecting an estimated 5.4 million Americans, **including more than 110,000 in Wisconsin**. Alzheimer's disease is a progressive, degenerative disease that attacks the brain and results in impaired memory, thinking and behavior. The ten warning signs of Alzheimer's disease are listed below. There are currently three drugs prescribed to treat the symptoms of mild to moderate Alzheimer's disease and one drug to treat later stage Alzheimer's disease. In some people, these medications may improve daily life by enhancing memory and cognitive ability. Early diagnosis is very important to maximize the effect of available treatment.

10 Warning Signs of Alzheimer's Disease

1. **Memory Loss:** frequently forgetting important dates, events or phone numbers: not remembering them later. Difficulty learning new things, retaining new information.
2. **Difficulty performing familiar tasks:** forgetting ingredients in recipes, change in ability to balance checkbook or pay bills.
3. **Problems with language:** forgetting simple words or substituting unusual words.
4. **Disorientation to time and place:** getting lost in familiar places, not knowing where he/she is, not knowing time of day, day of week, month or year.
5. **Poor or decreased judgment:** dressing inappropriately, unable to set limits on purchases or giving away large amounts of money.
6. **Problems with abstract thinking:** forgetting how to use numbers, difficulty reading.
7. **Misplacing things:** putting things in unusual places like firewood in clothes dryer or purse in the freezer.
8. **Changes in mood or behavior:** rapid mood swings-from calm to tears to anger- for no apparent reason.
9. **Changes in personality:** doing things that are out of character, confusion, suspicion or fearfulness.
10. **Loss of initiative:** very passive, sleeping more than usual or withdrawing from usual activities.

If you recognize several of these warning signs in yourself or a loved one, please see your primary doctor. You may also wish to contact a memory diagnostic clinic for a more thorough evaluation. There are also many conditions that can cause dementia-like symptoms that are reversible if a treatable cause is found. Early diagnosis of Alzheimer's disease or other disorders causing dementia is an important step in getting appropriate treatment, care and support services.

MEMORY DIAGNOSTIC CLINICS

Memory diagnostic clinics offer a comprehensive, team approach to assessment, diagnosis and treatment. The staff at the memory diagnostic clinics are trained to identify the reason you or your loved one are experiencing memory loss or confusion. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%. The results of the evaluation will be shared with your primary physician for continued follow-up.

For more information, contact:

Memory Care Clinic

Beaver Dam Community Hospital
707 S. University Avenue
Beaver Dam, WI 53916
920-887-4321 www.bdch.com

****UW-Health Hospital & Clinics Memory Assessment Clinic***

(For people 65 years of age and older)

2880 University Avenue, Room 100
Madison WI 53705
608-263-7740 www.uwhealth.org

Memory Disorders Clinic

(For anyone at any age and must have referral from primary care provider)

Neurology Clinic, UW Hospital
600 Highland Avenue
Madison WI 53705
608-263-5442

UW-Health Clinics Geriatric Assessment Clinic (East)

Physician: Michael Siebers, MD
5249 E. Terrace Dr., Madison, WI 53718
608-265-1210 or 1-800-323-8942

William S. Middleton Veterans Hospital

Geriatric Research Education Clinic Center
2500 Overlook Terrace Madison WI 53705
608-256-1901 ext. 17000 www.madison.va.gov

Dean Memory Assessment Center

1313 Fish Hatchery Rd., Madison, WI 53715
608-252-8040
www.deancare.com/medical-services/neurology/memory-assessment-center/

Mile Bluff Medical Center Memory Assessment Clinic

Dr. Eric Heaney, MD

1040 Division St. Mauston, WI 53948
608-847-9701 www.milebluff.com

Reedsburg Area Geriatric Assessment Clinic
Reedsburg Area Senior Life Center
2350 North Dewey Ave, Reedsburg, WI 53959
608-647-6161 ext. 4210 for appointments

GERIATRIC MENTAL HEALTH SERVICES

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can also help with challenging behavioral symptoms. Some signs that indicate mental health services may be needed include frequent or extreme mood swings, depression, suicidal tendencies, agitation, aggression, uncontrollable wandering or major changes in sleep.

Inpatient Geriatric Mental Health Services

Mendota Mental Health Institute
301 Troy Drive, Madison, WI 53704
608-301-1000 www.dhfs.wisconsin.gov/MH_Mendota/index.hmt

Stoughton Hospital-Geriatric Psychiatry
900 Ridge Street
Stoughton, WI 53589
608-873-2242 www.stoughtonhospital.com

Outpatient Geriatric Mental Health Services

Mobile Outreach to Seniors Team (MOST)
c/o Mental Health Center of Dane County
625 W. Washington Ave., Madison, WI 53703
608-280-2480 Crisis: 608-280-2600

INFORMATION, REFERRAL, & ASSISTANCE

There are agencies in every county who are available to help with general information and referral assistance to help you locate resources in your area.

For more information, contact:

Alzheimer's & Dementia Alliance www.alzwissc.org
Madison Office: 608-232-3400 or 888-308-6251 (toll-free)
Columbia/Sauk Regional Office: 608-742-9055

Columbia County Aging & Disability Resource Center
2652 Murphy Road, P.O. Box 136, Portage, WI 53901
608-742-9233 or 888-742-9233 www.co.columbia.wi.us/columbiacounty/hhs
Contact: Central Intake Worker

A Place for Mom

1-866-333-6252

www.aplaceformom.com/wisconsin-senior-care/madison

A Place for Mom is a free consultation resource for families searching for senior housing and care. Facility information is offered based on the client and family's clinical, financial and geographic needs and preferences. In order to provide this service at no cost, participating facilities and agencies pay a fee to *A Place for Mom, Inc.*

OUTREACH & CASE MANAGEMENT SERVICES

Case managers can help you by assessing what resources you and your family might need and helping you access these services and plan for the future. In some counties, there are case managers who work through county agencies, senior centers, or coalitions.

Columbia County Aging & Disability Resource Center
2652 Murphy Road, P.O. Box 136, Portage, WI 53901
608-742-9233 or 888-742-9233 www.co.columbia.wi.us/columbiacounty/hhs
Contact: Central Intake Worker

Care Management Services

There are also private case managers with whom families can contract to coordinate a variety of services for individuals and families, usually for a fee.

Kristin Scheeler, MSSW, CAPSW
3240 University Ave. Ste. 3A, Madison, WI 53705
608-441-8620

SUPPORT GROUPS

At support groups, family caregivers come together to learn new information, share experiences and ideas and support one another.

Caregiver Support Group

1st Monday of each month from 1:00 – 2:30 p.m.

St. Mary's Parish Center

309 Cook Street, Portage, WI 53901

Facilitator: Nancy Davis, 608/742-4039

Caregiver Support Group

*Columbia Health Care Center
323 W. Monroe St., Conference Room A
Wyocena, WI 53969
Call for current information: 608-429-2181, ext. 221*

Alzheimer's & Dementia Caregiver Support Group

2nd Thursday of each month from 10:00 – 11:30 a.m.
Columbus Community Hospital, Emerald Room
1515 Park Ave., Columbus, WI 53925
Facilitator: Alzheimer's & Dementia Alliance, 608-742-9055 or 1-888-308-6251

Parkinson's Support Group

3rd Thursdays from 2 – 4 p.m.
Bethlehem Lutheran Church
N82W67 Hwy 33 East, Portage, WI 53901
Contact: Elayne Hanson, 608-742-2410

LEGAL SERVICES

Legal and financial planning should begin soon after the diagnosis has been made. Planning involves putting together documents that authorize another person to make necessary health care and financial decisions and reviewing your financial resources. If planning is done early, the person with the disease can actively participate in making the necessary arrangements. It is often a good idea to consult with an attorney who specializes in elder law. A benefit specialist can also guide you in this process.

- **To obtain free copies of the basic power of attorney forms, contact:**

Elder Law Center, Coalition of Wisconsin Aging Groups

*2850 Dairy Drive, Suite 100, Madison WI 53718
608-224-0606 www.cwag.org*

Department of Health & Family Services, Division of Public Health

PO Box 309, Madison WI 53701-0309 www.dhfs.state.wi.us/forms/AdvDirectives

- **Elder Law Attorney**

An attorney who specializes in elder law can be helpful to families in many ways. They can help you develop a legal and financial plan, write Powers of Attorney for Health Care and Finances, and help with guardianship proceedings.

For information on where to find an attorney who specializes in elder law, contact the

Wisconsin State Bar Assoc. 608-257-4666 or 800-362-9082. www.wisbar.org

***Alzheimer's & Dementia Alliance 608-232-3400 or 1-888-308-6251
www.alzwisc.org***

- **Guardianship**

A guardianship is a special relationship between two people, one of whom, called the guardian, acts on behalf of the ward. This relationship may be ordered by a circuit court when it finds that a person is no longer competent to manage his/her affairs. A relative, public official or any other person may petition the court to have a guardianship established. For questions related to advance planning alternatives, guardianship or protective services/placement please call:

Wisconsin Guardianship Support Center Hotline at 800-488-2596
www.cwag.org/legal/guardian-support.

FINANCIAL ASSISTANCE

- **Benefit Specialist Program**

Elderly Benefit Specialists provide information, assistance and advocacy to residents age 60 and older, and Disability Benefit Specialists provide information, assistance and advocacy to adults with disabilities, ages 18-59. Services range from providing information about eligibility criteria and help in applying for a wide range of benefits, to appealing application denials, terminations or reductions in benefits. Benefit Specialists receive in-depth, ongoing training in areas of benefit and entitlement programs and other issues, including Medicare, Medical Assistance, Social Security, Supplemental Security Income, food stamps, housing, Family Care and more. An attorney provides supervision and support to Benefit Specialists and works closely with them to ensure high-quality advocacy and representation.

For more information, contact:

Columbia County Aging & Disability Resource Center

2652 Murphy Road, P.O. Box 136, Portage, WI 53901

--Elderly Benefit Specialist (ages 60+): **608/742-9210**

--Disability Benefit Specialist (ages 18-59): **608-742-9200**

Or toll-free: **1- 888-742-9233**

www.co.columbia.wi.us/columbiacounty/hhs

Benefit Specialist Program

Elder Law Center, Coalition of Wisconsin Aging Groups

2850 Dairy Drive Suite 100, Madison, WI 53718

608-224-0606

www.cwag.org

- **Family Care**

Family Care is the name for the redesigned long term care system currently being operated in a limited number of Wisconsin Counties. The system has two major organizational components: 1) Aging & Disability Resource Centers where older people and people with disabilities can get information and advice about the programs and services available in their communities; and 2) Care Management Organizations (CMO's), which manage and deliver the Family Care benefit. In Family Care, each member has support from an interdisciplinary team that consists of, at minimum, a social worker and an R.N. The interdisciplinary team conducts a comprehensive assessment of services and supports designed to achieve desired goals and outcomes; makes arrangements for the member to receive the services; and then monitors the services and supports on an ongoing basis. Applicants for Family Care must meet functional and financial eligibility criteria.

To apply for Family Care or for additional information, contact:

Columbia County Aging & Disability Resource Center

2652 Murphy Rd., PO Box 136, Portage, WI 53901

608-742-9233 or 888-742-9233 www.co.columbia.wi.us/columbiacounty/hhs

- **Alzheimer's Family & Caregiver Support Program (AFCSP)**

The Alzheimer's Family & Caregiver Support Program is designed to support families caring for a person with Alzheimer's disease or other dementia in their home. Up to \$2,000 per year can be used to pay for respite care (in-home care or adult day care) so family members can have a break from caregiving. A co-payment might be required, depending upon the income level of the person with dementia and his or her spouse.

Columbia County Aging & Disability Resource Center

2652 Murphy Rd., PO Box 136, Portage, WI 53901

608-742-9233 or 888-742-9233

www.co.columbia.wi.us/columbiacounty/hhs

- **National Family Caregiver Support Program (NFCSP)**

The National Family Caregiver Support Program was developed by the Administration on Aging through the Older Americans Act to respond to the needs of family caregivers. The program offers five basic services including information to caregivers about available services; assistance to caregivers in gaining access to these supportive services; individual counseling, organizing of support programs and training to assist the caregiver; respite care to enable caregivers to get temporary relief from caregiving responsibilities; and limited supplemental services to compliment the care provided by caregivers.

For more information about this program, contact:

Columbia County Aging & Disability Resource Center

2652 Murphy Road, P.O. Box 136, Portage, WI 53901
608-742-9233 or 888-742-9233 www.co.columbia.wi.us/columbiacounty/hhs

- **Medical Assistance (Medicaid)**

The Medical Assistance (MA) program is a cooperative federal and state program that provides medical care to individuals with low incomes and little assets. MA covers care in some institutional/long-term care settings such as nursing homes and covers some care in the community as well.

To apply for Medical Assistance or for more information, contact:

Columbia County Department of Health & Human Services

2652 Murphy Road, P.O. Box 136, Portage, WI 53901

608-742-9227 www.co.columbia.wi.us/columbiacounty/hhs

Contact: Economic Support Intake Worker

- **SeniorCare Prescription Drug Assistance Program**

SeniorCare is Wisconsin's Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older and who meet eligibility requirements. Eligibility requirements include: Must be a Wisconsin resident; Must be 65 years of age or older; Must pay an annual enrollment fee; Only income is measured. Assets, such as bank accounts, insurance policies, home property, etc., are not counted.

For more information, contact:

SeniorCare Customer Service Hotline

800-657-2038

www.dhfs.state.wi.us/seniorcare

800-657-2039

Columbia County Aging & Disability Resource Center

2652 Murphy Road, P.O. Box 136, Portage, WI 53901

608/742-9210 or 888-742-9233 www.co.columbia.wi.us/columbiacounty/hhs

EMERGENCY RESPONSE SERVICES

- **MedicAlert® + Alzheimer's Association Return®**

MedicAlert® + Alzheimer's Association Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer's disease or a related dementia who are at risk of becoming lost. If someone enrolled in the program is reported missing, essential information is faxed to local law enforcement agencies to initiate a search. If a concerned citizen finds the missing person, the person's ID jewelry (bracelet or necklace) provides a toll-free number to call for help.

MedicAlert® + Alzheimer's Association Safe Return® then notifies the missing person's contacts and makes sure the person is safely returned home. To obtain more information or an application, call 1-888-572-8566.

- **Project Lifesaver**

The Project Lifesaver Program uses a locator system to help find a person with special needs, such as a person with memory loss or dementia, who is at high risk of becoming lost. It includes a special watch-like plastic bracelet worn on the wrist or ankle that includes a transmitter and batteries. If the person becomes lost or missing, the Columbia County Sheriff's Department will activate a trained team to find the person using a portable tracking device. The signal range of the portable tracking device is ½ to 1 mile on the ground and up to 7 miles from the air. It is not deterred by buildings. Help is available to cover the \$300 start-up cost, if needed. More information and an application are available at the website listed below.

Project Lifesaver Program

Columbia County Sheriff's Department

711 E. Cook St., Portage, WI 53901

608-742-4166 www.co.columbia.wi.us/columbiacounty/sheriff

TRANSPORTATION

Transportation services differ among communities. Some areas offer bus or van services, have volunteer drivers or use 'shared ride' taxi services to provide transportation to older adults who do not drive. For more information, contact:

Columbia County Aging & Disability Resource Center

2652 Murphy Road, P.O. Box 136, Portage, WI 53901

608-742-9213 or 888-742-9233 www.co.columbia.wi.us/columbiacounty/hhs

NUTRITION SITES AND HOME-DELIVERED MEALS

Congregate nutrition sites and home-delivered meals are available in many communities on a donation basis. This is a great way to get help with one of your daily responsibilities and receive a hot, nutritious meal. Questions to ask may include the cost of the meals, how often they are offered, if transportation is available to congregated nutrition sites, and if special diets can be accommodated.

For information on a nutrition site close to you or on home-delivered meals, contact:

Columbia County Aging & Disability Resource Center

2652 Murphy Road, P.O. Box 136, Portage, WI 53901

608-742-9233 or 888-742-9233 www.co.columbia.wi.us/columbiacounty/hhs

Tivoli at Divine Savior Healthcare – Home-delivered meals (Portage only)

608-745-5900

HOME CARE SERVICES

Home care agencies provide a variety of services to help people in their homes. Some home care agencies specialize in particular services while others provide a wide range of services. Most agencies charge a fee; volunteer organizations accept donations.

Some county aging units also keep lists of private individuals who provide home-care services in their county. It is up to the family to screen any private individual they hire, and to ensure that state and federal tax law is being adhered to. Note that anyone who hires a private individual as a home care worker on a regular or frequent basis may become an employer under the law and be responsible for paying unemployment insurance and social security/Medicare taxes to the government on the worker's behalf.

Using home care services can help to extend the period of time a loved one can be successfully cared for at home by supplying needed supplemental help and preserving the health and energy of the family caregiver.

□ Types of Home Care Services

Chore services typically include light housekeeping, laundry, meal preparation and shopping.

Companion care (respite) typically includes oversight/companionship for the person with memory loss so that his or her primary caregivers can take time off from caregiving to keep appointments, attend events, catch up on chores, sleep, or simply enjoy a break. Companion care can be provided in a variety of settings, but is usually provided in the residence of the person receiving care. Companion care can often be combined with chore service and/or personal care assistance. Companions might also take people on outings, enabling them to attend events, volunteer, and visit favorite people and places.

Personal care services typically include assistance with dressing, bathing, grooming, meals and toileting, as needed.

Home health care is provided by nurses, certified nursing assistants or professional therapists and includes medication management, skilled nursing services, bathing, and occupational, physical, and speech therapies. Depending on the situation, the caregiver might be able to take a break from caregiving while home health care is being provided.

A live-in caregiver provides 24 hour/day assistance in the home. Services include personal care, home chores, companionship and oversight of the person in need of care. Some people hire someone they know to live in the home. Others look for live-in

caregivers through the local university or by placing an advertisement. Some companion care and home health agencies can provide 24 hour/day shift care.

Hospice care: Hospice services are available to individuals at the end of life. Services usually can be provided in the home or in a facility. Some agencies have free-standing hospice in-patient facilities. Hospice provides nursing care, respite, and grief support for families.

Home Care Service Agencies

	Chore Svs	Companion Care	Personal Care	Home Health	Live In Care	Hospice
ABC Connections 309 W. Cook St, Portage, WI 53901 608-742-4039 abconnect@jvl.net.com		X				
Aegin Place 5801 Town Hall Dr, Sun Prairie, WI 53590 608-837-3494 http://www.aeginplace.com/html/wisconsin.html					X	
Columbus Community Hospital – Respite 1515 Park Ave, Columbus, WI 53925 920-623-2200		X				
BrightStar 507 Linn Street, Unit B, Baraboo, WI 53913 608-355-5015, Fax: 608 355-5017 www.brightstarcare.com	X	X	X	X	X	
Columbia County Aging & Disability Resource Center 2652 Murphy Rd., PO Box 136 Portage, WI 53901 608-742-9233 or 888-742-9233 Contact: Information & Assistance Specialist	X					
Divine Savior Home Care 2817 New Pinery Rd, P.O. Box 387 Portage, WI 53901 608-745-6400 www.dshealthcare.com				X		X
Good People 1-800-608-8003 www.goodpeople.us					X	
Hillside Home Health Care & Hospice 709 S. University Ave., Beaver Dam 53916 920-887-4050 www.bdch.com	X			X		X
Home Care International 1-262-657-8467					X	

	Chore Svs	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Home Health United 2888 Village Rd., Portage, WI 53901 1-800-924-2273 www.homehealthunited.org	X	X	X	X		X
Home Instead Senior Care 808 Broadway, Baraboo, WI 53913 608-356-5014 www.homeinstead.com/363	X	X	(limited)		X	
Homeward Bound Home Health 1360 Jefferson Street, Baraboo, WI 53913 608-356-4666 www.hwbcare.com	X	X	X	X		
Maxim Healthcare Services 5752 Tokay Blvd., Madison, WI 53719 www.maximhealthcare.com 608-232-1000 or Toll Free 1-866-873-2345	X	X	X	X		
Northwoods Home Care Services N6510 USH 51 South, PO Box 357 Portage, WI 53901 608-742-1800	X					
Senior Helpers 4706 E Washington Ave www.seniorhelpers.com Madison, WI 53704 608-729-5365	X	X	X		X	
SouthernCare Hospice 402 Gammon Place, Ste 110 Madison, WI 53719 608-833-3295 or 866-419-2773 www.southerncareinc.com						X
Supportive Care Angel N4223 Stadler Rd, Columbus, WI 53925 (Serves Columbus Area) 920-623-0599		X				

ADULT DAY SERVICES

Adult day programs provide structured support for the older person and are another way for a caregiver to obtain respite from caregiving responsibilities. Some programs are dementia specific. Participants engage in a variety of pastimes, including exercise, music, social activities, and meals. Costs vary. Individuals who meet eligibility requirements may qualify for financial support or sliding fee scales. *For more information, contact:*

Colonial Club Senior Center
301 Blankenheim Lane, Sun Prairie, WI 53590
608-837-4611 www.colonialclub.org

Golden Care Adult Day Center
N8053 Hwy 33, Beaver Dam, WI 53916
920-885-4144

Trosten Haus
1223 Madison St., Beaver Dam, WI 53916
920-887-4282

Waunakee Manor
801 Klein Dr., Waunakee, WI 53597
608-849-5016 www.waunakeemanor.com

RESIDENTIAL CARE

There are a variety of facilities including residential care apartment complexes, adult family homes; community based residential facilities and skilled nursing facilities available to meet the different levels of care that may be needed by a person with dementia. When the time comes for a loved one to move to a care facility, it can be very difficult for both the person and the family. In addition, finding the right setting to meet the needs of the person with dementia can be both challenging and time consuming. The Alzheimer's & Dementia Alliance has a booklet available called *Residential Care: A Guide For Choosing a New Home* that provides several tips and examples of questions to ask as you search for a care facility. Please call 1-888-308-6251 for your free copy.

- **Residential Care Apartment Complex (RCAC)**

A residential care apartment complex is an apartment that includes a kitchen, living area, bedroom, private bathroom and an array of services including meals, housekeeping, laundry, arranging medical appointments and transportation. RCACs may provide up to 28 hours per week of personal care and/or nursing services. These facilities are most appropriate for a person with dementia who is in the very early stages, who can make their own decisions regarding care options, and who can live independently with minimal assistance, or for the person with dementia and his or her spouse together. These facilities are registered by the Wisconsin Department of Health & Family Services.

For more information, contact:

Heritage House LLC
2685 Airport Rd.
Portage, WI 53901
608-745-3312

Our House Senior Living - Portage

215 Northridge Dr.
Portage, WI 53901
608-745-0331

- **Adult Family Homes (AFH)**

Adult Family Homes also combine housing and care. Adult Family Homes provide assistance and/or supervision with activities of daily living to 4 or fewer individuals. No more than 7 hours per week of nursing care can be given in an AFH. These facilities are licensed by the Department of Health & Family Services.

Columbia County Aging & Disability Resource Center

2652 Murphy Rd., PO Box 136, Portage, WI 53901
608-742-9233 or 888-742-9233 www.co.columbia.wi.us/columbiacounty/hhs
Contact: Information & Assistance Specialist

- **Community Based Residential Facilities (CBRF)**

A Community Based Residential Facility is a place where 5 or more individuals live and receive care. These facilities offer private or semi-private bedrooms with shared living and dining areas. Services include 3 meals per day, snacks, activities, assistance and/or supervision with activities of daily living. No more than 3 hours per week of nursing care can be provided in a CBRF setting. CBRFs are generally smaller than skilled nursing facilities. CBRFs are also licensed by the Department of Health & Family Services.

AmericanWay Assisted Living

611 East Albert St., Portage, WI 53901
608-566-1500

Accept people with Alzheimer's disease? Yes Dementia-specific facility? Yes

Family Care funding accepted? Yes

Number of beds: 9 (bldg 1) 12 (bldg 2) Staff/Resident ratio: 1:5

Security: Locks? Yes Door alarms (general): Yes Door alarms (person-specific)?

No. Does the facility offer respite services? Yes

Caring Hearts Assisted Living

208 W. North St., Poynette, WI 53955

608-635-7447 or 608-712-1371

Accept people with Alzheimer's disease? Yes Dementia-specific facility? No

Family Care funding accepted? Yes

Number of beds: 11 Staff/Resident Ratio Day:2/7 Night: 1/7 (varies with need)

Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)?

No. Does the facility offer respite services? Yes

Golden Years Inc.

107 Gillette St., Pardeeville, WI 53954

608-429-1468

Accept people with Alzheimer's disease? Yes (early stage)

Dementia-specific facility? No Family Care funding accepted? Yes

Number of beds: 8 Staff/Resident Ratio Day: 2:8 Night: 1:8

Security: Locks? Yes Door alarms (general)? Yes Door alarms (person-specific)?

No. Does the facility offer respite services? Yes

Golden Years of Randolph

131 Ellis Ave., Randolph, WI 53956

920-326-4663

Accept people with Alzheimer's disease? Yes Dementia-specific facility? No

Family Care funding accepted? Yes Number of beds: 16 (8 per building)

Staff/ Resident ratio: 1:8

Security: Locks? No Door alarms (general):Yes Door alarms (person-specific)? No

Does the facility offer respite services? Yes

The Larson House I & II

550 River Rd., Columbus, WI 53925

920-623-5253

Accept people with Alzheimer's disease? Yes Dementia-specific facility? No

Family Care funding accepted? Yes

Number of beds: 38 Staff/Resident Ratio Day: 2:20 Night: 1: 20

Security: Locks ?Yes Door alarms (general)? Yes Door alarms (person-specific)?

No. Does the facility offer respite services? Yes 30 day minimum

Northview Gardens I & II

601 Latton Lane, Portage, WI 53901

608-742-0366 or 742-5051

Accept people with Alzheimer's disease? Yes (all stages)

Dementia-specific facility? No Family Care funding accepted? Yes

Number of beds: 29 Staff/Resident Ratio Day: 1:7 Night: 1:14

Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)?

No. Does the facility offer respite services? Yes

Our House Senior Living (Lodi)

121 2nd St, Lodi, WI 53555

608-592-7433 www.ourhouseseniorliving.com

Accept people with Alzheimer's disease? No Dementia-specific facility? No

Family Care funding accepted? No

Number of beds: 16 Staff/Resident Ratio Day: 1:4 Night: 1:16

Security: Locks? No Door alarms (general)? No Door alarms (person-specific)?

No. Does the facility offer respite services? Yes

Our House Senior Living (Portage)

2876 Village Road, Portage, WI 53901

608-745-0330

Accept people with Alzheimer's disease? Yes (early stages)

Dementia-specific facility? No Family Care funding accepted? Yes

Number of beds: 18 Staff/Resident Ratio Day: varies with resident care needs

Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)?

No. Does the facility offer respite services? Yes

Our House Senior Living (Wisconsin Dells) 2 buildings

1950 State Rd 23, Wisconsin Dells, WI 53965

608-253-7901 www.ourhouseseniorliving.com

Accept people with Alzheimer's disease? Yes (Has 20-bed memory care facility)

Dementia-specific facility? One building is, one building isn't

Number of beds: 20 in each building. Staff/Resident Ratio Day:1:10 Night: 1:10

Security: Locks? No Door alarms (general)? Yes in memory care facility

Door alarms (person-specific)? Yes--in memory care building

Does the facility offer respite services? Yes

The Remington House

113 Industrial Drive, Pardeeville, WI 53954

608-429-4443

Accept people with Alzheimer's disease? Yes (early to mid stages)

Dementia-specific facility? No Family Care funding accepted? Yes

Number of beds: 20 Staff/Resident Ratio Day: 1:10 Night: 1:10

Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)?

Yes. Does the facility offer respite services? Yes

Tivoli at Divine Savior Healthcare – Assisted Living

2805 Hunters Trail, Portage, WI 53901

608-745-5900 www.dshealthcare.com

Accept people with Alzheimer's disease? Yes

Mother Mary unit is a 20-bed unit for cognitively impaired

Father Jordan unit is a 20-bed unit for frail elderly

Security: Locks? Yes-Mother Mary unit Door alarms (general)?

Yes-Mother Mary unit Door alarms (person-specific)? No.

Does the facility offer respite services? Yes

- **Nursing Homes**

Nursing homes offer skilled nursing care and other services including: 3 meals per day, snacks, activities, assistance with activities of daily living, and dietician and social work services. Nursing homes are larger than either Community Based Residential Facilities or Adult Family Homes. They are most appropriate for frail individuals who have medical or

nursing care needs. Some nursing homes have special care units designed to address the needs of people with dementia. Individuals who meet federal income requirements and need skilled nursing care may qualify for financial assistance.

Columbia Health Care Center

323 W. Monroe St, Wycocena, WI 53969

608-429-2181 www.co.columbia.wi.us/columbiacounty/carecenter

Accept people with Alzheimer's disease? Yes Dementia-specific unit? Yes-3

Medicare and Medicaid accepted? Yes

Number of total beds: 124 Number of beds in dementia units: 47

Staff/Resident Ratio Day: 1:5 Night: 1:10

Security: Locks? No Door alarms (general)? Yes

Door alarms (person-specific)? Yes

Does the facility offer respite services? Yes

Columbus Nursing & Rehab Center

825 Western Ave, Columbus, WI 53925

920-623-2520 www.columbusnrc.com

Accept people with Alzheimer's disease? Yes Dementia-specific unit? No

Medicare and Medicaid accepted? Yes

Number of total beds: 97

Staff/Resident Ratio Day: 14:90 (2:20 in dementia-specific unit) Night: 6:90

Security: Locks? No Door alarms (general)? No

Door alarms (person-specific)? Yes.

Does the facility offer respite services? Yes

Lodi Good Samaritan Center

700 Clark St., Lodi, WI 53555

608-592-3241 www.good-sam.com

Accept people with Alzheimer's disease? Yes Dementia-specific unit? Yes

Medicare and Medicaid accepted? Yes

Number of total beds: 91 Number of beds in dementia unit: 14

Staff/Resident Ratio Day: 1:7 Night: 1:14

Security: Locks? No Door alarms (general)? Yes

Door alarms (person-specific)? Yes

Does the facility offer respite services? Yes

Golden Living Center

300 Race St., Wisconsin Dells, WI 53965

608-254-2574

Accept people with Alzheimer's disease? Yes Dementia specific unit? Yes; 2

Medicare and Medicaid accepted? Yes

Number of total beds: 88 Number of beds in Dementia Units: 21 & 15

Staff/Resident Ratio Day: 1:7 Night: 1:16

*Security: Locks? No Door alarms (general)? Yes
Door alarms (person-specific)? Yes
Does the facility offer respite services? Yes*

Tivoli at Divine Savior Healthcare

2805 Hunters Trail, Portage, WI 53901

608-745-5900 www.dshealthcare.com

Accept people with Alzheimer's disease? Yes Dementia-specific unit? no

Medicare and Medicaid accepted? Yes

Number of total beds: 80

Staff/Resident Ratio Day: 1:8 Night: 1:10

Security: Locks? No Door alarms (general)? No

Door alarms (person-specific)? No

Does the facility offer respite services? Yes

LONG TERM CARE OMBUDSMAN

An ombudsman protects and promotes the rights of long-term care consumers and Community Options Program participants by working with them and their families to achieve quality care and quality of life. The program is provided through the state of Wisconsin at no charge. They can investigate complaints and help families resolve problems.

For more information, contact:

*Wisconsin Board on Aging & Long Term Care 1402 Pankratz St. Suite 111,
Madison, WI 53704 <http://longtermcare.wi.gov/> 1-800-815-0015*