

Dementia Outreach Specialists

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Comments from ADAW Support Group Participants:

"It was wonderful to experience all the support given to families ..."

"A hopeless situation seems hopeful now – hopeful because I now feel more able to work through this ..."

"I have found the programs to be so helpful and beneficial in coping with my wife's diagnosis. I get great help from attending the support group sessions ..."



Alzheimer's & Dementia Alliance of Wisconsin

For more information:

6314 Odana Road, Suite 4
Madison, WI 53719

Phone (608) 232-3400
Toll-free (888) 308-6251

support@alzwissc.org
www.alzwissc.org



Support Groups

ADAW's support groups provide a safe, confidential, and supportive environment where you can meet with others, develop a support system and discuss issues related to caregiving and dementia.

www.alzwissc.org/find-support



Caregiver Support Groups

Men's Caregiver

1st Tuesday of month 1:00 - 2:30 PM *online*
3rd Tuesday of month 1:00 - 2:30 PM *in-person**

Contact Jeff Hamm

Adult Child Caregiver

1st Wednesday of month 6:30 - 8:00 PM *online*
3rd Wednesday of month 6:30 - 8:00 PM *in-person**

Contact Rose Kearney

Younger Caregiver

For those under 65 taking care of a loved one
4th Tuesday of month 3:00 - 4:30 PM *in-person**

Contact Rose Kearney

Lewy Body Dementia Caregiver

2nd Wednesday of month 1:30 - 3:00 PM *online*
4th Wednesday of month 1:30 - 3:00 PM *online*

Contact Janet Wiegel

Dane County Caregiver

2nd Thursday of month 1:00 - 2:30 PM *online*
4th Thursday of month 1:00 - 2:30 PM *in-person**

Contact Rose Kearney

*In-person at

6314 Odana Road, Suite 4, Madison WI

Lodi Caregiver

3rd Thursday of month • 1:00 - 2:30pm
Reach Out Lodi: 601 Clark St. Lodi, WI

Contact Janet Wiegel

Prairie du Chien Caregiver

4th Tuesday of month • 10:00 - 11:30 AM
Hoffman Hall:
1600 S. Wacouta Ave., Prairie du Chien, WI

Contact Heather Moore

Platteville Caregiver

2nd Thursday of month • 1:00 - 2:30 PM
PEAK Senior Center:
155 W. Lewis St., Platteville, WI

Contact Heather Moore

Portage Caregiver

1st Monday of month • 1:00 - 2:30 PM
Portage Public Library:
253 E. Edgewater St., Portage, WI

Contact Janet Wiegel

Columbus Caregiver

2nd Thursday of month • 10:00 - 11:30 AM
Columbus Senior Center:
125 N Dickason Blvd., Columbus, WI

Contact Janet Wiegel

Reedsburg Caregiver

3rd Wednesday of month • 12:00 - 1:30 PM
Reedsburg Public Library:
370 Vine St., Reedsburg, WI

Contact Janet Wiegel

Spring Green Caregiver

4th Monday of month • 1:00 - 2:30 PM
Spring Green Community Library:
230 E Monroe St., Spring Green, WI

Contact Janet Wiegel



For Those with a Diagnosis

Engage in facilitated discussions about the impact of living with early symptoms of dementia by sharing:

- Experiences and learning from one another how to live the best life with dementia.
- Laughs and receives help from each other through mutual understanding.
- Tips and strategies for coping with the many changes connected with the disease.

"Conversations" Early Stage Dementia Support Group

1st Monday of month 1:00 - 2:00 PM *online*
3rd Monday of month 1:00 - 2:00 PM *online*

Contact Rose Kearney

"Conversations" Early Stage Dementia Support Group

Weekly on Wednesday 10:30 AM - 12:00 PM *online*

Contact Rose Kearney

Learn more about our programs for those with a diagnosis at:
alzwissc.org/those-with-a-diagnosis