Dane County
Community Resource Guide

The attached list provides information about community resources in Dane County that may be helpful to individuals and families who are coping with progressive memory loss, Alzheimer’s disease or other dementias. Although the Alzheimer’s & Dementia Alliance of Wisconsin does not endorse or promote one agency over another, we are available to help families identify those services which might best meet the individual’s needs and circumstances.

If you have questions or need more information about resources available in our eleven county service area, please call our Helpline at 888-308-6251.

Due to the changing nature of this industry, this list may not be comprehensive. This resource guide will be updated periodically on our website:  www.alzwisc.org

Revised September 2017
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ALZHEIMER’S & DEMENTIA ALLIANCE OF WISCONSIN
The Alzheimer’s & Dementia Alliance of Wisconsin (ADAW) provides support and education in south central and southwestern Wisconsin for individuals living with Alzheimer’s or other dementias, their families and professional service providers. ADAW helps guide those coping with day-to-day challenges or making plans for the future and also advocates on the state level about matters that affect dementia-related research and legislation. As an independent, nonprofit organization, 100% of the donations we receive remain in Wisconsin and are tax-deductible. Contact us for help and support. We are your partner along the journey.

Main Office
517 North Segoe Rd Ste 301
Madison, WI 53705
608-232-3400
608-308-6251 toll-free
support@alzwisc.org
www.alzwisc.org

Grant/Richland Regional Office
8820 Hwy 35/61 S
Lancaster, WI 53813
608-723-4288
608-723-6122 fax
888-308-6251 toll-free

Columbia/Sauk Regional Office
2825 Hunters Trail
Portage, WI 53901
608-742-9055
608-745-3940 fax
888-308-6251 toll-free

Our services include:
- Helpline: 608-232-3400 or 888-308-6251
- Care consultations & family meetings
- Caregiver support groups
- Early stage programs
- Family & professional training workshops
- Print newsletter & email updates
- Resource library
- Public policy advocacy
- Educational materials & resource information

MEMORY DIAGNOSTIC CLINICS
Memory diagnostic clinics offer a comprehensive, team approach to assessment, diagnosis and treatment. The staff at the memory diagnostic clinics is trained to identify the reason you or your loved one are experiencing memory loss or confusion. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%. The results of the evaluation will be shared with your primary physician for continued follow-up. For more information, contact:

Dane County

William S. Middleton Veterans Hospital- Geriatric Research Education Clinic Center
2500 Overlook Terrace, Madison, WI 53705
608-256-1901 ext. 17000   www.madison.va.gov

UW-Health Clinics Geriatric Assessment Clinic (East)
5249 E. Terrace Dr., Madison, WI 53718
608-265-1210 or 800-323-8942   www.uwhealth.org/neurology
**UW-Health Hospital & Clinics Memory Assessment Clinic** (for people 65 years of age and older)  
2880 University Ave., Room 100, Madison, WI  53705  
608-263-7740  
[www.uwhealth.org](http://www.uwhealth.org)

**UW Health Neurology Memory Clinic** (for anyone at any age; must have referral from primary doctor)  
Neurology Clinic, UW Hospital  
600 Highland Ave., Madison WI  53705  
608-263-5442

**Dodge County**

**Memory Care Clinic- Beaver Dam Community Hospital**  
707 S. University Ave., Beaver Dam WI 53916  
920-887-4321  
[www.bdch.com](http://www.bdch.com)

**Grant County**

**Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic**  
1450 Eastside Rd., Platteville, WI 53818  
608-348-3656  
[www.southwesthealth.org/find](http://www.southwesthealth.org/find)

**Green County**

**Monroe Clinic Memory Center**  
515 22nd Ave., Monroe, WI  53566  
608-324-2148 or 800-338-0568

**Jefferson County**

**Fort HealthCare Memory Center**  
611 Sherman Ave. E, Fort Atkinson, WI  53538  
920-568-5334

**Richland County**

**Richland Area Geriatric Assessment Clinic**  
1313 W. Seminary St., Richland Center, WI  53581  
608-647-6161 ext. 4210

**Rock County**

**Stateline Area Memory Clinic- Beloit Clinic**  
1905 Huebbe Parkway, Beloit, WI  53511  
608-364-1288
Reedsburg Area Geriatric Assessment Clinic - Reedsburg Area Senior Life Center
2350 N. Dewey Ave., Reedsburg, WI 53959
608-647-6161 ext. 4210

UW-Health Clinics Geriatric Assessment Clinic - Sauk Prairie Hospital
250 26th St., Suite 120, Prairie Du Sac, WI 53578
608-643-6060

PHYSICIANS WHO MAKE HOUSE CALLS (If it is difficult for you to get to the doctor’s office)
Visiting Physicians Association
608-807-1600

GERIATRIC MENTAL HEALTH SERVICES
Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can also help with challenging behavioral symptoms. Some signs that indicate mental health services may be needed include frequent or extreme mood swings, depression, suicidal tendencies, agitation, aggression, uncontrollable wandering or major changes in sleep.

Inpatient Geriatric Mental Health Services:

Mendota Mental Health Institute
301 Troy Dr., Madison, WI 53704
608-301-1000  www.dhs.wisconsin.gov/mendota

Southwest Behavioral Services - Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656   www.southwesthealth.org/find

Stoughton Hospital - Geriatric Psychiatry
900 Ridge St., Stoughton, WI 53589
608-873-2242  www.stoughtonhospital.com

Outpatient Geriatric Mental Health Services:

Mobile Outreach to Seniors Team (MOST) - c/o Journey Mental Health
625 W. Washington Ave., Madison, WI 53703
608-280-2560  Crisis: 608-280-2600  www.journeymhc.org

Southwest Behavioral Services - Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656   www.southwesthealth.org/find
INFORMATION, REFERRAL & ASSISTANCE

There are agencies in every county who are available to provide general information and referral assistance to help you locate resources in your area.

Alzheimer’s & Dementia Alliance of Wisconsin (See pg. 3 for information on programs and services.)
517 N. Sego Rd., Suite 301, Madison, WI 53705
608-232-3400 or 1-888-308-6251   www.alzwisc.org

Aging & Disability Resource Center of Dane County
608-240-7400 or 1-855-417-6892   www.daneadrc.org

Area Agency on Aging of Dane County
608-261-9930   www.aaa.dcdhs.com

Dane County Department of Human Services
608-242-6242   www.danecountyhumanservices.org

Elder Abuse & Neglect Helpline
608-261-9933
Use this Helpline to report suspected abuse or neglect of an elder living in the community. This may include physical, emotional or financial abuse as well as self-neglect.

Senior Centers/Senior Coalitions
(See “Outreach & Case Management” list)
Senior Centers and Coalitions offer a wide variety of programs and services for older adults including information, assistance and referral as well as social activities, classes, meals and loan closets.

Senior Hotline to Help (Dane County)
608-266-9007
The Hotline is an information and referral service from the Dane County Department of Human Services Area Agency on Aging and Long Term Support Units. They can provide information on services and programs available to seniors.

Supporting Active Independent Lives (SAIL)
608-230-4321   www.SailToday.org
SAIL is a nonprofit membership organization of 55+ in Madison. SAIL membership includes referrals to prescreened service providers, daily automated check-in service, house checks, wellness services, social events and clubs, member-helping-member volunteer opportunities, discounts to MSCR, SAIL S.O.S. and more.

United Way 2-1-1
2-1-1 (Dane County)   www.unitedwaydaneccounty.org
608-246-4350 (outside Dane County and cellular phones)
United Way 2-1-1 is a community resource line, providing 24-hour, 365-day a year, free and confidential comprehensive telephone information and referral services for people in Dane County, Wisconsin, who are in need of help or who want to give help.

VA Caregiver Support, Margaret Flood, VA Hospital Madison
888-478-8321 ext. 11485
If you are a family member or friend providing care for a Veteran who is living with the effects of war, disabled, chronically ill or aging, VA Caregiver Support is there to support you with resources, tools, answers and a listening ear.

OUTREACH & CASE MANAGEMENT SERVICES
Case managers can help you by assessing what resources you and your family might need and by helping you access these services and plan for the future.

Aging & Disability Resource Center of Dane County
2865 N. Sherman Ave., Northside Town Center, Madison WI 53704
608-240-7400 or 855-417-6892  www.daneadrc.org

Dane County Senior Center/ Outreach Offices:

<table>
<thead>
<tr>
<th>Center</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Belleville Senior Center</td>
<td>424-6007</td>
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<tr>
<td>Colonial Club (Sun Prairie)</td>
<td>837-4611</td>
</tr>
<tr>
<td>DeForest Senior Center</td>
<td>846-9469</td>
</tr>
<tr>
<td>East Madison/Monona Coalition</td>
<td>223-3100</td>
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<tr>
<td>Fitchburg Senior Center</td>
<td>270-4290</td>
</tr>
<tr>
<td>McFarland Outreach</td>
<td>838-7117</td>
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<tr>
<td>Middleton Senior Center</td>
<td>831-2373</td>
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<tr>
<td>North/Eastside Senior Coalition</td>
<td>243-5252</td>
</tr>
<tr>
<td>Northwest Dane Senior Outreach</td>
<td>798-6937</td>
</tr>
<tr>
<td>Oregon Area Senior Center</td>
<td>835-5801</td>
</tr>
<tr>
<td>South Madison Coalition</td>
<td>251-8405</td>
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<tr>
<td>SW Dane Senior Outreach</td>
<td>437-6902</td>
</tr>
<tr>
<td>Stoughton Senior Center</td>
<td>873-8585</td>
</tr>
<tr>
<td>Verona Senior Center</td>
<td>845-7471</td>
</tr>
<tr>
<td>Waunakee Senior Center</td>
<td>849-8385</td>
</tr>
<tr>
<td>West Madison Senior Coalition</td>
<td>238-7368</td>
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</tbody>
</table>

Care Management Services
There are also private case managers with whom families can contract to coordinate a variety of services for individuals and families, usually for a fee.

Aging Manager - Shannon Wall, MSSW
Center Ave., Madison, WI 53704
608-335-2959  www.agingmanager.com
Atempo LLC
Nancy Nie, RN, CCM, CLNC, CNLCP
3917 Partridge Rd., DeForest, WI 53532
608-335-8218    nancynie@chorus.net

BrightStar Healthcare
3240 University Ave., Suite 3A, Madison, WI 53705
608-441-8620

Comfort Keepers
5396 King James Way, Suite 210
Madison, WI 53719
608-442-1898    www.comfortkeepers.com

Community Living Alliance, CLA Care Solutions™
1414 MacArthur Rd., P.O. Box 8028, Madison, WI 53708-8028
608-242-8335    www.clanet.org

Jewish Social Services of Madison
6434 Enterprise Ln., Madison, WI 53719
608-278-1808    www.jssmadison.org

Marianne Ewig, MSW, ACSW
711 Orchard St., Suite 201, Madison, WI 53715
608-204-7323 or 414-588-3132

Nurse Advisor
Connie Hundt Golden, RN, MSN
P.O. Box 5544, Madison, WI 53705
608-712-0392

Senior Helpers
4726 East Towne Blvd., Suite 120, Madison WI 53704
608-729-5365    www.seniorhelpersmadison.com

South Madison Coalition of the Elderly
128 E. Olin Ave, Suite 110
Madison, WI 53713
608-251-8405    www.smcelder.com

Supportive Elder Services, LLC
313 Price Place Suite 110, Madison WI 53705
608-231-6734
SUPPORT GROUPS
Support groups provide family caregivers a chance to come together to learn new information; support one another and share caregiving tips, experiences and ideas. Most meet monthly. Many are specifically for those caring for loved ones with memory loss or dementia.

Contact the Alzheimer’s & Dementia Alliance of Wisconsin at 608-232-3400 or 888-308-6251 or visit our website www.alzwisc.org for a list of support groups in your area.

MEMORY CAFES
Memory Cafés are social gathering places where individuals with memory challenges, mild cognitive impairment, early-stage Alzheimer’s disease or other types of early-stage dementia can come together to visit, enjoy refreshments and participate in a program or activity together in a relaxed environment. Programs and activities are chosen based on participant suggestions and are designed to be interactive and fun. Sessions usually occur monthly. There is no charge, but donations are appreciated. Family members and friends are encouraged to participate as well.

For a complete listing of local Memory Cafes, contact the Alzheimer’s & Dementia Alliance of Wisconsin at 888-308-6251 or visit www.alzwisc.org.

LEGAL SERVICES
Legal and financial planning should begin as soon as possible. Planning includes reviewing financial and long term care resources and options and completing legal documents that will authorize another person to make health care and financial decisions on the affected person’s behalf when it becomes necessary. If planning is done early, the person with the dementia can actively participate in making the necessary arrangements. It is often a good idea to consult with an attorney who specializes in elder law. A benefit specialist can also guide you in this process. To obtain free copies of the basic power of attorney forms, contact:

Department of Health & Family Services, Division of Public Health
PO Box 309, Madison WI 53701
www.dhs.wisconsin.gov/forms/advdirectives/adformspoa.htm

Elder Law Attorney
An attorney who specializes in elder law can help you develop a legal and financial plan, write Powers of Attorney for Health Care and Finances and help with guardianship proceedings. For information on where to find an attorney who specializes in elder law, contact:

Wisconsin State Bar Association
608-257-4666 or 800-362-9082 www.wisbar.org

Alzheimer’s & Dementia Alliance of Wisconsin
608-232-3400 or 888-308-6251 www.alzwisc.org
Guardianship
A guardianship is a special relationship between two people, one of whom, called the guardian, acts on behalf of the ward. This relationship may be ordered by a circuit court when it finds that a person is no longer competent to manage his or her affairs. A relative, public official or any other person may petition the court to have a guardianship established. For questions related to advance planning alternatives, guardianship or protective services/placement, call:

Wisconsin Guardianship Support Center Hotline
855-409-9410 or guardian@gwaar.org www.gwaar.org

FINANCIAL ASSISTANCE

Disability Benefit Specialist Program
The Disability Benefit Specialist Program is located in the Aging and Disability Resource Center (ADRC). The Disability Benefit Specialists help answer questions and solve problems related to Social Security, Medicare, Health insurance and other public and private benefits for people with disabilities. They serve people ages 18-59 with a physical or developmental disability, a mental illness or a substance abuse disorder. Contact:

Aging & Disability Resource Center of Dane County
2865 N. Sherman Ave., Northside Town Center, Madison WI 53704
608-240-7400 or 855-417-6892 www.daneadrc.org

Elder Benefit Specialist Program
The Elder Benefit Specialist Program provides legal advice/representation and advocacy for senior adults (age 60 and over) residing in Dane County that are faced with benefit, housing and other disputes or denials, complications, changes in benefits, claims not paid and other similar issue groups that have an economic or socially isolating effect on the older adult. Elder Benefit Specialists, along with their program attorney and Area Agency on Aging of Dane County management, prioritize case work based on client need. Contact:

Aging & Disability Resource Center of Dane County
2865 N. Sherman Ave., Northside Town Center, Madison WI 53704
608-240-7400 or 855-417-6892 www.daneadrc.org

Financial Management Assistance
A professional financial consultant can assist older adults with: check writing/bill paying, checkbook reconciliation, budget analysis and creation, Medicare/medical paperwork. Fees are charged on a per hour basis. Financial subsidies may be available. Contact:

Independent Living, Inc.
**Alzheimer’s Family & Caregiver Support Program (AFCSP)**

The Alzheimer’s Family Caregiver Support Program is authorized by Wisconsin Department of Health Services (DHS) and designed to support families caring for a person with Alzheimer’s disease or other dementia in their home. The program offers funds to purchase services such as in-home respite, home delivered meals, adult day care, personal care good, safety improvements and transportation. Some eligibility requirements apply. For more information contact:

**Alzheimer’s & Dementia Alliance of Wisconsin**
517 N. Segoe Rd., Ste. 301, Madison, WI 53705
608-232-3400 or 888-308-6251   www.alzwisc.org

**Community Options Program (COP)**

The Community Options Program is a coordinated system of services aimed at assisting people who are elderly or disabled to remain in their own homes. Persons who appear to be at risk of entering a nursing home are eligible to receive a COP assessment and a service plan at no cost. Cost for COP services is determined on a case-by-case basis depending on the income, assets and expenditures of the individual needing services. Some people will pay for all or part of the services received; others may have all of their services paid for by COP. The cost will be determined before services are provided, so that the individual can decide whether to accept services or not. Some people may have to have their names put on a waiting list due to limited funding. To apply for COP or for additional information, contact:

**Aging & Disability Resource Center of Dane County**
2865 N. Sherman Ave., Northside Town Center, Madison WI 53704
608-240-7400 or 855-417-6892   www.daneadrc.org

**Care Wisconsin Partnership Program**

The Care Wisconsin Partnership Program provides coordinated health care and long term support services to Medicaid eligible older adults who have chronic conditions requiring a nursing home level of care. Care Wisconsin Partnership is part of the Wisconsin Partnership Program. The program provides the health and supportive care necessary to remain at home and active in the community. To apply for Care Wisconsin Partnership or for additional information, contact:

**Care Wisconsin**
P.O. Box 14017, Madison, WI 53708-0017
608-240-0020   www.carewisc.org

**National Family & Caregiver Support Program (NFCSP)**

The National Family Caregiver Support Program was developed by the Administration on Aging through the Older Americans Act to respond to the needs of family caregivers. The program offers five basic services including information to caregivers about available services; assistance to caregivers in
gaining access to these supportive services; individual counseling, organizing of support programs and training to assist the caregiver; respite care to enable caregivers to get temporary relief from caregiving responsibilities; and limited supplemental services to compliment the care provided by caregivers. For more information contact:

Area Agency on Aging of Dane County
2865 N. Sherman Ave., Madison, WI 53704
608-261-9930   www.co.dane.wi.us/aging

Medical Assistance (Medicaid)
The Medical Assistance (MA) program is a cooperative federal and state program that pays for medical care for individuals with low incomes and little assets. MA covers some institutional care, home-care and prescription costs, as well as most other costs for essential medical services. To apply for Medical Assistance or for more information, contact:

Capital Consortium
888-794-5556

SeniorCare Prescription Drug Assistance Program
SeniorCare is Wisconsin’s Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older and who meet eligibility requirements. Some eligibility requirements apply. For more information contact:

SeniorCare Customer Service Hotline
800-657-2038   www.dhs.wisconsin.gov/seniorcare

EMERGENCY RESPONSE SERVICES

Care Trak
Care Trak is an organization serving Sherriff, Police, Fire, and EMS agencies nationwide. Participants are fitted with a personalized Care Trak wristband. This unique battery-operated transmitter emits an automatic tracking signal every second, 24 hours a day. Using specialized equipment, this signal can be tracked by trained personnel. Caregivers need to test the transmitter daily and change the battery every 60 days.

Care Trak of Dane County emphasizes relationships between law enforcement and the people who may wander before the need may arise for rescue. For more information, contact a Community Depute in your area:

Northeast Precinct: 608-266-3456
Southeast Precinct: 608-266-9122
West Precinct: 608-833-9560
**MedicAlert® + Safe Return®**

MedicAlert® + Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer’s disease or other dementias who are at risk of becoming lost. If someone enrolled in the program is reported missing, essential information is faxed to local law enforcement agencies to initiate a search. If a concerned citizen finds the missing person, the person’s ID jewelry (bracelet or necklace) provides a toll-free number to call for help. MedicAlert® + Safe Return® then notifies the missing person’s contacts and makes sure the person is safely returned home. To obtain more information or an application, call 888-572-8566.

**TRANSPORTATION**

The Alzheimer’s & Dementia Alliance of Wisconsin has a list of transportation options available and your local senior center or outreach office (see page 8) can provide further assistance in accessing these services.

*Aging & Disability Resource Center of Dane County*
2865 N. Sherman Ave., Northside Town Center, Madison WI 53704
608-240-7400 or 855-417-6892  [www.daneadrc.org](http://www.daneadrc.org)

*Area Agency on Aging of Dane County (for those 60 and over)*
2865 N. Sherman Ave., Madison, WI 53704
608-261-9930  [www.co.dane.wi.us/aging](http://www.co.dane.wi.us/aging)

*Community Living Alliance, CLA Care Solutions™*
1414 MacArthur Rd., P.O. Box 8028, Madison WI 53708
608-242-8335  [www.clanet.org](http://www.clanet.org)

**NUTRITION SITES AND HOME-DELIVERED MEALS**

Congregate nutrition sites and home-delivered meals are available in many communities on a donation basis. This is a great way to get help with one of your daily responsibilities and receive a hot, nutritious meal. Questions to ask may include the cost of the meals, how often they are offered, if transportation is available to congregate nutrition sites and if special diets can be accommodated. For information on a nutrition site close to you or on home-delivered meals, contact:

*Your local Senior Center or Outreach Office (see page 8)*

*Home Health United/Meals on Wheels*
608-257-6710 or 608-276-7598  [www.homehealthunited.org](http://www.homehealthunited.org)

*Independent Living, Inc.*
608-274-7900  [www.independentlivinginc.org](http://www.independentlivinginc.org)

**HOME CARE SERVICES**
Home care agencies provide a variety of services to help people in their homes. Some home care agencies specialize in particular services while others provide a wide range of services. Most agencies charge a fee; volunteer organizations accept donations.

Some county aging units also keep lists of private individuals who provide home-care services in their county. It is up to the family to screen any private individual they hire, and to ensure that state and federal tax law is being adhered to. Anyone who hires a private individual as a home care worker on a regular or frequent basis may become an employer under the law and be responsible for paying unemployment insurance and social security/Medicare taxes to the government on the worker’s behalf.

Using home care services can help to extend the period of time a loved one can be successfully cared for at home by supplying needed supplemental help and preserving the health and energy of the family caregiver.

**Types of Home Care Services:**

- **Chore services** typically include light housekeeping, laundry, meal preparation and shopping.

- **Companion care (respite)** typically includes oversight/companionship for the person with memory loss so that his or her primary caregivers can take time off from caregiving to keep appointments, attend events, catch up on chores, sleep or simply enjoy a break. Companion care can be provided in a variety of settings, but is usually provided in the residence of the person receiving care. Companion care can often be combined with chore service and/or personal care assistance. Companions might also take people on outings, enabling them to attend events, volunteer and visit favorite people and places.

- **Personal care services** typically include assistance with dressing, bathing, grooming, meals and toileting, as needed.

- **Home health care** is provided by nurses, certified nursing assistants or professional therapists and includes medication management, skilled nursing services, bathing and occupational, physical and speech therapies. Depending on the situation, the caregiver might be able to take a break from caregiving while home health care is being provided.

- **A live-in caregiver** provides 24 hour/day assistance in the home. Services include personal care, home chores, companionship and oversight of the person in need of care. Some people hire someone they know to live in the home. Others look for live-in caregivers through the local university or by placing an advertisement. Some companion care and home health agencies can provide 24 hour/day shift care.

- **Hospice care services** are available to individuals at the end of life. Services usually can be provided in the home or in a facility. Some agencies have free-standing hospice in-patient facilities. Hospice provides nursing care, respite and grief support for families.
## HOME CARE SERVICE AGENCIES

<table>
<thead>
<tr>
<th>Agency</th>
<th>Chore Services</th>
<th>Companion Care</th>
<th>Personal Care</th>
<th>Home Health</th>
<th>Live In Care</th>
<th>Hospice</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ACTi-KARE</strong></td>
<td>X</td>
<td>X</td>
<td>X</td>
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<td>X</td>
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<tr>
<td>608-208-1263</td>
<td><a href="http://www.dane.actikare.com">www.dane.actikare.com</a></td>
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<tr>
<td><strong>Agrage HospiceCare, Inc.</strong></td>
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<tr>
<td>5395 E. Cheryl Pkwy</td>
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<tr>
<td>Madison, WI 53711</td>
<td>608-276-4660</td>
<td><a href="http://www.agrace.org">www.agrace.org</a></td>
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<tr>
<td><strong>Always Best Care</strong></td>
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<td>608-833-3295 <a href="http://www.southerncareinc.com">www.southerncareinc.com</a></td>
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<td><strong>Visiting Angels</strong></td>
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<td><strong>We Care at Home</strong></td>
<td>101 Nob Hill, Madison, WI 53713</td>
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**ADULT DAY SERVICES**

Adult day programs provide structured support for the person with dementia and are another way for a caregiver to obtain respite from caregiving responsibilities. Some programs are dementia specific. Participants engage in a variety of pastimes, including exercise, music, social activities and meals. Costs vary. Individuals who meet eligibility requirements may qualify for financial support or sliding fee scales. For more information, contact:

- **Benevolence Adult Day Care**
  
  914 Laurie Dr., Madison
  
  608-442-0253  [www.benevolenceADC.com](http://www.benevolenceADC.com)

- **Catholic Charities Adult Day Center and Memory Care**
  
  5401 Fen Oak Dr., Madison, WI 53718
  
  608-663-7117  [www.AdultDayCenterMadison.org](http://www.AdultDayCenterMadison.org)

- **Colonial Club Senior Activity Center**
  
  301 Blankenheim Ln., Sun Prairie, WI 53590
  
  608-837-4611  [www.colonialclub.org](http://www.colonialclub.org)
East Madison/Monona Coalition of Aging
4142 Monona Dr., Madison, WI 53716
608-223-3112     www.emmca.org

Northwest Dane Senior Services, Inc.
Adult Day Program
1837 Bourbon Rd., Cross Plains, WI 53528
608-798-6937     www.nwdss.org

Oregon Area Adult Daycare
219 Park St., Oregon, WI 53575
608-835-5801

St. Mary’s Adult Day Health Center
2440 Atwood Ave., Madison, WI 53704
608-249-4450     www.stmarysmadison.com

RELOCATION SERVICES
Relocation services are offered by agencies to assist you with the moving process.

Rounds TLC
3036 Woods Edge Way, Fitchburg, WI 53711
608-576-1794

Segues - Madison
3979 Villa Oak Dr., Sun Prairie, WI 53590
608-345-1942     www.segues.net

Spectrum Home Services
4610 Conestoga Trail, Cottage Grove, WI 53527
608-242-9100     www.spectrumhomeservices.com

SENIOR LIVING ADVISORS

A Place for Mom
608-477-4656     www.aplaceformom.com
A Place for Mom provides options, information and educational resources to help make informed decisions regarding independent living, home care, residential care homes, assisted living, specialized memory care and skilled nursing. These services are paid by participating communities and providers, therefore this service is offered at no cost to families.

Always Best Care (ABC)
608-315-2378     www.alwaysbestcaremadison.com
Always Best Care provides free individualized assistance with placement to the right assisted living or independent community by determining which community best fits family needs based on their budget and care level. Free ongoing consultative services to ensure families are happy with their choice and individuals are treated with dignity and respect.

An Extra Daughter
608-444-5457
An Extra Daughter can help seniors find the community that best fits their needs, such as independent living apartments, assisted living, memory care or skilled nursing homes.

FACILITY RESPITE
Respite at residential care facilities may be arranged during the day, for an overnight visit or multiple day stays. This type of respite is helpful for caregivers who need a longer break to take a vacation or attend to other responsibilities. Please contact individual facilities for more details on available respite services at residential facilities. See our facility listing guide for respite services offered.

RESIDENTIAL CARE
There are a variety of facilities including residential care apartment complexes, adult family homes, community based residential facilities and skilled nursing facilities available to meet the different levels of care that may be needed by a person with dementia.

Choosing a New Home
When the time comes for a person with Alzheimer’s disease or other dementias to move into a residential care setting (e.g., nursing home, community based residential facility, assisted living, etc.), it can be very difficult for both the person and family. In addition, finding the right residential care setting to meet the needs of the person with dementia can be challenging and time consuming. Listed below are a few tips as you begin the search for a new home. The Alzheimer’s & Dementia Alliance of Wisconsin is always available to answer questions and help in problem-solving.

1. Visit different places. If possible, it is usually best to visit any place that you are considering. The amount of care required and the atmosphere desired will determine the type of residential care setting you should visit. Visiting unannounced at different times of day can give you an idea of what an average day may be like.

2. Ask questions. It is important to ask specific questions about the facility’s ability to provide dementia care. For example:

   ✓ What is your philosophy regarding Alzheimer/dementia care?
   ✓ What is your process for developing a care/service plan?
   ✓ What approaches are used when providing care to persons with dementia?
   ✓ What types of activities are offered?
   ✓ What are your staff qualifications and staffing levels?
   ✓ How is your staff trained in dementia specific care?
How does your environment support persons with dementia?

Call the Alzheimer’s & Dementia Alliance of Wisconsin (608-232-3400 or 888-308-6251) for a handout or email copy of “RESIDENTIAL CARE: A GUIDE TO CHOOSING A NEW HOME”.

3. Talk with others. Often times, there may be people you know – family, friends, neighbors, co-workers – who can recommend a place that worked well for them. If possible, talk with family members and/or residents of facilities that you are considering. REMEMBER: Every individual situation is unique. What works well for one person, may not work for another. Use input from others as only one of several deciding factors.

Residential Care Apartment Complex (RCAC)
A residential care apartment complex is an apartment that includes a kitchen, living area, bedroom, private bathroom and an array of services including meals, housekeeping, laundry, arranging medical appointments and transportation. RCACs may provide up to 28 hours per week of personal care and/or nursing services. These facilities are most appropriate for a person with dementia who is in the very early stages, who can make their own decisions regarding care options and who can live independently with minimal assistance, or for the person with dementia and his or her spouse together. These facilities are registered by the Wisconsin Department of Health & Family Services.

Dane County RCAC’s:

Aster Assisted Living of Cottage Grove
139 E. Reynolds St., Cottage Grove, WI 53527
608-839-8085  www.asterassistedliving.com

Attic Angel Place (Apartments and Assisted Living)
8301 Old Sauk Rd., Middleton, WI 53562
608-662-8842  www.atticangel.org

Avalon Assisted Living Community
2879 Fish Hatchery Rd., Madison, WI 53713
608-274-4350  www.avalonalcommunity.com

Gardens, The
602 N. Segoe Rd., Madison, WI 53705
608-204-0900  www.IndependentLivingInc.org

Heritage Middleton
6234 Maywood Ave., Middleton, WI 53562
608-831-7004  www.heritagesenior.com

Heritage Monona
111 Owen Rd., Monona, WI 53716
608-441-9990  www.heritagesenior.com
Hyland Park Assisted Living  
881 Liberty Blvd., Sun Prairie, WI 53590  
608-834-2073  www.capricommunities.com

Ingleside Manor  
407 N. 8th St., Mt. Horeb, WI 53572  
608-437-5511  www.inglesidehealthcare.org

Tallgrass Senior Living of Sun Prairie  
605 Chase Blvd, Sun Prairie, WI 53590  
608-837-2124  www.tallgrassofsunprairie.com

Lighthouse of Sun Prairie  
222 S. Bristol St., Sun Prairie, WI 53590  
608-825-1600  www.npseniorliving.com

Meadowmere  
5601 Burke Rd., Madison, WI 53718  
608-268-9100  www.meadowmeremadison.com

Milestone Senior Living Apartments  
1870 Market St., Cross Plains, WI 53528  
608-509-5522  www.milestonesl.com

Milestone Senior Living Apartments  
2220 Lincoln Ave., Stoughton, WI 53589  
608-205-6800  www.milestonesl.com

Oak Park Place: The Grove I  
702 Jupiter Dr., Madison, WI 53718  
608-663-8600  www.oakparkplace.com

Oak Park Place: The Grove II  
719 Jupiter Dr., Madison, WI 53718  
608-663-8600  www.oakparkplace.com

Oakwood Village Prairie Ridge Apartments  
5565 Tancho Dr., Madison, WI 53718  
608-230-4000  www.oakwoodvillage.net

Oakwood Village University Woods Apartments  
6205-6225 Mineral Point Rd., Madison, WI 53703  
608-230-4699  www.oakwoodvillage.net
Adult Family Homes (AFH)
Adult Family Homes also combine housing and care. Adult Family Homes provide assistance and/or supervision with activities of daily living to four or fewer individuals. No more than 7 hours per week of nursing care can be given in an AFH. These facilities are licensed by the Wisconsin Department of Health & Family Services. For a listing of Dane County Adult Family Homes, see ADAW’s:

“Community Based Residential Facilities and Adult Family Homes Guide”

Community Based Residential Facilities (CBRF)
A CBRF is a place where 5 or more individuals live and receive care with 24-hour supervision. These facilities offer private or semi-private bedrooms with shared living and dining areas. Services include meals, snacks, activities and assistance or supervision with activities of daily living. No more than 3 hours per week of nursing care can be provided in a CBRF setting. CBRFs are generally smaller than skilled nursing facilities. CBRFs are licensed by the Wisconsin Department of Health & Family Services. For a listing of Dane County CBRFs, see ADAW’s:

“Community Based Residential Facilities and Adult Family Homes Guide”

Nursing Homes
Nursing homes are facilities that offer skilled nursing care and other services including: 3 meals per day, snacks, activities, assistance with activities of daily living and dietician and social work services. They are most appropriate for frail individuals who have medical or nursing care needs. Some nursing homes have special care units designed to address the special needs of people with dementia. For a listing of Dane County Nursing Homes, see ADAW’s:
LONG TERM CARE OMBUDSMAN
An ombudsman protects and promotes the rights of long term care consumers and Community Options Program participants by working with them and their families to achieve quality care. The program is provided at no charge. Ombudsmen can investigate complaints and help families resolve problems with long term care service providers. For more information, contact:

Wisconsin Board on Aging & Long Term Care
1402 Pankratz St., Suite 111, Madison, WI 53704
800-815-0015 http://longtermcare.wi.gov/