



## Lafayette County Community Resource Guide

The attached list provides information about community resources in Lafayette County that may be helpful to families who are living with Alzheimer's disease or a related dementia. Due to the changing nature of service agencies, this list may not be comprehensive. Although the Alzheimer's & Dementia Alliance does not endorse or promote one agency over another, we are available to help families identify those services which might best meet the individual's needs and circumstances.

If you have any questions or need more information about resources in our nine county service area, please call our Helpline at 1-888-308-6251.

This resource guide will be updated periodically on our website: [www.alzwisc.org](http://www.alzwisc.org)

**Revised December 2011**

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**Main Office**

517 North Segoe Road, Suite 301  
Madison, WI 53705  
608.232.3400  
608.232.3407 fax  
888.308.6251 toll-free

**Grant/Richland Regional Office**

8820 Hwy 35/61 S  
Lancaster, WI 53813  
608.723.4288  
608.723.6122 fax  
888.308.6251 toll-free

**Columbia/Sauk Regional Office**

2825 Hunters Trail  
Portage, WI 53901  
608.742.9055  
608.745.3940 fax  
888.308.6251 toll-free

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**Community  
Health Charities**  
Wisconsin  
WORKING FOR A HEALTHY WISCONSIN  
support@alzwisc.org  
[www.alzwisc.org](http://www.alzwisc.org)

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## **Alzheimer's & Dementia Alliance**

The Alzheimer's & Dementia Alliance of Wisconsin (ADAW) provides support and education in south central Wisconsin for individuals and families living with dementia as well as for professional service providers. Our organization can be a guide for people affected by Alzheimer's disease and other dementias as well as their families as they learn about the disease, plan for the future, and cope with day-to-day challenges. The ADAW also advocates on the state level about matters that affect dementia-related research and legislation. Our services include:

- Helpline: **608-232-3400** or **888-308-6251**
- Family consultations
- Caregiver support groups
- Early-stage support group
- [www.alzwisc.org](http://www.alzwisc.org)
- Family & professional training workshops
- Quarterly newsletter & email newsletters
- Resource library
- Public policy advocacy
- Provision of information and resources

As an independent, nonprofit organization, 100% of the donations we receive remain in Wisconsin and are tax-deductible.

## ***What is Dementia?***

Dementia is a loss of intellectual functions (such as thinking, remembering and reasoning) that is severe enough to interfere with a person's everyday life. Symptoms may include short-term memory loss, inability to think problems through or complete tasks, confusion, difficulty concentrating, and behavior changes.

Some disorders that can cause dementia include:

- Alzheimer's disease
- Vascular disease
- Lewy Body dementia
- Huntington's disease
- Pick's disease
- Creutzfeldt-Jakob disease
- Parkinson's disease

Other conditions that may cause or mimic dementia include depression, brain tumors, nutritional deficiencies, head injuries, hydrocephalus, infections (AIDS, meningitis, syphilis), thyroid problems and drug reactions.

*Dementia is not a part of normal aging.*

## **What is Alzheimer's Disease?**

Alzheimer's disease is the most common form of dementia, affecting an estimated 5.4 million Americans, **including more than 110,000 in Wisconsin**. Alzheimer's disease is a progressive, degenerative disease that attacks the brain and results in impaired memory, thinking and behavior. The ten warning signs of Alzheimer's disease are listed below. There are currently three drugs prescribed to treat the symptoms of mild to moderate Alzheimer's disease and one drug to treat later stage Alzheimer's disease. In some people, these medications may improve daily life by enhancing memory and cognitive ability. Early diagnosis is very important to maximize the effect of available treatment.

### **10 Warning Signs of Alzheimer's Disease**

1. **Memory Loss:** frequently forgetting important dates, events or phone numbers: not remembering them later.
2. **Difficulty performing familiar tasks:** forgetting ingredients in recipes, change in ability to balance checkbook or pay bills.
3. **Problems with language:** forgetting simple words or substituting unusual words.
4. **Disorientation to time and place:** getting lost in familiar places, not knowing where he/she is, not knowing time of day, day of week, month or year.
5. **Poor or decreased judgment:** dressing inappropriately, unable to set limits on purchases or giving away large amounts of money.
6. **Problems with abstract thinking:** forgetting how to use numbers, difficulty reading.
7. **Misplacing things:** putting things in unusual places like firewood in clothes dryer or purse in the freezer.
8. **Changes in mood or behavior:** rapid mood swings-from calm to tears to anger- for no apparent reason.
9. **Changes in personality:** doing things that are out of character, confusion, suspicion or fearfulness.
10. **Loss of initiative:** very passive, sleeping more than usual or withdrawing from usual activities.

If you recognize several of these warning signs in yourself or a loved one, please see your primary doctor. You may also wish to contact a memory diagnostic clinic for a more thorough evaluation. *There are also many conditions that can cause dementia-like symptoms that are reversible if a treatable cause is found.* Early diagnosis of Alzheimer's disease or other disorders causing dementia is an important step in getting appropriate treatment, care and support services.

### **MEMORY DIAGNOSTIC CLINICS**

Memory diagnostic clinics offer a comprehensive, team approach to assessment, diagnosis and treatment. The staff at the memory diagnostic clinics is trained to identify the reason you or your loved one are experiencing memory loss or confusion. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%. The results of the evaluation will be shared with your primary physician for continued follow-up.

*For more information, contact:*

***Southwest Health Center Memory Diagnostic Clinic***

*1185 N Elm St, Platteville, WI 53818*

*For information and scheduling, call: 608/348-3656*

[www.southwesthealth.org/seniors/memorydiagnosticservices.html](http://www.southwesthealth.org/seniors/memorydiagnosticservices.html)

***Richland Area Geriatric Assessment Center***

*1313 W Seminary Street Richland Center WI 53581*

**608-647-6161** [www.richlandmedctr.com](http://www.richlandmedctr.com)

(Features a satellite office in Mineral Point)

**Memory Disorders Clinic**

**(For anyone at any age and must have referral from primary care provider)**

**Neurology Clinic, UW Hospital**

600 Highland Avenue

Madison WI 53705

**608-263-5442**

**UW-Health Hospital & Clinics Memory Assessment Clinic**

**(For people 65 years of age and older)**

2880 University Avenue, Room 100

Madison WI 53705

**608-263-7740**

[www.uwhealth.org](http://www.uwhealth.org)

***William S. Middleton Veterans Hospital***

***Geriatric Research Education Clinic Center***

*2500 Overlook Terrace Madison WI 53705*

**608-256-1901 ext. 17000** [www.madison.va.gov](http://www.madison.va.gov)

**Dean Memory Assessment Center**

**Dean Clinic**

*1313 Fish Hatchery Rd., Madison, WI 53715*

**608-252-8040**

**GERIATRIC MENTAL HEALTH SERVICES**

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can also help with challenging behavioral symptoms. Some signs that indicate mental health services may be needed include frequent or extreme mood swings, depression, suicidal tendencies, agitation, aggression, uncontrollable wandering or major changes in sleep.

Inpatient Geriatric Mental Health Services

***Mendota Mental Health Institute***

*301 Troy Drive, Madison, WI 53704*

**608/301-1000** [www.dhfs.wisconsin.gov/MH\\_Mendota/index.hmt](http://www.dhfs.wisconsin.gov/MH_Mendota/index.hmt)

***Senior Behavioral Sciences***

*1185 N Elm St, Platteville, WI 53818*

**608-348-3656**

[www.southwesthealth.org/seniors/memorydiagnosticservices.html](http://www.southwesthealth.org/seniors/memorydiagnosticservices.html)

***Stoughton Hospital-Geriatric Psychiatry***

*900 Ridge Street*

*Stoughton, WI 53589*

**608/873-2242** [www.stoughtonhospital.com](http://www.stoughtonhospital.com)

Outpatient Geriatric Mental Health Services

***Senior Behavioral Sciences***

*1185 N Elm St, Platteville, WI 53818*

**608-348-3656**

[www.southwesthealth.org/seniors/memorydiagnosticservices.html](http://www.southwesthealth.org/seniors/memorydiagnosticservices.html)

**INFORMATION, REFERRAL, & ASSISTANCE**

There are agencies in every county who are available to help with general information and referral assistance to help you locate resources in your area.

*For more information contact:*

**Alzheimer's & Dementia Alliance**  
**608-232-3400 or 888-308-6251**

[www.alzwisc.org](http://www.alzwisc.org)

(See p. 3 for more information on Alzheimer's & Dementia Alliance programs and services.)

**Aging and Disability Resource Center (ADRC) of Southwest Wisconsin -  
Lafayette County**

627 Main Street, Darlington, WI 53530  
**608-776-4960 or 1-877-794-2372**

**A Place for Mom**  
**1-866-333-6252**

A Place for Mom is a free consultative resource for families searching for senior housing and care. Facility information is offered based on the client and family's clinical, financial and geographic needs and preferences. In order to provide this service at no cost, participating facilities and agencies pay a fee to A Place for Mom, Inc

**OUTREACH & CASE MANAGEMENT SERVICES**

Case managers can help you by assessing what resources you and your family might need and helping you access these services and plan for the future. In some counties, there are case managers who work through county agencies, senior centers, or coalitions.

*For more information:*

**Aging and Disability Resource Center (ADRC) of Southwest Wisconsin -  
Lafayette County**

627 Main Street, Darlington, WI 53530  
**608-776-4960 or 1-877-794-2372**

**SUPPORT GROUPS**

At support groups, family caregivers come together to learn new information, share experiences and ideas and support one another.

**Coffee Hour for Caregivers**

4<sup>th</sup> Tuesday of each month from 9:30-11:00 a.m.

Darlington Municipal Bldg, Second floor, Job Center Conference Room

Facilitator: Deanna Truedson, 608-843-3402

**Platteville Alzheimer's Caregiver Support Group**

3<sup>rd</sup> Wednesday of each month from 1:00 – 2:30 p.m.

Park Place Community Room

1075 N. Elm Street, Platteville, WI

Respite available. Call ahead for arrangements  
Contact: Alzheimer's & Dementia Alliance Lancaster Outreach Office 608-723-4288

**Alzheimer's Caregiver Support Group**

3<sup>rd</sup> Wednesday of each month beginning at 2:30 p.m.

Bloomfield Manor

3151 County Rd CH, Dodgeville, WI 53533

Facilitator: Mary Rigby, 608-935-3321

**Caregivers Journey Group**

1<sup>st</sup> Tuesday of each month 10:30 – 12 noon

Dodgeville Public Library

139 S Iowa St, Dodgeville, WI 53533

Facilitator: Rita Stanton and Joan Pape 608-437-7500

**LEGAL SERVICES**

Legal and financial planning should begin soon after the diagnosis has been made. Planning involves putting together documents that authorize another person to make necessary health care and financial decisions and reviewing your financial resources. If planning is done early, the person with the disease can actively participate in making the necessary arrangements. It is often a good idea to consult with an attorney who specializes in elder law. A benefit specialist can also guide you in this process.

- **To obtain free copies of the basic power of attorney forms, contact:**

**Elder Law Center, Coalition of Wisconsin Aging Groups**

2850 Dairy Drive, Suite 100, Madison WI 53718

608-224-0606

[www.cwag.org](http://www.cwag.org)

**Department of Health & Family Services, Division of Public Health**

PO Box 309, Madison WI 53701-0309 [www.dhfs.state.wi.us/forms/AdvDirectives](http://www.dhfs.state.wi.us/forms/AdvDirectives)

- **Elder Law Attorney**

**An attorney who specializes in elder law can be helpful to families in many ways. They can help you develop a legal and financial plan, write Powers of Attorney for Health Care and Finances, and help with guardianship proceedings.**

**For information on where to find an attorney who specializes in elder law, contact**

Wisconsin State Bar Assoc. 608-257-4666 or 800-362-9082. [www.wisbar.org](http://www.wisbar.org)

Alzheimer's & Dementia Alliance 608-232-3400 or 1-888-308-6251

[www.alz.org/scwisc](http://www.alz.org/scwisc)

**National Academy of Elder Law Attorneys 520-881-4005 [www.naela.com](http://www.naela.com)**

- **Guardianship**

A guardianship is a special relationship between two people, one of whom, called the guardian, acts on behalf of the ward. This relationship may be ordered by a circuit court when it finds that a person is no longer competent to manage his/her affairs. A relative, public official or any other person may petition the court to have a guardianship established. For questions related to advance planning alternatives, guardianship or protective services/placement please call:

**Wisconsin Guardianship Support Center Hotline at 800-488-2596.**

[www.cwag.org/legal/guardian-support](http://www.cwag.org/legal/guardian-support)

**Aging and Disability Resource Center (ADRC) of Southwest Wisconsin -  
Lafayette County**

627 Main Street, Darlington, WI 53530

**608-776-4960 or 1-877-794-2372**

## **FINANCIAL ASSISTANCE**

- **Benefit Specialist Program**

Benefit Specialists provide information, assistance and advocacy to residents age 60 and older. Benefit Specialists' services range from providing information about eligibility criteria and help in applying for a wide range of benefits, to appealing application denials, terminations or reductions in benefits. Benefit Specialists receive in-depth, on-going training in the areas of benefit and entitlement programs and other issues affecting older adults, including Medicare, Medical Assistance, Social Security, Supplemental Security Income (SSI), Food Stamps, housing, the Community Options Program (COP), and more. An attorney provides supervision and support to Benefit Specialists and works closely with them to ensure high-quality advocacy and representation of older WI residents.

*For more information, contact:*

**Benefit Specialist Program**

**Elder Law Center, Coalition of Wisconsin Aging Groups**

2850 Dairy Drive, Suite 100, Madison WI 53718

**608-224-0606**

[www.cwag.org](http://www.cwag.org)

**Aging and Disability Resource Center (ADRC) of Southwest Wisconsin -  
Lafayette County**

627 Main Street, P.O. Box 67, Darlington, WI 53530

**608-776-4960 or 1-877-794-2372**

Contact: Diane Douglas

- **Alzheimer's Family Caregiver Support Program (AFCSP)**

The Alzheimer's Family Caregiver Support Program is designed to support families caring for a person with Alzheimer's disease or other dementia in their home. Limited funds can be used to purchase services such as in-home respite, home delivered meals, adult day care, personal care or goods needed for care.

***Aging and Disability Resource Center (ADRC) of Southwest Wisconsin - Lafayette County***

*627 Main Street, P.O. Box 67, Darlington, WI 53530*

***608-776-4960 or 1-877-794-2372***

*Contact: Diane Douglas, Elderly Benefit Specialist*

- **Family Care**

The Family Care Program is a coordinated system of services aimed at assisting people who are elderly or disabled to remain in their own homes. Persons who appear to be at risk of entering a nursing home are eligible to receive a Family Care assessment and a service plan at no cost. Cost for Family Care services is determined on a case-by-case basis depending on the income, assets and expenditures of the individual needing services. Some people will pay for all or part of the services received, others may have all of their services paid for by Family Care. The cost will be determined before services are provided, so that the individual can decide whether to accept services or not. Some people may have to have their names put on a waiting list due to limited funding.

*To apply for Family Care or for additional information, contact:*

***Aging and Disability Resource Center (ADRC) of Southwest Wisconsin - Lafayette County***

*627 Main Street, P.O. Box 67, Darlington, WI 53530*

***608-776-4960 or 1-877-794-2372***

- **National Family Caregiver Support Program (NFCSP)**

The National Family Caregiver Support Program was developed by the Administration on Aging through the Older Americans Act to respond to the needs of family caregivers. The program offers five basic services including information to caregivers about available services; assistance to caregivers in gaining access to these supportive services; individual counseling, organizing of support programs and training to assist the caregiver; respite care to enable caregivers to get temporary relief from caregiving responsibilities; and limited supplemental services to complement the care provided by caregivers

*For more information about this program, contact:*

***Aging and Disability Resource Center (ADRC) of Southwest Wisconsin - Lafayette County***

627 Main Street, P.O. Box 67, Darlington, WI 53530  
**608-776-4960 or 1-877-794-2372**  
Contact: Deanna Truedson, 608-843-3402

- **Medical Assistance (Medicaid)**

The Medical Assistance (MA) program is a cooperative federal and state program that provides medical care to individuals with low incomes and little assets. MA covers care in some institutional/long-term care settings such as nursing homes and covers some care in the community as well.

*To apply for Medical Assistance or for more information, contact:*

**Lafayette County Human Services**

627 Main St. Darlington, WI 53530 [www.lchsd.org](http://www.lchsd.org)

**608-776-4960**

**800-208-4011**

- **SeniorCare Prescription Drug Assistance Program**

SeniorCare is Wisconsin's Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older and who meet eligibility requirements. Eligibility requirements include: Must be a Wisconsin resident; Must be 65 years of age or older; Must pay an annual enrollment fee; only income is measured. Assets, such as bank accounts, insurance policies, home property, etc., are not counted.

*For more information, contact:*

**SeniorCare Customer Service Hotline**

**800-657-2038**

[www.dhfs.state.wi.us/seniorcare](http://www.dhfs.state.wi.us/seniorcare)

**Aging and Disability Resource Center (ADRC) of Southwest Wisconsin -  
Lafayette County**

627 Main Street, P.O. Box 67, Darlington, WI 53530

**608-776-4960 or 1-877-794-2372**

Contact: Diane Douglas, Elderly Benefit Specialist

## **EMERGENCY RESPONSE SERVICES**

- **MedicAlert® + Alzheimer's Association Safe Return®**

MedicAlert® + Alzheimer's Association Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer's disease or a related dementia who are at risk of becoming lost. If someone enrolled in the program is reported missing, essential information is faxed to local law enforcement agencies to initiate a search. If a concerned citizen

finds the missing person, the person's ID jewelry (bracelet or necklace) provides a toll-free number to call for help. MedicAlert® + Alzheimer's Association Safe Return® then notifies the missing person's contacts and makes sure the person is safely returned home. To obtain more information or an application, call 1-888-572-8566

### **TRANSPORTATION**

Transportation services differ among communities. Some areas offer bus or van services, have volunteer drivers or use 'shared ride' taxi services to provide transportation to older adults who do not drive.

*For more information:*

***Aging and Disability Resource Center (ADRC) of Southwest Wisconsin -  
Lafayette County***

*627 Main Street, P.O. Box 67, Darlington, WI 53530*

***608-776-4800***

### **NUTRITION SITES AND HOME-DELIVERED MEALS**

Congregate nutrition sites and home-delivered meals are available in many communities on a donation basis. This is a great way to get help with one of your daily responsibilities and receive a hot, nutritious meal. Questions to ask may include the cost of the meals, how often they are offered, if transportation is available to congregate nutrition sites, and if special diets can be accommodated.

**For information on a nutrition site close to you or on home-delivered meals, contact:**

**Seniors United for Nutrition – S.U.N. Program**

**222 N. Iowa St. Dodgeville, WI 53533**

**608-935-0388**

***Aging and Disability Resource Center (ADRC) of Southwest Wisconsin -  
Lafayette County***

*627 Main Street, P.O. Box 67, Darlington, WI 53530*

***608-776-4960 or 1-877-794-2372***

### **HOME CARE SERVICES**

Home care agencies provide a variety of services to help people in their homes. Some home care agencies specialize in particular services while others provide a wide range of services. Most agencies charge a fee; volunteer organizations accept donations.

Some county aging units also keep lists of private individuals who provide home-care services in their county. It is up to the family to screen any private individual they hire, and to ensure that state and federal tax law is being adhered to. Note that anyone who hires a private individual as a home care worker on a regular or frequent basis may become an

employer under the law and be responsible for paying unemployment insurance and social security/Medicare taxes to the government on the worker's behalf.

Using home care services can help to extend the period of time a loved one can be successfully cared for at home by supplying needed supplemental help and preserving the health and energy of the family caregiver.

## □ Types of Home Care Services

**Chore services** typically include light housekeeping, laundry, meal preparation and shopping.

**Companion care (respite)** typically includes oversight/companionship for the person with memory loss so that his or her primary caregivers can take time off from caregiving to keep appointments, attend events, catch up on chores, sleep, or simply enjoy a break. Companion care can be provided in a variety of settings, but is usually provided in the residence of the person receiving care. Companion care can often be combined with chore service and/or personal care assistance. Companions might also take people on outings, enabling them to attend events, volunteer, and visit favorite people and places.

**Personal care services** typically include assistance with dressing, bathing, grooming, meals and toileting, as needed.

**Home health care** is provided by nurses, certified nursing assistants or professional therapists and includes medication management, skilled nursing services, bathing, and occupational, physical, and speech therapies. Depending on the situation, the caregiver might be able to take a break from caregiving while home health care is being provided.

**A live-in caregiver** provides 24 hour/day assistance in the home. Services include personal care, home chores, companionship and oversight of the person in need of care. Some people hire someone they know to live in the home. Others look for live-in caregivers through the local university or by placing an advertisement. Some companion care and home health agencies can provide 24 hour/day shift care.

**Hospice care:** Hospice services are available to individuals at the end of life. Services usually can be provided in the home or in a facility. Some agencies have free-standing hospice in-patient facilities. Hospice provides nursing care, respite, and grief support for families.

## Home Care Service Agencies

	Chore Svs	Companion Care	Personal Care	Home Health	Live In Care	Hospice
<b>Aegin Place</b> 5801 Town Hall Dr, Sun Prairie, WI 53590 608-837-3494 <a href="http://www.aeginplace.com/html/wisconsin.html">http://www.aeginplace.com/html/wisconsin.html</a>					X	
<b>Aging &amp; Disability Resource Center of Southwest Wisconsin Lafayette County</b> 627 Main St, Darlington, WI 53530 608-776-4960 or 1-877-794-2372	X					
<b>Good People</b> 1-800-608-8003 <a href="http://www.goodpeople.us">www.goodpeople.us</a>					X	
<b>Home Care International</b> 1-262-657-8467					X	
<b>Homeward Bound, Inc</b> 130 W Elm St Lancaster, WI 53813 608-723-6601 <a href="http://www.hwbcare.com">www.hwbcare.com</a>		X	X	X		
<b>Hospice of Dubuque</b> 1670 John F Kennedy Rd Dubuque, IA 52002 563-582-1220 <a href="http://www.hospiceofdubuque.com/">http://www.hospiceofdubuque.com/</a>						X
<b>Lafayette County Health Department</b> 729 Clay St. Darlington, WI 53530 608-776-4895 <a href="http://www.lchsd.org">www.lchsd.org</a>			X	X		
<b>Mercy Home Care</b> 250 Mercy Dr. Dubuque, IA 52001 563-589-8118 <a href="http://www.mercydubuque.com">www.mercydubuque.com</a>		X	X	X		
<b>Monroe Clinic Home Care &amp; Hospice</b> 515 22 <sup>nd</sup> Ave, Monroe, WI 53566 608-324-1230 <a href="http://www.monroeclinic.org">www.monroeclinic.org</a>				X		X
<b>Serenity Haven Homecare Services</b> N3907 S Klondike Rd Monroe 53566 608-329-4574	X	X	X			
<b>SouthernCare Hospice</b> 402 Gammon Place, Ste 110 Madison, WI 53719 608-833-3295 866-419-2773 <a href="http://www.southerncareinc.com">www.southerncareinc.com</a>						X

	Chore Svs	Companion Care	Personal Care	Home Health	Live In Care	Hospice
<b>Southwest Home Care</b> 35A Court St Platteville, WI 53818 <b>608-348-4558</b> <a href="http://www.southwesthomecareangels.com">www.southwesthomecareangels.com</a>		X				
<b>Southwest Health Center Hospice</b> 1400 East Side Road Platteville 53818 <b>608-342-0921</b> <a href="http://www.southwesthealth.org/hospitalservices/hospice/">www.southwesthealth.org/hospitalservices/hospice/</a>						X
<b>Upland Hills Hospice</b> 800 Compassion Way Dodgeville WI 53533 <b>608-930-7220</b> <a href="http://www.uplandhillshealth.org">www.uplandhillshealth.org</a>						X

### **ADULT DAY SERVICES**

Adult day programs provide structured support for the older person and are another way for a caregiver to obtain respite from caregiving responsibilities. Some programs are dementia specific. Participants engage in a variety of pastimes, including exercise, music, social activities, and meals. Costs vary. Individuals who meet eligibility requirements may qualify for financial support or sliding fee scales.

#### ***Lafayette Manor***

719 E. Catherine Darlington, WI 53530  
**608-776-4472**

#### ***Hand-in-Hand Adult Day Center***

N3152 State Rd 81, Monroe, WI 53566  
**608-328-9630 or 608-328-9499**

- ***Facility Respite***

Respite at care facilities may be arranged during the day, for an overnight visit, or multiple day stays. This type of respite is helpful for caregivers who need a longer break to take a vacation or attend to other responsibilities. Please contact individual facilities for more details on available respite services.

### **RESIDENTIAL CARE**

There are a variety of facilities including residential care apartment complexes, adult family homes, community based residential facilities and skilled nursing facilities available to meet the different levels of care that may be needed by a person with dementia. When the time comes for a loved one to move to a care facility, it can be very difficult for both the person

and the family. In addition, finding the right setting to meet the needs of the person with dementia can be both challenging and time consuming. The Alzheimer's & Dementia Alliance has a booklet available called *Residential Care: A Guide For Choosing a New Home* that provides several tips and examples of questions to ask as you search for a care facility. Please call 1-888-308-6251 for your free copy.

- **Residential Care Apartment Complex (RCAC)**

A residential care apartment complex is an apartment that includes a kitchen, living area, bedroom, private bathroom and an array of services including meals, housekeeping, laundry, arranging medical appointments and transportation. RCACs may provide up to 28 hours per week of personal care and/or nursing services. These facilities are most appropriate for a person with dementia who is in the very early stages, who can make their own decisions regarding care options, and who can live independently with minimal assistance, or for the person with dementia and his or her spouse together. These facilities are registered by the Wisconsin Department of Health & Family Services.

*\*There are no Residential Care Apartment Complex listings in Lafayette County as of this printing.*

- *Adult Family Homes (AFH)*

Adult Family Homes also combine housing and care. Adult Family Homes provide assistance and/or supervision with activities of daily living to 4 or fewer individuals. No more than 7 hours per week of nursing care can be given in an AFH. These facilities are licensed by the Department of Health & Family Services.

*\*There are no Adult Family Home S listings in Lafayette County as of this printing.*

- **Community Based Residential Facilities (CBRF)**

A Community Based Residential Facility is a place where 5 or more individuals live and receive care. These facilities offer private or semi-private bedrooms with shared living and dining areas. Services include 3 meals per day, snacks, activities, assistance and/or supervision with activities of daily living. No more than 3 hours per week of nursing care can be provided in a CBRF setting. CBRFs are generally smaller than skilled nursing facilities. CBRFs are also licensed by the Department of Health & Family Services.

***Shullsburg Home***

*201 E. Water St. Shullsburg, WI 53586*

***608-965-4454***

*Accept people with Alzheimer's Disease? Yes Dementia Specific Facility? No  
Family Care funding accepted? Yes*

*Number of beds: 22 Staff/Resident Ratio Day: 2:22 Night: 2:22*

*Security: Locks? No Door Alarms (general)? Yes  
Door Alarms (person-specific)? No  
Does the facility offer respite services? Yes*

***Sienna Crest - Darlington***

*1619 Fayette Road Darlington, WI 53530*

***608-776-3477***

*Accept people with Alzheimer's Disease? Yes Dementia Specific Facility? No*

*Family Care funding accepted? Yes*

*Number of beds: 15 Staff/Resident Ratio Day: Varies Night: 1:7*

*Security: Locks? No Door Alarms (general)? Yes*

*Door Alarms (person-specific)? No*

*Does the facility offer respite services? Yes*

- ***Nursing Homes***

Nursing homes offer skilled nursing care and other services including: 3 meals per day, snacks, activities, assistance with activities of daily living, and dietician and social work services. Nursing homes are larger than either Community Based Residential Facilities or Adult Family Homes. They are most appropriate for frail individuals who have medical or nursing care needs. Some nursing homes have special care units designed to address the needs of people with dementia. Individuals who meet federal income requirements and need skilled nursing care may qualify for financial assistance.

***Lafayette Manor***

*719 E. Catherine Darlington, WI 53530*

***608-776-4472***

*Accept people with Alzheimer's Disease? Yes Dementia Specific Unit? No*

*Medicare or Medicaid accepted? Yes*

*Number of total beds: 97*

*Staff/Resident Ratio Day: 1:6 Night: 7:97*

*Security: Locks? No Door Alarms (general)? Yes*

*Door Alarms (person-specific)? Yes*

*Does the facility offer respite services? Yes*

**LONG TERM CARE OMBUDSMAN**

An ombudsman protects and promotes the rights of long-term care consumers and Community Options Program participants by working with them and their families to achieve quality care and quality of life. The program is provided through the state of Wisconsin at no charge. They can investigate complaints and help families resolve problems.

*For more information, contact:*

For more information, contact:

Wisconsin Board on Aging & Long Term Care 1402 Pankratz St. Suite 111, Madison, WI 53704

<http://longtermcare.wi.gov/> **1-800-815-0015**