

# Adams County Community Resource Guide

The attached list provides information about community resources in Adams County that may be helpful to individuals and families who are coping with progressive memory loss, Alzheimer's disease or other dementias. Although the Alzheimer's & Dementia Alliance of Wisconsin does not endorse or promote one agency over another, we are available to help families identify those services which might best meet the individual's needs and circumstances.

If you have questions or need more information about resources available in our fifteen county service area, please call our Helpline at 888-308-6251 (toll-free) or contact one of the regional offices listed below.

Due to the changing nature of the industry, this list may not be comprehensive. This resource guide will be updated periodically on our website: <a href="https://www.alzwisc.org">www.alzwisc.org</a>

Revised May 2018

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## **ALZHEIMER'S & DEMENTIA ALLIANCE OF WISCONSIN**

The Alzheimer's & Dementia Alliance of Wisconsin (ADAW) provides support and education in south central and southwestern Wisconsin for individuals living with mild cognitive impairment, Alzheimer's disease or other types of dementia and their families and professional service providers.

ADAW helps guide those seeking a diagnosis, coping with day-to-day challenges, or making plans for the future and also advocates at the state level about matters that affect dementia-related research and legislation. As an independent, nonprofit organization, 100% of the donations we receive remain in Wisconsin and are tax-deductible. Contact us for help and support. We are your partner along the journey.

#### Main Office - Dane/Green County

3330 University Ave., Suite 300, Madison, WI 53705 608-232-3400

#### Columbia/Sauk County

2825 Hunters Trail, Portage WI 53901 608-742-9055

#### Green Lake/Marquette/Waushara County

P.O. Box 137, Green Lake, WI 54941 920-294-4100

#### **Rock County**

136 Grand Ave., Beloit, WI 53511 608-313-3335

888.308.6251 toll-free 608-232-3407 fax

#### Our services include:

- Helpline: 608-232-3400 or 888-308-6251
- Care consultations and family meetings
- Caregiver support groups
- Early stage programs
- Family & professional education programs

#### Adams/Juneau County

P.O. Box 83, Mauston, WI 53948 608-516-6248

#### Crawford/Grant/Iowa/ Lafayette County

P.O. Box 363, Lancaster, WI 53813 608-723-4288

#### **Richland County**

P.O. Box 363, Lancaster, WI 53813 608-723-4288

support@alzwisc.org www.alzwisc.org

- Print newsletter & email updates
- Resource library
- Public policy advocacy
- Educational materials & resource information

## MEMORY DIAGNOSTIC CLINICS

Memory diagnostic clinics offer a comprehensive, team approach to assessment, diagnosis and treatment. The staff at the memory diagnostic clinics are trained to identify the reason you or your loved one are experiencing memory loss or confusion. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%. The results of the evaluation will be shared with your primary physician for continued follow-up. For more information, contact:

#### **Dane County**

William S. Middleton Veterans Hospital - Geriatric Research Education Clinic Center 2500 Overlook Terrace, Madison, WI 53705 608-256-1901 ext. 17000 www.madison.va.gov

UW-Health Clinics Geriatric Assessment Clinic (East) 5249 E. Terrace Dr., Madison, WI 53718 608-265-1210 or 800-323-8942 <a href="www.uwhealth.org/neurology">www.uwhealth.org/neurology</a>

UW-Health Hospital & Clinics Memory Assessment Clinic - (for people 65 years of age and older)

2880 University Ave., Room 100, Madison, WI 53705 608-263-7740 www.uwhealth.org

UW Hospital Neurology Memory Clinic - (for anyone at any age; must have referral from Dr.) 600 Highland Ave., Madison WI 53705 608-263-5442

## **Grant County**

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic 1450 Eastside Rd., Platteville, WI 53818 608-348-3656 www.southwesthealth.org/find

## **Green County**

Monroe Clinic Memory Center 515 22nd Ave., Monroe, WI 53566 608-324-2148 or 800-338-0568

## Jefferson County

Fort HealthCare Memory Center

2018. Adams County Resource Guide Alzheimer's & Dementia Alliance of Wisconsin, Your partner along the journey www.alzwisc.org 611 Sherman Ave. E, Fort Atkinson, WI 53538 920-568-5334

#### **Juneau County**

Mile Bluff Medical Center Memory Assessment Clinic 1040 Division St., Mauston, WI 53948 608-847-7355

#### Richland County

Richland Area Geriatric Assessment Clinic 1313 W. Seminary St., Richland Center, WI 53581 608-647-6161 ext. 4210

## **Rock County**

Stateline Area Memory Clinic-Beloit Clinic 1905 Huebbe Parkway, Beloit, WI 53511 608-364-1288

#### Sauk County

Reedsburg Area Geriatric Assessment Clinic - Reedsburg Area Senior Life Center 2350 N. Dewey Ave., Reedsburg, WI 53959 608-647-6161 ext. 4210

UW-Health Clinics Geriatric Assessment Clinic - Sauk Prairie Hospital 250 26<sup>th</sup> St., Suite 120, Prairie Du Sac, WI 53578 608-643-6060

## **GERIATRIC MENTAL HEALTH SERVICES**

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can also help with challenging behavioral symptoms. Some signs that indicate mental health services may be needed include frequent or extreme mood swings, depression, suicidal tendencies, agitation, aggression, uncontrollable wandering or major changes in sleep.

## Inpatient Geriatric Mental Health Services:

Mendota Mental Health Institute 301 Troy Dr., Madison, WI 53704

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Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic

1450 Eastside Rd., Platteville, WI 53818

608-348-3656 <u>www.southwesthealth.org/find</u>

Stoughton Hospital- Geriatric Psychiatry

900 Ridge St., Stoughton, WI 53589

608-873-2242 <u>www.stoughtonhospital.com</u>

#### **Outpatient Geriatric Mental Health Services:**

Mobile Outreach to Seniors Team (MOST)
c/o Journey Mental Health

625 W. Washington Ave., Madison, WI 53703

608-280-2560 Crisis: 608-280-2600 <u>www.journeymhc.org</u>

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic

1450 Eastside Rd., Platteville, WI 53818

608-348-3656 <u>www.southwesthealth.org/find</u>

#### INFORMATION, REFERRAL, & ASSISTANCE

There are agencies in every county who are available to help with general information and referral assistance to help you locate resources in your area. For more information contact:

Alzheimer's & Dementia Alliance of Wisconsin (see page 3 for more information)

608-232-3400 or 888-308-6251 <u>www.alzwisc.org</u>

Adams/Juneau County Regional Office: 608-516-6248

Aging & Disability Resource Center of Adams, Green Lake and Waushara Counties

569 N. Cedar St., Suite 4, Adams, WI 53910

877-883-5378 <u>www.adrcinformation.org</u>

Adams County Department of Human Services

108 E. North St., Friendship, WI 53934

608-339-4505

VA Caregiver Support, Margaret Flood, VA Hospital Madison

888-478-8321 Ext.11485

If you are a family member or friend providing care for Veteran who is living with the effects of war, disabled, chronically ill or aging, VA Caregiver Support is there to support you with recources, tools, answers and a listening ear.

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#### **OUTREACH & CASE MANAGEMENT SERVICES**

Case managers can help you by assessing what resources you and your family might need and helping you access these services and plan for the future. In some counties, there are case managers who work through county agencies, senior centers, or coalitions.

Aging & Disability Resource Center of Adams, Green Lake and Waushara Counties 569 N. Cedar St., Suite 4, Adams, WI 53910 877-883-5378 <a href="https://www.adrcinformation.org">www.adrcinformation.org</a>

Adams County Department of Human Services 108 E. North St., Friendship, WI 53934 608-339-4505

## SUPPORT GROUPS

Support groups provide family caregivers a chance to come together to learn new information, share experiences and ideas and support one another. For information, contact:

Aging & Disability Resource Center of Adams, Green Lake and Waushara Counties 569 N. Cedar St., Suite 4, Adams, WI 53910 877-883-5378 www.adrcinformation.org

## LEGAL SERVICES

Legal and financial planning should begin soon after the diagnosis has been made. Planning involves putting together documents that authorize another person to make necessary health care and financial decisions and reviewing your financial resources. If planning is done early, the person with the disease can actively participate in making the necessary arrangements. It is often a good idea to consult with an attorney who specializes in elder law. A benefit specialist can also guide you in this process. To obtain free copies of the basic power of attorney forms contact:

Department of Health & Family Services, Division of Public Health P.O. Box 309, Madison WI 53701

www.dhs.wisconsin.gov/forms/advdirectives/adformspoa.htm

## **Elder Law Attorney**

An attorney who specializes in elder law can be helpful to families in many ways. They can help you develop a legal and financial plan, write Powers of Attorney for Health Care and Finances, and help with guardianship proceedings.

For information on where to find an attorney who specializes in elder law, contact:

Wisconsin State Bar Association

608-257-4666 or 800-362-9082 www.wisbar.org

Alzheimer's & Dementia Alliance of Wisconsin 608-232-3400 or 888-308-625 www.alzwisc.org

National Academy of Elder Law Attorneys 520-881-4005 www.naela.org

#### Guardianship

A guardianship is a special relationship between two people, one of whom, called the guardian, acts on behalf of the ward. This relationship may be ordered by a circuit court when it finds that a person is no longer competent to manage his or her affairs. A relative, public official or any other person may petition the court to have a guardianship established. For questions related to advance planning alternatives, guardianship or protective services/placement, contact:

Wisconsin Guardianship Support Center Hotline 855-409-9410 or <a href="mailto:quardian@gwaar.org">quardian@gwaar.org</a> <a href="http://www.gwaar.org/">http://www.gwaar.org/</a>

## FINANCIAL ASSISTANCE

#### **Benefit Specialist Program**

Benefit Specialists provide information, assistance and advocacy to residents age 60 and older. Benefit Specialists' services range from providing information about eligibility criteria and help in applying for a wide range of benefits, to appealing application denials, terminations or reductions in benefits. Benefit Specialists receive in-depth, on-going training in the areas of benefit and entitlement programs and other issues affecting older adults, including Medicare, Medical Assistance, Social Security, Supplemental Security Income (SSI), Food Stamps, housing, the Family Care program and more. An attorney provides supervision and support to Benefit Specialists and works closely with them to ensure high-quality advocacy and representation of older WI residents. For more information, contact:

Aging & Disability Resource Center of Adams, Green Lake and Waushara Counties 569 N. Cedar St., Suite 4, Adams, WI 53910 877-883-5378 www.adrcinformation.org

# Alzheimer's Family Caregiver Support Program (AFCSP)

The Alzheimer's Family Caregiver Support Program is authorized by Wisconsin Department of Health Services (DHS) and designed to support families caring for a person with Alzheimer's disease or other dementia in their home. The program offers funds to purchase services such as in-home respite, home delivered meals, adult day care, personal care good, safety

improvements and transportation. Some eligibility requirements apply. For more information contact:

Aging & Disability Resource Center of Adams, Green Lake and Waushara Counties 569 N. Cedar St., Suite 4, Adams, WI 53910 877-883-5378 <a href="https://www.adrcinformation.org">www.adrcinformation.org</a>

## **Family Care**

The Family Care Program is a coordinated system of services aimed at assisting people who are elderly or disabled to remain in their own homes. Persons who appear to be at risk of entering a nursing home are eligible to receive a Family Care assessment and a service plan at no cost. Cost for Family Care services is determined on a case-by-case basis depending on the income, assets and expenditures of the individual needing services. Some people will pay for all or part of the services received; others may have all of their services paid for by Family Care. The cost will be determined before services are provided, so that the individual can decide whether to accept services or not. Some people may have to have their names put on a waiting list due to limited funding. To apply for Family Care, IRIS or for additional information, contact:

Aging & Disability Resource Center of Adams, Green Lake and Waushara Counties 569 N. Cedar St., Suite 4, Adams, WI 53910 877-883-5378 www.adrcinformation.org

## National Family Caregiver Support Program (NFCSP)

The National Family Caregiver Support Program was developed by the Administration on Aging through the Older Americans Act to respond to the needs of family caregivers. The program offers five basic services including information to caregivers about available services; assistance to caregivers in gaining access to these supportive services; individual counseling, organizing of support programs and training to assist the caregiver; respite care to enable caregivers to get temporary relief from caregiving responsibilities; and limited supplemental services to compliment the care provided by caregivers. For more information contact:

Aging & Disability Resource Center of Adams, Green Lake and Waushara Counties 569 N. Cedar St., Suite 4, Adams, WI 53910 877-883-5378 www.adrcinformation.org

## Medical Assistance (Medicaid)

The Medical Assistance (MA) program is a cooperative federal and state program that provides medical care to individuals with low incomes and little assets. MA covers care in some institutional/long-term care settings such as nursing homes and covers some care in the community as well. To apply for Medical Assistance or for more information, contact:

Adams County Department of Human Services 108 E. North St., Friendship, WI 53934 608-339-4505

#### SeniorCare Prescription Drug Assistance Program

SeniorCare is Wisconsin's Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older and who meet eligibility requirements. Some eligibility requirements apply. For more information contact:

SeniorCare Customer Service Hotline 800-657-2038 <u>www.dhs.wisconsin.gov/seniorcare</u>

## **EMERGENCY RESPONSE SERVICES**

MedicAlert® + Safe Return®

MedicAlert® + Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer's disease or a related dementia who are at risk of becoming lost. If someone enrolled in the program is reported missing, essential information is faxed to local law enforcement agencies to initiate a search. If a concerned citizen finds the missing person, the person's ID jewelry (bracelet or necklace) provides a toll-free number to call for help. MedicAlert® + Safe Return® then notifies the missing person's contacts and makes sure the person is safely returned home. To obtain more information or an application, call 888-572-8566.

## **TRANSPORTATION**

Transportation services differ among communities. Some areas offer bus or van services, have volunteer drivers or use 'shared ride' taxi services to provide transportation to older adults who do not drive. For more information contact:

Aging & Disability Resource Center of Adams, Green Lake and Waushara Counties 569 N. Cedar St., Suite 4, Adams, WI 53910 877-883-5378 <a href="https://www.adrcinformation.org">www.adrcinformation.org</a>

# **NUTRITION SITES AND HOME-DELIVERED MEALS**

Congregate nutrition sites and home-delivered meals are available in many communities on a donation basis. This is a great way to get help with one of your daily responsibilities and receive a hot, nutritious meal. Questions to ask may include the cost of the meals, how often they are offered, if transportation is available to congregate nutrition sites, and if special diets can be accommodated. For information on a nutrition site close to you or on home-delivered meals, contact:

Aging & Disability Resource Center of Adams, Green Lake and Waushara Counties 569 N. Cedar St., Suite 4, Adams, WI 53910 877-883-5378 www.adrcinformation.org

## **HOME CARE SERVICES**

Home care agencies provide a variety of services to help people in their homes. Some home care agencies specialize in particular services while others provide a wide range of services. Most agencies charge a fee; volunteer organizations accept donations.

Some county aging units also keep lists of private individuals who provide home-care services in their county. It is up to the family to screen any private individual they hire, and to ensure that state and federal tax law is being adhered to. Anyone who hires a private individual as a home care worker on a regular or frequent basis may become an employer under the law and be responsible for paying unemployment insurance and social security/Medicare taxes to the government on the worker's behalf.

Using home care services can help to extend the period of time a loved one can be successfully cared for at home by supplying needed supplemental help and preserving the health and energy of the family caregiver.

## Types of Home Care Services:

- Chore services typically include light housekeeping, laundry, meal preparation and shopping.
- Companion care (respite) typically includes oversight/companionship for the person with
  memory loss so that his or her primary caregivers can take time off from caregiving to keep
  appointments, attend events, catch up on chores, sleep or simply enjoy a break. Companion
  care can be provided in a variety of settings, but is usually provided in the residence of the
  person receiving care. Companion care can often be combined with chore service and/or
  personal care assistance. Companions might also take people on outings, enabling them to
  attend events, volunteer and visit favorite people and places.
- Personal care services typically include assistance with dressing, bathing, grooming, meals and toileting, as needed.
- Home health care is provided by nurses, certified nursing assistants or professional therapists
  and includes medication management, skilled nursing services, bathing and occupational,
  physical and speech therapies. Depending on the situation, the caregiver might be able to
  take a break from caregiving while home health care is being provided.

- A live-in caregiver provides 24 hour/day assistance in the home. Services include personal care, home chores, companionship and oversight of the person in need of care. Some people hire someone they know to live in the home. Others look for live-in caregivers through the local university or by placing an advertisement. Some companion care and home health agencies can provide 24 hour/day shift care.
- Hospice care services are available to individuals at the end of life. Services usually can be
  provided in the home or in a facility. Some agencies have free-standing hospice in-patient
  facilities. Hospice provides nursing care, respite and grief support for families.

# **HOME SERVICE AGENCIES**

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|------------------------------------|-------------------|-------------------|------------------|----------------|-----------------|---------|
|                                    | Chore<br>Services | Companion<br>Care | Personal<br>Care | Home<br>Health | Live in<br>Care | Hospice |
| Agree Hoopies                      | Services          | Care              | Cure             | Healin         | Care            | Х       |
| Agrace Hospice                     |                   |                   |                  |                |                 | ^       |
| 5395 E. Cheryl Parkway             |                   |                   |                  |                |                 |         |
| Madison, WI 53711                  |                   |                   |                  |                |                 |         |
| 608-276-4660 <u>www.agrace.org</u> |                   |                   |                  |                |                 |         |
| Alpha Services                     |                   |                   |                  | X              |                 |         |
| 5600 Woodland St, Ste 3C           |                   |                   |                  |                |                 |         |
| Stevens Point, WI 54482            |                   |                   |                  |                |                 |         |
| Aspirus At Home                    |                   |                   |                  | X              |                 |         |
| 520 N 32 <sup>nd</sup> Avenue      |                   |                   |                  | ^              |                 |         |
|                                    |                   |                   |                  |                |                 |         |
| Wausau, WI 54401                   |                   |                   |                  | .,,            |                 |         |
| Divine Savior Home Care            |                   |                   |                  | Х              |                 |         |
| 2805 Hunters Trail                 |                   |                   |                  |                |                 |         |
| Portage, WI 53901                  |                   |                   |                  |                |                 |         |
| 608-745-6400                       |                   |                   |                  |                |                 |         |
| www.dshealthcare.com               |                   |                   |                  |                |                 |         |
| Faith in Action of Adams County    | Х                 | Х                 |                  |                |                 |         |
| 108 E North St                     |                   |                   |                  |                |                 |         |
| Friendship, WI 53934               |                   |                   |                  |                |                 |         |
| 608-339-0504                       |                   |                   |                  |                |                 |         |
| www.faacwi.org                     |                   |                   |                  |                |                 |         |
| Home Health United VNS             |                   |                   |                  | Х              |                 |         |
| 2802 Walton Commons Lane           |                   |                   |                  |                |                 |         |
| Madison, WI 53718                  |                   |                   |                  |                |                 |         |
| 608-745-6206                       |                   |                   |                  |                |                 |         |

| Home Health United Hospice              |  |          | Х |
|---|--|----------|---|
| 1111 Eighth St.                         |  |          | ^ |
| Baraboo, WI 53913                       |  |          |   |
| 800-924-2273                            |  |          |   |
|   |  |          |   |
| www.HomeHealthUnited.org Homeward Bound |  | Χ        |   |
|   |  | <b>X</b> |   |
| 130 W Elm St                            |  |          |   |
| Lancaster, WI 53813                     |  |          |   |
| www.hwbcare.com                         |  |          |   |
| Hospice Advantage                       |  |          | Х |
| 79 N Pioner Rd                          |  |          |   |
| Fond du Lac, WI 54935                   |  |          |   |
| 920-922-1560                            |  |          |   |
| www.hospiceadvantage.com                |  |          |   |
| International Quality Homecare          |  | Χ        |   |
| 139n S main St/. Ste D                  |  |          |   |
| Adams, WI 53910                         |  |          |   |
| 888-200-5530 <u>www.alphaigh.com</u>    |  |          |   |
| Hospice Home of Hope                    |  |          | Χ |
| Agnesian Health Care System             |  |          |   |
| 400 County Road                         |  |          |   |
| Fond du Lac, WI 54936                   |  |          |   |
| 920-923-7950/800-236-4156               |  |          |   |
| Hospice Touch                           |  |          | Х |
| 1874 Hwy 13                             |  |          |   |
| Friendship, WI 53934                    |  |          |   |
| 608-339-7500                            |  |          |   |
| Maxim Healthcare Services Inc           |  | X        |   |
| 5752 Tokay Blvd, Ste 500                |  |          |   |
| Madison, WI 53719<br>608-232-1000       |  |          |   |
|   |  | Χ        |   |
| Ministry Home Care-Home Health          |  | ^        |   |
| 303 W. Upham St., Ste 208               |  |          |   |
| Marshfield, WI 54449<br>715-301-7260    |  |          |   |
|   |  |          |   |
| www.ministryhomecare.org                |  |          | V |
| Ministry Home Care-Hospice              |  |          | X |
| 2501 Main St., Ste A                    |  |          |   |
| Stevens Point, WI 54481                 |  |          |   |
| 715-346-5355/800-398-1297               |  |          |   |
| www.ministryhomecare.org                |  |          |   |

| Preferred Home Health Solutions LLC | Х | Х | Х |   |   |
|-------------------------------------|---|---|---|---|---|
| 974 Fern Ave.                       |   |   |   |   |   |
| Grand Marsh, WI 53936               |   |   |   |   |   |
| www.phhs-llc.com                    |   |   |   |   |   |
| Recover Health                      |   |   |   | Χ |   |
| 520 South Blvd., Baraboo, WI 53913  |   |   |   |   |   |
| 608-356-7570                        |   |   |   |   |   |
| <u>www.recoverhealth.org</u>        |   |   |   |   |   |
| ThedaCare At Home-Appleton          |   |   |   |   | Χ |
| 3000 E College Ave, Ste A           |   |   |   |   |   |
| Appleton, WI 54911                  |   |   |   |   |   |
| 920-969-0919/800-984-5554           |   |   |   |   |   |
| www.thedacare.org                   |   |   |   |   |   |
| SouthernCare Hospice Services       |   |   |   |   | Χ |
| 914 Furman Drive, Ste 1             |   |   |   |   |   |
| Waupaca, WI 54981                   |   |   |   |   |   |
| 715-942-8201                        |   |   |   |   |   |
| www.southerncare.com                |   |   |   |   |   |

## **ADULT DAY SERVICES**

Adult day programs provide structured support for the older person and are another way for a caregiver to obtain respite from caregiving responsibilities. Some programs are dementia specific. Participants engage in a variety of pastimes, including exercise, music, social activities, and meals. Costs vary. Individuals who meet eligibility requirements may qualify for financial support or sliding fee scales. For more information, contact:

North Star Services, Inc. 450 E. State St., Adams, WI 53910 608-339-7600

# SENIOR LIVING ADVISORS

A Place for Mom

608-477-4656 <u>www.aplaceformom.com</u>

A Place for Mom provides options, information and educational resources to help make informed decisions regarding independent living, home care, residential care homes, assisted living, specialized memory care and skilled nursing. These services are paid by participating communities and providers, therefore this service is offered at no cost to families.

## **FACILITY RESPITE**

Respite at residential care facilities may be arranged during the day, for an overnight visit, or multiple day stays. This type of respite is helpful for caregivers who need a longer break to take a vacation or attend to other responsibilities. Please contact individual facilities for more details on available respite services at residential facilities. See listings in **Residential Care** section below.

## RESIDENTIAL CARE

There are a variety of facilities including residential care apartment complexes, adult family homes, community based residential facilities and skilled nursing facilities available to meet the different levels of care that may be needed by a person with dementia

#### Choosing a New Home

When the time comes for a person with Alzheimer's disease or other dementias to move into a residential care setting (e.g., nursing home, community based residential facility, assisted living, etc.), it can be very difficult for both the person and family. In addition, finding the right residential care setting to meet the needs of the person with dementia can be challenging and time consuming. Listed below are a few tips as you begin the search for a new home. The Alzheimer's & Dementia Alliance of Wisconsin is always available to answer questions and help in problem-solving.

- 1. Visit different places. If possible, it is usually best to visit any place that you are considering. The amount of care required and the atmosphere desired will determine the type of residential care setting you should visit. Visiting unannounced at different times of day can give you an idea of what an average day may be like.
- 2. Ask questions. It is important to ask specific questions about the facility's ability to provide dementia care. For example:
  - What is your philosophy regarding Alzheimer/dementia care?
  - What is your process for developing a care/service plan?
  - What approaches are used when providing care to persons with dementia?
  - What types of activities are offered?
  - What are your staff qualifications and staffing levels?
  - How is your staff trained in dementia specific care?
  - How does your environment support persons with dementia?
- 3. Call the Alzheimer's & Dementia Alliance of Wisconsin (608-232-3400 or 888-308-6251) for a handout or email copy of "RESIDENTIAL CARE: A GUIDE TO CHOOSING A NEW HOME".
- 4. Talk with others. Often times, there may be people you know family, friends, neighbors, co-workers who can recommend a place that worked well for them. If possible, talk with family members and/or residents of facilities that you are considering. REMEMBER: Every

individual situation is unique. What works well for one person, may not work for another. Use input from others as only one of several deciding factors.

## Residential Care Apartment Complex (RCAC)

A residential care apartment complex is an apartment that includes a kitchen, living area, bedroom, private bathroom and an array of services including meals, housekeeping, laundry, arranging medical appointments and transportation. RCACs may provide up to 28 hours per week of personal care and/or nursing services. These facilities are most appropriate for a person with dementia who is in the very early stages, who can make their own decisions regarding care options, and who can live independently with minimal assistance, or for the person with dementia and his or her spouse together. These facilities are registered by the Wisconsin Department of Health & Family Services.

#### **Our House Senior Living**

2711 12<sup>th</sup> Street, Wisconsin Rapids, Wi 54494 715-423-1700 www.OurHouseSeniorLiving.com

#### **Our House Senior Living - Portage**

215 Northridge Dr., Portage, WI 53901 608-745-0331 <a href="https://www.OurHouseSeniorLiving.com">www.OurHouseSeniorLiving.com</a>

#### Adult Family Homes (AFH)

Adult Family Homes also combine housing and care. Adult Family Homes provide assistance and/or supervision with activities of daily living to 4 or fewer individuals. No more than 7 hours per week of nursing care can be given in an AFH. These facilities are licensed by the Department of Health & Family Services. For more information, contact:

Fosnow Adult Family Home IV 1155 S. Czech Ct., Friendship, WI 53934 608-339-2946 www.continuus.org

Sherry Pesavas Adult Family Home 173 S. Pierce St., Adams, WI 53910 608-339-6071 www.continuus.org

## Community Based Residential Facilities (CBRF)

A Community Based Residential Facility is a place where 5 or more individuals live and receive care. These facilities offer private or semi-private bedrooms with shared living and dining areas. Services include 3 meals per day, snacks, activities, assistance and/or supervision with activities of daily living. No more than 3 hours per week of nursing care can be provided in a CBRF setting. CBRFs are generally smaller than skilled nursing facilities. CBRFs are also licensed by the Department of Health & Family Services.

Liberty Village of Adams

550 W. Liberty St., Adams, WI 53910

608-339-9444

Accept people with Alzheimer's disease or other dementias? NA

Dementia Specific Facility? NA

Family Care funding accepted? NA

Number of beds: 40

Staff/Resident Ratio: Day: NA Night: NA

Security: Locks? NA Door Alarms (general)? NA Door Alarms (person-specific)?

NA

Does the facility offer respite services? NA

#### **Nursing Homes**

Nursing homes offer skilled nursing care and other services including: 3 meals per day, snacks, activities, assistance with activities of daily living, and dietician and social work services. Nursing homes are larger than either Community Based Residential Facilities or Adult Family Homes. They are most appropriate for frail individuals who have medical or nursing care needs. Some nursing homes have special care units designed to address the needs of people with dementia. Individuals who meet federal income requirements and need skilled nursing care may qualify for financial assistance.

Villa Pines Living Center

201 Park St., PO Box 130 Friendship, WI 53934

608-339-3361 Phone

608-339-9468 Fax

Accept people with Alzheimer's disease or other dementias? Yes

Dementia Specific Unit? Yes

Number of total beds: 85 Number of beds in Dementia Unit: 17

Staff/Resident Ratio: Day: 3:17 Night: NA

Medicare accepted? Yes Medicaid accepted? Yes

Security: Locks? No Door Alarms (general)? NA Door Alarms (person-

specific)? NA

Does the facility offer respite services? NA

# LONG TERM CARE OMBUDSMAN

An ombudsman protects and promotes the rights of long term care consumers and Community Options Program participants by working with them and their families to achieve quality care. The program is provided at no charge. Ombudsmen can investigate complaints and help families resolve problems with long term care service providers. For more information, contact:

Wisconsin Board on Aging & Long Term Care
1402 Pankratz St., Suite 111, Madison, WI 53704
800-815-0015 <a href="http://longtermcare.wi.gov/">http://longtermcare.wi.gov/</a>