



Sauk County Community Resource Guide

The attached list provides information about community resources in Sauk County that may be helpful to individuals and families who are coping with progressive memory loss, Alzheimer's disease, or related dementias. Due to the changing nature of service agencies, this list may not be comprehensive. Although the Alzheimer's & Dementia Alliance does not endorse or promote one agency over another, we are available to help families identify those services which might best meet the individual's needs and circumstances.

If you have questions or need more information about resources available in our nine county service area, please call our helpline at 1-888-308-6251.

This resource guide will be updated periodically on our website: www.alzwisc.org

Revised December 2011

Main Office

517 North Segoe Road, Suite 301
Madison, WI 53705
608.232.3400
608.232.3407 fax
888.308.6251 toll-free

Grant/Richland Regional Office

8820 Hwy 35/61 S
Lancaster, WI 53813
608.723.4288
608.723.6122 fax
888.308.6251 toll-free

Columbia/Sauk Regional Office

2825 Hunters Trail
Portage, WI 53901
608.742.9055
608.745.3940 fax
888.308.6251 toll-free

 A Proud Member of
**Community
Health Charities**
Wisconsin
WORKING FOR A HEALTHY WISCONSIN
support@alzwisc.org
www.alzwisc.org

Table of Contents

What is Dementia?	3
What is Alzheimer’s Disease?	4
10 Warning Signs of Alzheimer’s Disease	4
MEMORY DIAGNOSTIC CLINICS	5
GERIATRIC MENTAL HEALTH SERVICES	6
INFORMATION, REFERRAL, & ASSISTANCE	6
OUTREACH & CASE MANAGEMENT SERVICES	7
SUPPORT GROUPS	7
LEGAL SERVICES	8
FINANCIAL ASSISTANCE	9
EMERGENCY RESPONSE SERVICES	11
TRANSPORTATION	11
NUTRITION SITES AND HOME-DELIVERED MEALS	12
HOME CARE SERVICES	13
• Home Care Service Agencies	14
• Adult Day Services	15
• Facility Respite	16
RESIDENTIAL CARE	16
• Residential Care Apartment Complex (RCAC)	16
• Adult Family Homes (AFH)	17
• Community Based Residential Facilities (CBRF)	17
• Nursing Homes	20
LONG TERM CARE OMBUDSMAN	21

Alzheimer's & Dementia Alliance

The Alzheimer's & Dementia Alliance of Wisconsin (ADAW) provides support and education in south central Wisconsin for individuals and families living with dementia as well as for professional service providers. Our organization can be a guide for people affected by Alzheimer's disease and other dementias as well as their families as they learn about the disease, plan for the future, and cope with day-to-day challenges. The ADAW also advocates on the state level about matters that affect dementia-related research and legislation. Our services include:

- Helpline: **608-232-3400** or **888-308-6251**
- Family consultations
- Caregiver support groups
- Early-stage support group
- www.alzwise.org
- Family & professional training workshops
- Quarterly newsletter & email newsletters
- Resource library
- Public policy advocacy
- Provision of information and resources

As an independent, nonprofit organization, 100% of the donations we receive remain in Wisconsin and are tax-deductible.

What is Dementia?

Dementia is a loss of intellectual functions (such as thinking, remembering and reasoning) that is severe enough to interfere with a person's everyday life. Symptoms may include short-term memory loss, inability to think problems through or complete tasks, confusion, difficulty concentrating, and behavior changes.

Some disorders that can cause dementia include:

- Alzheimer's disease
- Vascular disease
- Lewy Body dementia
- Huntington's disease
- Pick's disease
- Creutzfeldt-Jakob disease
- Parkinson's disease

Other conditions that may cause or mimic dementia include depression, brain tumors, nutritional deficiencies, head injuries, hydrocephalus, infections (AIDS, meningitis, syphilis), thyroid problems and drug reactions.

Dementia is not a part of normal aging.

What is Alzheimer's Disease?

Alzheimer's disease is the most common form of dementia, affecting an estimated 5.4 million Americans, **including more than 110,000 in Wisconsin**. Alzheimer's disease is a progressive, degenerative disease that attacks the brain and results in impaired memory, thinking and behavior. The ten warning signs of Alzheimer's disease are listed below. There are currently three drugs prescribed to treat the symptoms of mild to moderate Alzheimer's disease and one drug to treat later stage Alzheimer's disease. In some people, these medications may improve daily life by enhancing memory and cognitive ability. Early diagnosis is very important to maximize the effect of available treatment.

10 Warning Signs of Alzheimer's Disease

1. **Memory Loss:** frequently forgetting important dates, events or phone numbers: not remembering them later. Difficulty learning new things, retaining new information.
2. **Difficulty performing familiar tasks:** forgetting ingredients in recipes, change in ability to balance checkbook or pay bills.
3. **Problems with language:** forgetting simple words or substituting unusual words.
4. **Disorientation to time and place:** getting lost in familiar places, not knowing where he/she is, not knowing time of day, day of week, month or year.
5. **Poor or decreased judgment:** dressing inappropriately, unable to set limits on purchases or giving away large amounts of money.
6. **Problems with abstract thinking:** forgetting how to use numbers, difficulty reading.
7. **Misplacing things:** putting things in unusual places like firewood in clothes dryer or purse in the freezer.
8. **Changes in mood or behavior:** rapid mood swings-from calm to tears to anger- for no apparent reason.
9. **Changes in personality:** doing things that are out of character, confusion, suspicion or fearfulness.
10. **Loss of initiative:** very passive, sleeping more than usual or withdrawing from usual activities.

If you recognize several of these warning signs in yourself or a loved one, please see your primary doctor. You may also wish to contact a memory diagnostic clinic for a more thorough evaluation. *There are also many conditions that can cause dementia-like symptoms that are reversible if a treatable cause is found.* Early diagnosis of Alzheimer's disease or other disorders causing dementia is an important step in getting appropriate treatment, care and support services.

MEMORY DIAGNOSTIC CLINICS

Memory diagnostic clinics offer a comprehensive, team approach to assessment, diagnosis and treatment. The staff at the memory diagnostic clinics is trained to identify the reason you or your loved one are experiencing memory loss or confusion. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%. The results of the evaluation will be shared with your primary physician for continued follow-up.

For more information, contact:

Reedsburg Area Geriatric Assessment Clinic

Reedsburg Area Senior Life Center

2350 North Dewey Ave, Reedsburg, WI 53959

608-647-6161 ext. 4210 for appointments

Richland Area Geriatric Assessment Center

1313 W Seminary Street, Richland Center WI 53581

608-647-6161 ext.4210 www.richlandmedctr.com

Mile Bluff Medical Center Memory Assessment Clinic

Dr. Eric Heaney, MD

1040 Division St. Mauston, WI 53948

608-847-9701

Memory Disorders Clinic

(For anyone at any age and must have referral from primary care provider)

Neurology Clinic, UW Hospital

600 Highland Avenue

Madison WI 53705

608-263-5442

UW-Health Hospital & Clinics Memory Assessment Clinic

(For people 65 years of age and older)

2880 University Avenue, Room 100

Madison WI 53705

608-263-7740

www.uwhealth.org

UW-Health Clinics Geriatric Assessment Clinic (East)

Physician: Michael Siebers, MD

5249 E. Terrace Dr. Madison, WI 53718

608-265-1210 or 1-800-323-8942

William S. Middleton Veterans Hospital

Geriatric Research Education Clinic Center

2500 Overlook Terrace, Madison WI 53705

608-256-1901 ext. 17000 www.madison.va.gov

**Dean Memory Assessment Center
Dean Clinic**

1313 Fish Hatchery Rd., Madison, WI 53715
608-252-8040

GERIATRIC MENTAL HEALTH SERVICES

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can also help with challenging behavioral symptoms. Some signs that indicate mental health services may be needed include frequent or extreme mood swings, depression, suicidal tendencies, agitation, aggression, uncontrollable wandering or major changes in sleep.

Inpatient Geriatric Mental Health Services:

Mendota Mental Health Institute

301 Troy Drive, Madison, WI 53704

(608) 301-1000 www.dhfs.wisconsin.gov/MH_Mendota/index.htm

Stoughton Hospital

Geriatric Psychiatry

900 Ridge Street

Stoughton, WI 53589

(608) 873-2242 www.stoughtonhospital.com

INFORMATION, REFERRAL, & ASSISTANCE

There are agencies in every county who are available to help with general information and referral assistance to help you locate resources in your area. *For more information contact:*

Alzheimer's & Dementia Alliance

www.alzwisc.org

Madison Office: 608-232-3400 or 888-308-6251

Sauk/Columbia Regional Office: 608-742-9055

(See p. 3 for more information on Alzheimer's & Dementia Alliance programs and services.)

Eldercare Locator

1-800-677-1116

Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Sauk County

608-355-3289 or 1-877-794-2372 www.co.sauk.wi.us/dept/coa/index.html

Sauk County Human Services Department

608-355-4200

www.co.sauk.wi.us/dept/hs/index.html

608-355-4201

A Place for Mom

1-866-302-1451

A Place for Mom is a free consultative resource for families searching for senior housing and care. Facility information is offered based on the client and family's clinical, financial and geographic needs and preferences. In order to provide this service at no cost, participating facilities and agencies pay a fee to A Place for Mom.

OUTREACH & CASE MANAGEMENT SERVICES

Case managers can help you by assessing what resources you and your family might need and helping you access these services and plan for the future. In some counties, there are case managers who work through county agencies, senior centers, or coalitions.

Aging and Disability Resource Center (ADRC) of Southwest Wisconsin - Sauk County

505 Broadway, Room 102, Baraboo, WI 53913

608-355-3289 or 1-877-794-2372

www.co.sauk.wi.us/dept/coa/index.html

Care Management Services

There are also private case managers with whom families can contract to coordinate a variety of services for individuals and families, usually for a fee.

Kristin Scheeler, MSSW, CAPSW

3240 University Ave. Ste. 3A, Madison, WI 53705

608-441-8620

SUPPORT GROUPS

At support groups, family caregivers come together to learn new information, share experiences and ideas and support one another.

Reedsburg Alzheimer's & Dementia Caregiver Support Group

3rd Wednesday of each month, 12:00 - 1:30 pm. (bag lunch optional)

Reedsburg Area Senior Life Center

2350 N. Dewey Ave., Reedsburg, WI 53959

Facilitator: Carol Olson 608-742-9055 or 888-308-6251

Respite care can be made available on-site if you call in advance

Sauk Prairie Alzheimer's & Dementia Caregiver Support Group

2nd Tuesday of each month 3:30 – 5:00 p.m.

St. Vincent de Paul Community Resource Center

1906 North St., Prairie du Sac, WI 53578

Facilitator: Joan Mack 608-644-0504 ext 12.

Parkinson's Caregiver Support Group

3rd Monday of each month, 2:00 – 4:00 pm.

First Congregational Church

131 6th Ave, Baraboo, WI 53913

Contact: Sylvia Kriegl 608-355-3289

LEGAL SERVICES

Legal and financial planning should begin soon after the diagnosis has been made. Planning involves putting together documents that authorize another person to make necessary health care and financial decisions and reviewing your financial resources. If planning is done early, the person with the disease can actively participate in making the necessary arrangements. It is often a good idea to consult with an attorney who specializes in elder law. A benefit specialist can also guide you in this process.

To obtain free copies of the basic power of attorney forms, contact:

Elder Law Center, Coalition of Wisconsin Aging Groups

2850 Dairy Drive, Suite 100, Madison WI 53718

608-224-0606

www.cwag.org

Department of Health & Family Services, Division of Public Health

PO Box 309, Madison WI 53701-0309 www.dhfs.state.wi.us/forms/AdvDirectives

Elder Law Attorney

An attorney who specializes in elder law can be helpful to families in many ways. They can help you develop a legal and financial plan, write Powers of Attorney for Health Care and Finances, and help with guardianship proceedings.

For information on where to find an attorney who specializes in elder law, contact the

Wisconsin State Bar Assoc. 608-257-4666 or 800-362-9082. www.wisbar.org

Alzheimer's & Dementia Alliance 608-232-3400 or 1-888-308-6251

www.alzwisc.org

National Academy of Elder Law Attorneys 520-881-4005 www.naela.com

Guardianship

A guardianship is a special relationship between two people, one of whom, called the guardian, acts on behalf of the ward. This relationship may be ordered by a circuit court when it finds that a person is no longer competent to manage his/her affairs. A relative, public official or any other person may petition the court to have a guardianship established.

For questions related to advance planning alternatives, guardianship or protective services/placement please call:

Wisconsin Guardianship Support Center Hotline at 800/488-2596.

www.cwag.org/legal/guardian-support

FINANCIAL ASSISTANCE

Benefit Specialist Program

Elderly Benefit Specialists provide information, assistance and advocacy to residents age 60 and older, and Disability Benefit Specialists provide information, assistance and advocacy to adults with disabilities, ages 18-59. Services range from providing information about eligibility criteria and help in applying for a wide range of benefits, to appealing application denials, terminations or reductions in benefits. Benefit Specialists receive in-depth, ongoing training in areas of benefit and entitlement programs and other issues, including Medicare, Medical Assistance, Social Security, Supplemental Security Income, food stamps, housing, Prescription Drug Care, Family Care and more. An attorney provides supervision and support to Benefit Specialists and works closely with them to ensure high-quality advocacy and representation.

For more information, contact:

Aging and Disability Resource Center (ADRC) of Southwest Wisconsin - Sauk County

505 Broadway Street Baraboo, WI 53913

608-355-3289 or 1-877-794-2372

www.co.sauk.wi.us/dept/coa/index.html

Benefit Specialist Program

Elder Law Center, Coalition of Wisconsin Aging Groups

2850 Dairy Drive Suite 100, Madison, WI 53718

608-224-0606

www.cwag.org

Family Care

Family Care is the name for the redesigned long-term care system currently being operated in a limited number of Wisconsin Counties. The system has two major organizational components: 1) Aging & Disability Resource Centers where older people and people with disabilities can get information and advice about the programs and services available in their communities; and 2) Care Management Organizations (CMO's), which manage and deliver the Family Care benefit. In Family Care, each member has support from an interdisciplinary team that consists of, at minimum, a social worker and an R.N. The interdisciplinary team conducts a comprehensive assessment of services and supports designed to achieve desired goals and outcomes; makes arrangements for the member to receive the services; and then monitors the services and supports on an ongoing basis. Applicants for Family Care must meet functional and financial eligibility criteria.

To apply for Family Care or for additional information, contact:

Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Sauk County

505 Broadway, Room 102 Baraboo, WI 53913

608-355-3289 or 1-877-794-2372

www.co.sauk.wi.us/dept/coa/index.html

Alzheimer's Family Caregiver Support Program (AFCSP)

The Alzheimer's Family Caregiver Support Program is designed to support families caring for a person with Alzheimer's disease or other dementia in their home. Limited funds can be used to purchase services such as in-home respite, home delivered meals, adult day care, personal care or goods needed for care.

Sauk County Long Term Support Division 608-355-4200

National Family Caregiver Support Program (NFCSP)

The National Family Caregiver Support Program was developed by the Administration on Aging through the Older Americans Act to respond to the needs of family caregivers. The program offers five basic services including information to caregivers about available services; assistance to caregivers in gaining access to these supportive services; individual counseling, organizing of support programs and training to assist the caregiver; respite care to enable caregivers to get temporary relief from caregiving responsibilities; and limited supplemental services to complement the care provided by caregivers. *For more information about this program, contact:*

Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Sauk County

505 Broadway, Room 102 Baraboo, WI 53913

608-355-3289 or 1-877-794-2372

www.co.sauk.wi.us/dept/coa/index.html

Medical Assistance (Medicaid)

The Medical Assistance (MA) program is a cooperative federal and state program that provides medical care to individuals with low incomes and little assets. MA covers care in some institutional/long-term care settings such as nursing homes and covers some care in the community as well.

To apply for Medical Assistance or for more information, contact:

Sauk County Human Services Department

608-355-4200

www.co.sauk.wi.us/dept/hs/index.html

SeniorCare Prescription Drug Assistance Program

SeniorCare is Wisconsin's Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older and who meet eligibility requirements. Eligibility requirements include: Must be a Wisconsin resident; Must be 65 years of age or older; Must pay an annual enrollment fee; Only income is measured. Assets, such as bank accounts, insurance policies, home property, etc., are not counted. For more information, contact:

SeniorCare Customer Service Hotline
800-657-2038

www.dhfs.state.wi.us/seniorcare

EMERGENCY RESPONSE SERVICES

- **MedicAlert® + Alzheimer's Association Safe Return®**

MedicAlert® + Alzheimer's Association Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer's disease or a related dementia who are at risk of becoming lost. If someone enrolled in the program is reported missing, essential information is faxed to local law enforcement agencies to initiate a search. If a concerned citizen finds the missing person, the person's ID jewelry (bracelet or necklace) provides a toll-free number to call for help.

MedicAlert® + Alzheimer's & Dementia Alliance Safe Return® then notifies the missing person's contacts and makes sure the person is safely returned home. To obtain more information or an application, call **1-888-572.8566**

- **Project Lifesaver**

The Project Lifesaver Program uses a locator system to help find a person with special needs, such as a person with memory loss or dementia, who is at high risk of becoming lost. It includes a special watch-like plastic bracelet worn on the wrist or ankle that includes a transmitter and batteries. If the person becomes lost or missing, the Sauk County Sheriff's Department will activate a trained team to find the person using a portable tracking device. The signal range of the portable tracking device is ½ to 1 mile on the ground and up to 7 miles from the air. It is not deterred by buildings. Help is available to cover the \$300 start-up cost, so don't hesitate to sign up for this service, if needed. More information and an application are available from:

**Aging & Disability Resource Center (ADRC) of Southwest Wisconsin
Sauk County**

505 Broadway, Room 102 Baraboo, WI 53913

608-355-3289 or 1-877-794-2372

www.co.sauk.wi.us/dept/coa/index.html

TRANSPORTATION

Transportation services differ among communities. Some areas offer bus or van services, have volunteer drivers or use 'shared ride' taxi services to provide transportation to older adults who do not drive. For more information, contact:

Abby-Vans, Inc.

W5621 Todd Road, Neillsville, WI 54456

715-743-3364 or 800-236-8438 www.abbyvans.com

Interfaith Volunteer Network, Inc.

PO Box 672 Baraboo WI 53913

608-434-5486 (cell)

Midstate Medical Express

P.O. Box 303, Portage, WI 53901

800-463-3826

Raymond Medical Transport

800-833-7976

Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Sauk County

505 Broadway, Room 102 Baraboo, WI 53913

608-355-3289 or 1-877-794-2372

www.co.sauk.wi.us/dept/coa/index.html

Wheels of Independence, Inc.

2703 Industrial Street, Wisconsin Rapids, WI 54495

715-423-7818 or 800-423-7818

NUTRITION SITES AND HOME-DELIVERED MEALS

Congregate nutrition sites and home-delivered meals are available in many communities on a donation basis. This is a great way to get help with one of your daily responsibilities and receive a hot, nutritious meal. Questions to ask may include the cost of the meals, how often they are offered, if transportation is available to congregate nutrition sites, and if special diets can be accommodated.

For information on a nutrition site close to you or on home-delivered meals, contact:

Reedsburg Area Medical Center (for Ridgeview Heights residents only)

Dietary – 608-524-6487 www.ramchealth.com

Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Sauk County

505 Broadway, Room 102 Baraboo, WI 53913

608-355-3289 or 1-877-794-2372 www.co.sauk.wi.us/dept/coa/index.html

Sauk Prairie Memorial Hospital

Dietary – 608-643-3311 www.spmh.org

St. Clare Hospital & Health Services

Dietary – 608-356-1400 www.stclare.com

HOME CARE SERVICES

Home care agencies provide a variety of services to help people in their homes. Some home care agencies specialize in particular services while others provide a wide range of services. Most agencies charge a fee; volunteer organizations accept donations.

Some county aging units also keep lists of private individuals who provide home-care services in their county. It is up to the family to screen any private individual they hire, and to ensure that state and federal tax law is being adhered to. Note that anyone who hires a private individual as a home care worker on a regular or frequent basis may become an employer under the law and be responsible for paying unemployment insurance and social security/Medicare taxes to the government on the worker's behalf.

Using home care services can help to extend the period of time a loved one can be successfully cared for at home by supplying needed supplemental help and preserving the health and energy of the family caregiver.

- **Types of Home Care Services**

Chore services typically include light housekeeping, laundry, meal preparation and shopping.

Companion care (respite) typically includes oversight/companionship for the person with memory loss so that his or her primary caregivers can take time off from caregiving to keep appointments, attend events, catch up on chores, sleep, or simply enjoy a break. Companion care can be provided in a variety of settings, but is usually provided in the residence of the person receiving care. Companion care can often be combined with chore service and/or personal care assistance. Companions might also take people on outings, enabling them to attend events, volunteer, and visit favorite people and places.

Personal care services typically include assistance with dressing, bathing, grooming, meals and toileting, as needed.

Home health care is provided by nurses, certified nursing assistants or professional therapists and includes medication management, skilled nursing services, bathing, and occupational, physical, and speech therapies. Depending on the situation, the caregiver might be able to take a break from caregiving while home health care is being provided.

A live-in caregiver provides 24 hour/day assistance in the home. Services include personal care, home chores, companionship and oversight of the person in need of care. Some people hire someone they know to live in the home. Others look for live-in caregivers through the local university or by placing an advertisement. Some companion care and home health agencies can provide 24 hour/day shift care.

Hospice care: Hospice services are available to individuals at the end of life. Services usually can be provided in the home or in a facility. Some agencies have free-standing hospice in-patient facilities. Hospice provides nursing care, respite, and grief support for families.

Home Care Service Agencies

	Chore Svs	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Aegin Place 5801 Town Hall Dr., Sun Prairie, WI 53590 608-837-3494 http://www.aeginplace.com/html/wisconsin.html					X	
Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Sauk County 505 Broadway, Room 102 Baraboo, WI 53913 608-355-3289 or 1-877-794-2372 www.co.sauk.wi.us/dept/coa/index.html	X	X				
BrightStar 507 Linn Street, Unit B, Baraboo, WI 53913 608- 355-5015 Fax: 608- 355-5017 www.brightstarcare.com	X	X	X	X	X	
Good People 1-800-608-8003 www.goodpeople.us					X	
Home Care International 1-262-657-8467					X	
Home Health United 470 Oak St., Prairie du Sac, WI 53578 1-800-924-2273 www.homehealthunited.org	X	X		X		X
Home Health United 164 Second St., Reedsburg, WI 53959 1-800-924-2273 www.homehealthunited.org	X	X	X	X		X
Home Health United-Hospice 111 8 th St., Baraboo, WI 53913 1-800-924-2273 www.homehealthunited.org						X

	Chore Svs	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Home Instead Senior Care 808 Broadway, Baraboo, WI 53913 608-356-5014 www.homeinstead.com	X	X	(limited)			
Homeward Bound Home Health 1360 Jefferson Street, Baraboo, WI 53913 608-356-4666 www.hwbcare.com	X	X	X	X		
Interfaith Volunteer Network, Inc. PO Box 672, Baraboo WI 53913 608-434-5486 (cell)	X	X				
Recover Health of Wisconsin, Inc. 414 Broadway St., Suite 201 Baraboo, WI 53913 608-356-7570 www.recoverhealth.org				X		
Sauk County Health Department 505 Broadway, Baraboo, WI 53913 608-355-3290 www.co.sauk.wi.us/dept/ph/index.html				X		
St. Clare Hospice House 915 12 th Street, Baraboo, WI 53913 www.homehealthunited.org call Home Health United at 608-524-2567						X
Senior Helpers 4706 E Washington Ave Madison, WI 53704 608-729-5365 www.seniorhelpers.com	X	X	X		X	
SouthernCare Hospice 402 Gammon Place, Ste 110 Madison, WI 53719 608-833-3295 or 866-419-2773 www.southerncareinc.com						X

- **Adult Day Services**

Adult day programs provide structured support for the older person. Participants engage in a variety of pastimes, including exercise, music, social activities, and meals. Cost for these services vary. Individuals who meet eligibility requirements may qualify for financial support. Individuals can also pay privately for the service.

There are currently no licensed adult day care centers in Sauk County

- **Facility Respite**

Respite at care facilities may be arranged during the day, for an overnight visit, or multiple day stays. This type of respite is helpful for caregivers who need a longer break to take a vacation or attend to other responsibilities. Please contact individual facilities for more details on available respite services.

RESIDENTIAL CARE

There are a variety of facilities including residential care apartment complexes, adult family homes, community based residential facilities and skilled nursing facilities available to meet the different levels of care that may be needed by a person with dementia. When the time comes for a loved one to move to a care facility, it can be very difficult for both the person and the family. In addition, finding the right setting to meet the needs of the person with dementia can be both challenging and time consuming. The Alzheimer's & Dementia Alliance has a booklet available called *Residential Care: A Guide For Choosing a New Home* that provides several tips and examples of questions to ask as you search for a care facility. Please call 1-888-308-6251 for your free copy.

- **Residential Care Apartment Complex (RCAC)**

A residential care apartment complex is an apartment that includes a kitchen, living area, bedroom, private bathroom and an array of services including meals, housekeeping, laundry, arranging medical appointments and transportation. RCACs may provide up to 28 hours per week of personal care and/or nursing services. These facilities are most appropriate for a person with dementia who is in the very early stages, who can make their own decisions regarding care options, and who can live independently with minimal assistance, or for the person with dementia and his or her spouse together. These facilities are registered by the Wisconsin Department of Health & Family Services.

Greenway Terrace

547 East McKinley St.

Spring Green, WI 53588

608-588-2586 www.greenwayterrace.com

Maplewood Village

1425 Hemlock St.

Sauk City, WI 53583

608-643-8494

Oak Park Place (Assisted Living Unit)

800 Waldo Street, Baraboo, WI 53913

608-355-4111 website: www.oakparkplace.com

Reedsburg Area Senior Life Center – Ridgeview Place

2350 N. Dewey Ave.

Reedsburg, WI 53959

608-524-6577

- **Adult Family Homes (AFH)**

Adult Family Homes also combine housing and care. Adult Family Homes provide assistance and/or supervision with activities of daily living to 4 or fewer individuals. No more than 7 hours per week of nursing care can be given in an AFH. These facilities are licensed by the Department of Health & Family Services.

Ridgeview Adult Family Home

S9068 Cty Rd G, Plain, WI 53577

608-546-2287

Alzheimer's accepted? Yes (early stages) Dementia-specific facility? No

Number of beds: 4 Staff/Resident Ratio Day: 2:4 Night: 2:4

Security: Locks? Yes Door alarms (general)? No

Door alarms (person-specific)? No

Does the facility offer respite services? Yes

- **Community Based Residential Facilities (CBRF)**

A Community Based Residential Facility is a place where 5 or more individuals live and receive care. These facilities offer private or semi-private bedrooms with shared living and dining areas. Services include 3 meals per day, snacks, activities, assistance and/or supervision with activities of daily living. No more than 3 hours per week of nursing care can be provided in a CBRF setting. CBRFs are generally smaller than skilled nursing facilities. CBRFs are also licensed by the Department of Health & Family Services.

Casa de Oaks

E6846 Fawn Valley Drive, Reedsburg, WI 53959

608-524-4423

Alzheimer's accepted? Yes (if CMI or DD diagnosis also) Dementia-specific

facility? No Number of beds: 8 Staff/Resident Ratio Day: 2:8 Night: 1:8

Security: Locks? No Door alarms (general)? No Door alarms (person-

specific)? No. Does the facility offer respite services? Yes

Meadow Lane

1414 Jefferson St., Baraboo, WI 53913

608-355-3325 or 608-356-4838

Alzheimer's accepted? Yes (early stages) Dementia-specific facility? No

Number of beds: 25 Staff/Resident Ratio Day: 2:25 Night: 1:25

Security: Locks? No Door alarms (general)? No Door alarms (person-specific)?

No. Does the facility offer respite services? Yes

MeadowRidge Assisted Living

1700 Jefferson Street, Baraboo, WI 53913

(608) 356-8770

Alzheimer's accepted? Yes (early stages) Dementia-specific facility? No

Number of beds: 24 Staff/Resident Ratio Day: 1:13 Night: 1:13
Security: Locks? No. Door alarms (general)? Yes. Door alarms (person-specific)?
No. Does the facility offer respite services? Yes

MeadowView Memory Care

1600 Jefferson Street, Baraboo, WI 53913

(608) 356-2944

Alzheimer's accepted? Yes Dementia-specific facility? Yes

Number of beds: 17. Staff/Resident Ratio: Ask

Security: Locks? Yes Door alarms (general)? Ask. Door alarms (person-specific)?

Ask. Does the facility offer respite services? Yes

Oak Park Place (Memory Care Unit)

800 Waldo Street, Baraboo, WI 53913

608-355-4111 www.oakparkplace.com

Alzheimer's accepted? Yes Dementia-specific facility? Yes

Number of beds: 20. Staff/Resident Ratio: 1:8

Security: Locks? Delayed egress Door alarms (general)? Yes, and staff paged

Door alarms (person-specific)? No. Does the facility offer respite services? Yes

Our House Senior Living (Baraboo)

1200 Washington Ave., Baraboo, WI 53913

608-355-2344 www.ourhouseseniorliving.com

Alzheimer's accepted? Yes (early-middle stages) Dementia-specific facility? No

Number of beds: 20 Staff/Resident Ratio Day: 3:19 Night: 2:19

Security: Locks? Yes Door alarms (general)? Yes Door alarms (person-

specific)? No. Does the facility offer respite services? Yes

Our House Senior Living (Reedsburg)

1135 17th Ct., Reedsburg, WI 53959

608-524-1321 www.ourhouseseniorliving.com

Alzheimer's accepted? Yes (early stages). Dementia-specific facility? No

Number of beds: 12. Staff/Resident Ratio Day: 2:12 Night: 1:12

Security: Locks? No. Door alarms (general)? Yes. Door alarms (person-

specific)? No. Does the facility offer respite services? Yes

Our House Senior Living (Reedsburg 2)

355 Mack Drive, Reedsburg, WI 53959

608-524-6116

Alzheimer's accepted? Yes (early-middle stages) Dementia-specific facility? No

Number of beds: 16 Staff/Resident Ratio Day/Night: varies with resident care

needs. Security: Locks? No Door alarms (general)? Yes Door alarms (person-

specific)? No. Does the facility offer respite services? Yes

Our House Senior Living (Wisconsin Dells) 2 buildings

1950 State Rd 23, Wisconsin Dells, WI 53965

608-253-7901 www.ourhouseseniorliving.com

Accept people with Alzheimer's disease? Yes (Has 20-bed memory care facility)

Dementia-specific facility? Yes (one of the two buildings)

Number of beds: 40 Staff/Resident Ratio Day: 1:10 Night: 1:10

Security: Locks? No Door alarms (general)? Yes in memory care facility

Door Alarms (person-specific)? Yes in memory care facility

Does the facility offer respite services? Yes

Pine Villa

950 Prairie Street, Prairie du Sac, WI 53578

608-643-7343

Alzheimer's accepted? Yes (all stages) Dementia-specific facility? Yes

Number of beds: 14 Staff/Resident Ratio Day: 1:4 Night: 1:7

Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)? No. Does the facility offer respite services? Yes

The Pines Assisted Living LLC

1050 Prairie Street, Prairie du Sac, WI 53578

608-643-5433

Alzheimer's accepted? Yes (early stages) Dementia-specific facility? No

Number of beds: 24 Staff/Resident Ratio Day: 6:8 Night: 1:12

Security: Locks? No. Door alarms (general)? No Door alarms (person-specific)? No. Does the facility offer respite services? Yes

The Meadows of Spring Green

477 Rainbow Rd, Spring Green, WI 53588

608-588-2101

Alzheimer's accepted? Yes (early-middle stages) Dementia-specific facility? Yes

Number of beds: 24 Staff/Resident Ratio Day: 1:6 Night: 1:12

Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)? No. Does the facility offer respite services? Yes

The Narrows Assisted Living

E4796 Narrows Creek Rd, Loganville, WI 53943

(608) 727-2259

Alzheimer's accepted? Yes Dementia-specific facility? No

Number of beds: 8 Staff/Resident Ratio Day: 2:8 Night: 1:8

Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)? No. Does the facility offer respite services? Yes

Walnut Grove

1114 Silver Drive, Baraboo, WI 53913

608-356-4837

Alzheimer's accepted? Yes Dementia-specific facility? Yes

Number of beds:16 Staff/Resident Ratio Day: 1:5 Night: 2:16

Security: Locks? No Door alarms (general)? Yes

Door alarms (person-specific)? No. Does the facility offer respite services? Yes

- **Nursing Homes**

Nursing homes offer skilled nursing care and other services including: 3 meals per day, snacks, activities, assistance with activities of daily living, and dietician and social work services. Nursing homes are larger than either Community Based Residential Facilities or Adult Family Homes. They are most appropriate for frail individuals who have medical or nursing care needs. Some nursing homes have special care units designed to address the needs of people with dementia. Individuals who meet federal income requirements and need skilled nursing care may qualify for financial assistance.

Golden Living Center

300 Race St., Wisconsin Dells, WI 53965

608-254-2574

Accept people with Alzheimer's disease? Yes Dementia-specific unit? Yes; 2

Medicare and Medicaid accepted? Yes

Number of total beds: 88 Number of beds in dementia units: 21 & 15

Staff/Resident Ratio Day: 1:7 Night: 1:16

Security: Locks? No Door alarms (general)? Yes

Door alarms (person-specific)? Yes. Does the facility offer respite services? Yes

Greenway Manor

501 S. Winsted, Spring Green, WI 53588

608-588-2586 www.greenwayterrace.com

Alzheimer's accepted? Yes Dementia-specific unit? No

Number of beds: 60 Staff/Resident Ratio Day: 1:7 Night: 1:15

Medicare accepted? Yes Medicaid accepted? Yes

Security: Locks? No. Door alarms (general)? Yes. Door alarms (person-specific)?

Yes. Does the facility offer respite services? Yes

Maplewood of Sauk Prairie

245 Sycamore Street, Sauk City, WI 53583

608-643-3383

Alzheimer's accepted? Yes Dementia-specific unit? No

Number of beds: 120 Staff/Resident Ratio Day: 1:9 Night: ask

Medicare accepted? Yes Medicaid accepted? Yes

Security: Locks? No Door alarms (general)? Door alarms (person-specific)? Yes

Does the facility offer respite services? Yes

Reedsburg Area Senior Life Center-Ridgeview Terrace LTC

2350 N. Dewey Ave., Reedsburg, WI 53959

608-768-5805

Alzheimer's accepted? Yes Dementia-specific unit? No
Number of beds: 50 Staff/Resident Ratio Day: 10:50 Night: 4:50
Medicare accepted? Yes Medicaid accepted? Yes
Security: Locks? Yes Door alarms (general)? Yes Door alarms (person-specific)?
Yes. Does the facility offer respite services? Yes

St. Clare Meadows Care Center

1414 Jefferson Street, Baraboo, WI 53913

608-356-4838 www.stclare.com

Alzheimer's accepted? Yes Dementia-specific unit? No
Number of beds: 102 Staff/Resident Ratio Day: 1:18 (nurses) 1:7 (nursing
assistants) Night: 1:58 (nurses) 1:29 (nursing assistants)
Medicare accepted? Yes Medicaid accepted? Yes
Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)?
Yes. Does the facility offer respite services? No

Sauk County Health Care Center

1051 Clark St, Reedsburg, WI 53959

608-524-4371 www.co.sauk.wi.us/dept/hcc/index.html

Alzheimer's accepted? Yes Dementia-specific unit? Yes, 21 beds Staff/Resident
Ratio Day 4:1 Night:5:1 Total number of beds: 82 Staff/Resident Ratio Day
6:1 Night: 6:1 Medicare accepted? Yes Medicaid accepted? Yes
Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)?
Yes. Does the facility offer respite services? No

Wisconsin Veteran's Home (for veterans and veterans' spouses only)

N2665 County Road QQ

King, WI 54946

715-258-5586 dva.state.wi.us/Homes_king.asp

Zimmerman Nursing Home

617 4th Street, Reedsburg, WI 53959

608-524-3664

Alzheimer's accepted? Yes-on limited basis (pre-evaluation required)
Dementia-specific unit? No
Number of beds: 9 Staff/Resident Ratio Day: 1:5 Night: 1:9
Medicare accepted? No Medicaid accepted? No (private pay only)
Security: Locks? No Door alarms (general)? No Door alarms (person-specific)?
Yes. Does the facility offer respite services? No

LONG TERM CARE OMBUDSMAN

An ombudsman protects and promotes the rights of long-term care consumers and Community Options Program participants by working with them and their families to achieve quality care

and quality of life. The program is provided through the state of Wisconsin at no charge. They can investigate complaints and help families resolve problems.

For more information, contact:

Wisconsin Board on Aging & Long Term Care 1402 Pankratz St. Suite 111,
Madison, WI 53704 <http://longtermcare.wi.gov/> 1-800-815-0015