

Dane County Community Resource Guide

The attached list provides information about community resources in Dane County that may be helpful to individuals and families who are coping with progressive memory loss, Alzheimer's disease or other dementias. Although the Alzheimer's & Dementia Alliance of Wisconsin does not endorse or promote one agency over another, we are available to help families identify those services which might best meet the individual's needs and circumstances.

If you have questions or need more information about resources available in our fifteen county service area, please call our Helpline at 888-308-6251.

Due to the changing nature of this industry, this list may not be comprehensive. This resource guide will be updated periodically on our website: www.alzwisc.org

Revised September 2019

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ALZHEIMER'S & DEMENTIA ALLIANCE OF WISCONSIN

The Alzheimer's & Dementia Alliance of Wisconsin (ADAW) provides support and education in south central and southwestern Wisconsin for individuals living with mild cognitive impairment, Alzheimer's disease or other types of dementia and their families and professional service providers.

ADAW helps guide those seeking a diagnosis, coping with day-to-day challenges, or making plans for the future and also advocates at the state level about matters that affect dementia-related research and legislation. As an independent, nonprofit organization, 100% of the donations we receive remain in Wisconsin and are tax-deductible. Contact us for help and support. We are your partner along the journey.

Main Office - Dane/Green County

3330 University Ave., Suite 300, Madison, WI 53705
608-232-3400

Adams/Juneau County

P.O. Box 83, Mauston, WI 53948
608-516-6248

Columbia/Sauk County

2825 Hunters Trail, Portage WI 53901
608-742-9055

Crawford/Grant/Iowa/ Lafayette County

P.O. Box 363, Lancaster, WI 53813
608-723-4288

Green Lake/Marquette/Waushara County

P.O. Box 137, Green Lake, WI 54941
920-294-4100

Richland County

P.O. Box 363, Lancaster, WI 53813
608-723-4288

Rock County

136 Grand Ave., Beloit, WI 53511
608-313-3335

888.308.6251 toll-free

608-232-3407 fax

support@alzwisc.org

www.alzwisc.org

Our services include:

- Helpline: 608-232-3400 or 888-308-6251
- Care consultations and family meetings
- Caregiver support groups
- Early stage programs
- Family & professional education programs
- Print newsletter & email updates
- Resource library
- Public policy advocacy
- Educational materials & resource information

MEMORY DIAGNOSTIC CLINICS

Memory diagnostic clinics offer a comprehensive, team approach to assessment, diagnosis and treatment. The staff at the memory diagnostic clinics are trained to identify the reason you or your loved one are experiencing memory loss or confusion. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%. The results of the evaluation will be shared with your primary physician for continued follow-up. For more information, contact:

Dane County

William S. Middleton Veterans Hospital - Geriatric Research Education Clinic Center
2500 Overlook Terrace, Madison, WI 53705
608-256-1901 ext. 17000 www.madison.va.gov

UW-Health Clinics Geriatric Assessment Clinic (East)
5249 E. Terrace Dr., Madison, WI 53718
608-265-1210 or 800-323-8942 www.uwhealth.org/neurology

UW-Health Hospital & Clinics Memory Assessment Clinic - (for people 65 years of age and older)
2880 University Ave., Room 100, Madison, WI 53705
608-263-7740 www.uwhealth.org

UW Hospital Neurology Memory Clinic - (for anyone at any age; must have referral from Dr.)
600 Highland Ave., Madison WI 53705
608-263-5442

Grant County

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656 www.southwesthealth.org/find

Green County

Monroe Clinic Memory Center
515 22nd Ave., Monroe, WI 53566
608-324-2148 or 800-338-0568

Jefferson County

Fort HealthCare Memory Center

611 Sherman Ave. E, Fort Atkinson, WI 53538
920-568-5334

Juneau County

Mile Bluff Medical Center Memory Assessment Clinic
1040 Division St., Mauston, WI 53948
608-847-7355

Richland County

Richland Area Geriatric Assessment Clinic
1313 W. Seminary St., Richland Center, WI 53581
608-647-6161 ext. 4210

Rock County

Stateline Area Memory Clinic- Beloit Clinic
1905 Huebbe Parkway, Beloit, WI 53511
608-364-1288

Sauk County

Reedsburg Area Geriatric Assessment Clinic - Reedsburg Area Senior Life Center
2350 N. Dewey Ave., Reedsburg, WI 53959
608-647-6161 ext. 4210

UW-Health Clinics Geriatric Assessment Clinic - Sauk Prairie Hospital
250 26th St., Suite 120, Prairie Du Sac, WI 53578
608-643-6060

GERIATRIC MENTAL HEALTH SERVICES

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can also help with challenging behavioral symptoms. Some signs that indicate mental health services may be needed include frequent or extreme mood swings, depression, suicidal tendencies, agitation, aggression, uncontrollable wandering or major changes in sleep.

Inpatient Geriatric Mental Health Services:

Mendota Mental Health Institute
301 Troy Dr., Madison, WI 53704

608-301-1000 www.dhs.wisconsin.gov/mendota

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656 www.southwesthealth.org/find

Stoughton Hospital- Geriatric Psychiatry
900 Ridge St., Stoughton, WI 53589
608-873-2242 www.stoughtonhospital.com

Outpatient Geriatric Mental Health Services:

Mobile Outreach to Seniors Team (MOST)
c/o Journey Mental Health
625 W. Washington Ave., Madison, WI 53703
608-280-2560 Crisis: 608-280-2600 www.journeymhc.org

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656 www.southwesthealth.org/find

INFORMATION, REFERRAL & ASSISTANCE

There are agencies in every county who are available to provide general information and referral assistance to help you locate resources in your area.

Alzheimer's & Dementia Alliance of Wisconsin (See pg. 3 for information on programs and services.)

517 N. Segoe Rd., Suite 301, Madison, WI 53705
608-232-3400 or 1-888-308-6251 www.alzwisc.org

Aging & Disability Resource Center of Dane County
608-240-7400 or 1-855-417-6892 www.daneadrc.org

Area Agency on Aging of Dane County
608-261-9930 www.aaa.dcdhs.com

Dane County Department of Human Services
608-242-6242 www.danecountyhumanservices.org

Elder Abuse & Neglect Helpline
608-261-9933

Use this Helpline to report suspected abuse or neglect of an elder living in the community. This may include physical, emotional or financial abuse as well as self-neglect.

Senior Centers/Senior Coalitions

(See "Outreach & Case Management" list)

Senior Centers and Coalitions offer a wide variety of programs and services for older adults including information, assistance and referral as well as social activities, classes, meals and loan closets.

Senior Hotline to Help (Dane County)

608-266-9007

The Hotline is an information and referral service from the Dane County Department of Human Services Area Agency on Aging and Long Term Support Units. They can provide information on services and programs available to seniors.

Supporting Active Independent Lives (SAIL)

608-230-4321 www.SailToday.org

SAIL is a nonprofit membership organization of 55+ in Madison. SAIL membership includes referrals to prescreened service providers, daily automated check-in service, house checks, wellness services, social events and clubs, member-helping-member volunteer opportunities, discounts to MSCR, SAIL S.O.S. and more.

United Way 2-1-1

2-1-1 (Dane County) www.unitedwaydanecounty.org

608-246-4350 (outside Dane County and cellular phones)

United Way 2-1-1 is a community resource line, providing 24-hour, 365-day a year, free and confidential comprehensive telephone information and referral services for people in Dane County, Wisconsin, who are in need of help or who want to give help.

VA Caregiver Support, Margaret Flood, VA Hospital Madison

888-478-8321 ext. 11485

If you are a family member or friend providing care for a Veteran who is living with the effects of war, disabled, chronically ill or aging, VA Caregiver Support is there to support you with resources, tools, answers and a listening ear.

OUTREACH & CASE MANAGEMENT SERVICES

Case managers can help you by assessing what resources you and your family might need and by helping you access these services and plan for the future.

Aging & Disability Resource Center of Dane County

2865 N. Sherman Ave., Northside Town Center, Madison WI 53704
608-240-7400 or 855-417-6892 www.daneadrc.org

Dane County Senior Center/ Outreach Offices:

Belleville Senior Center	424-6007
Colonial Club (Sun Prairie)	837-4611
DeForest Senior Center	846-9469
East Madison/Monona Coalition	223-3100
Fitchburg Senior Center	270-4290
McFarland Outreach	838-7117
Middleton Senior Center	831-2373
North/Eastside Senior Coalition	243-5252
Northwest Dane Senior Outreach	798-6937
Oregon Area Senior Center	835-5801
South Madison Coalition	251-8405
SW Dane Senior Outreach	437-6902
Stoughton Senior Center	873-8585
Verona Senior Center	845-7471
Waunakee Senior Center	849-8385
West Madison Senior Coalition	238-7368

Care Management Services

There are also private case managers with whom families can contract to coordinate a variety of services for individuals and families, usually for a fee.

Aging Manager - Shannon Wall, MSSW
Center Ave., Madison, WI 53704
608-335-2959 www.agingmanager.com

Atempo LLC
Nancy Nie, RN, CCM, CLNC, CNLCP
3917 Partridge Rd., DeForest, WI 53532
608-335-8218 nancynie@chorus.net

BrightStar Healthcare
3240 University Ave., Suite 3A, Madison, WI 53705
608-441-8620

Comfort Keepers
5396 King James Way, Suite 210, Madison, WI 53719

608-442-1898 www.comfortkeepers.com

Community Living Alliance, CLA Care Solutions™
1414 MacArthur Rd., P.O. Box 8028, Madison, WI 53708-8028
608-242-8335 www.clanet.org

Jewish Social Services of Madison
6434 Enterprise Ln., Madison, WI 53719
608-278-1808 www.jssmadison.org

Marianne Ewig, MSW, ACSW
711 Orchard St., Suite 201, Madison, WI 53715
608-204-7323 or 414-588-3132

Nurse Advisor
Connie Hundt Golden, RN, MSN
P.O. Box 5544, Madison, WI 53705
608-712-0392

Senior Helpers
4726 East Towne Blvd., Suite 120, Madison WI 53704
608-729-5365 www.seniorhelpersmadison.com

South Madison Coalition of the Elderly
128 E. Olin Ave, Suite 110
Madison, WI 53713
608-251-8405 www.smelder.com

Supportive Elder Services, LLC
313 Price Place Suite 110, Madison WI 53705
608-231-6734

SUPPORT GROUPS

Support groups provide family caregivers a chance to come together to learn new information; support one another and share caregiving tips, experiences and ideas. Most meet monthly. Many are specifically for those caring for loved ones with memory loss or dementia.

Contact the Alzheimer's & Dementia Alliance of Wisconsin at 608-232-3400 or 888-308-6251 or visit our website www.alzwisc.org for a list of support groups in your area.

MEMORY CAFES

Memory Cafés are social gathering places where individuals with memory challenges, mild cognitive impairment, early-stage Alzheimer’s disease or other types of early-stage dementia can come together to visit, enjoy refreshments and participate in a program or activity together in a relaxed environment. Programs and activities are chosen based on participant suggestions and are designed to be interactive and fun. Sessions usually occur monthly. There is no charge, but donations are appreciated. Family members and friends are encouraged to participate as well.

For a complete listing of local Memory Cafes, contact the Alzheimer’s & Dementia Alliance of Wisconsin at 888-308-6251 or visit www.alzwisc.org.

LEGAL SERVICES

Legal and financial planning should begin as soon as possible. Planning includes reviewing financial and long term care resources and options and completing legal documents that will authorize another person to make health care and financial decisions on the affected person’s behalf when it becomes necessary. If planning is done early, the person with the dementia can actively participate in making the necessary arrangements. It is often a good idea to consult with an attorney who specializes in elder law. A benefit specialist can also guide you in this process. To obtain free copies of the basic power of attorney forms, contact:

Department of Health & Family Services, Division of Public Health
P.O. Box 309, Madison WI 53701
www.dhs.wisconsin.gov/forms/advdirectives/adformspoa.htm

Elder Law Attorney

An attorney who specializes in elder law can help you develop a legal and financial plan, write Powers of Attorney for Health Care and Finances and help with guardianship proceedings. For information on where to find an attorney who specializes in elder law, contact:

Wisconsin State Bar Association
608-257-4666 or 800-362-9082 www.wisbar.org

Alzheimer’s & Dementia Alliance of Wisconsin
608-232-3400 or 888-308-6251 www.alzwisc.org

National Academy of Elder Law Attorneys
703-942-5711 www.naela.org

Guardianship

A guardianship is a special relationship between two people, one of whom, called the guardian, acts on behalf of the ward. This relationship may be ordered by a circuit court when

it finds that a person is no longer competent to manage his or her affairs. A relative, public official or any other person may petition the court to have a guardianship established. For questions related to advance planning alternatives, guardianship or protective services/placement, call:

Wisconsin Guardianship Support Center Hotline
855-409-9410 or guardian@gwaar.org

<http://www.gwaar.org/>

FINANCIAL ASSISTANCE

Disability Benefit Specialist Program

The Disability Benefit Specialist Program is located in the Aging and Disability Resource Center (ADRC). The Disability Benefit Specialists help answer questions and solve problems related to Social Security, Medicare, Health insurance and other public and private benefits for people with disabilities. They serve people ages 18-59 with a physical or developmental disability, a mental illness or a substance abuse disorder. Contact:

Aging & Disability Resource Center of Dane County
2865 N. Sherman Ave., Northside Town Center, Madison WI 53704
608-240-7400 or 855-417-6892 www.daneadrc.org

Elder Benefit Specialist Program

The Elder Benefit Specialist Program provides legal advice/representation and advocacy for senior adults (age 60 and over) residing in Dane County that are faced with benefit, housing and other disputes or denials, complications, changes in benefits, claims not paid and other similar issue groups that have an economic or socially isolating effect on the older adult. Elder Benefit Specialists, along with their program attorney and Area Agency on Aging of Dane County management, prioritize case work based on client need. Contact:

Aging & Disability Resource Center of Dane County
2865 N. Sherman Ave., Northside Town Center, Madison WI 53704
608-240-7400 or 855-417-6892 www.daneadrc.org

Family Care

Family Care is the name for the redesigned long term care system currently being operated in a limited number of Wisconsin Counties. The system has two major organizational components: 1) Aging & Disability Resource Centers where older people and people with disabilities can get information and advice about the programs and services available in their communities; and 2) Care Management Organizations (CMO's), which manage and deliver the Family Care benefit. In Family Care, each member has support from an interdisciplinary team that consists of, at minimum, a social worker and an R.N. The interdisciplinary team conducts a

comprehensive assessment of services and supports designed to achieve desired goals and outcomes; makes arrangements for the member to receive the services; and then monitors the services and supports on an ongoing basis. Applicants for Family Care must meet functional and financial eligibility criteria. For more information, contact:

Aging & Disability Resource Center of Dane County
2865 N. Sherman Ave., Northside Town Center, Madison WI 53704
608-240-7400 or 855-417-6892 www.daneadrc.org

Financial Management Assistance

A professional financial consultant can assist older adults with: check writing/bill paying, checkbook reconciliation, budget analysis and creation, Medicare/medical paperwork. Fees are charged on a per hour basis. Financial subsidies may be available. Contact:

Independent Living, Inc.
2970 Chapel Valley Rd., Suite 203, Madison, WI 53711
608-274-7900 www.independentlivinginc.org

Alzheimer's Family & Caregiver Support Program (AFCSP)

The Alzheimer's Family Caregiver Support Program is authorized by Wisconsin Department of Health Services (DHS) and designed to support families caring for a person with Alzheimer's disease or other dementia in their home. The program offers funds to purchase services such as in-home respite, home delivered meals, adult day care, personal care good, safety improvements and transportation. Some eligibility requirements apply. For more information contact:

Alzheimer's & Dementia Alliance of Wisconsin
517 N. Segoe Rd., Ste. 301, Madison, WI 53705
608-232-3400 or 888-308-6251 www.alzwisc.org

Care Wisconsin Partnership Program

The Care Wisconsin Partnership Program provides coordinated health care and long term support services to Medicaid eligible older adults who have chronic conditions requiring a nursing home level of care. Care Wisconsin Partnership is part of the Wisconsin Partnership Program. The program provides the health and supportive care necessary to remain at home and active in the community. To apply for Care Wisconsin Partnership or for additional information, contact:

Care Wisconsin
P.O. Box 14017, Madison, WI 53708-0017
608-240-0020 www.carewisc.org

National Family & Caregiver Support Program (NFCSP)

The National Family Caregiver Support Program was developed by the Administration on Aging through the Older Americans Act to respond to the needs of family caregivers. The program offers five basic services including information to caregivers about available services; assistance to caregivers in gaining access to these supportive services; individual counseling, organizing of support programs and training to assist the caregiver; respite care to enable caregivers to get temporary relief from caregiving responsibilities; and limited supplemental services to compliment the care provided by caregivers. For more information contact:

Area Agency on Aging of Dane County
2865 N. Sherman Ave., Madison, WI 53704
608-261-9930 www.co.dane.wi.us/aging

Medical Assistance (Medicaid)

The Medical Assistance (MA) program is a cooperative federal and state program that pays for medical care for individuals with low incomes and little assets. MA covers some institutional care, home-care and prescription costs, as well as most other costs for essential medical services. To apply for Medical Assistance or for more information, contact:

Capital Consortium
888-794-5556

SeniorCare Prescription Drug Assistance Program

SeniorCare is Wisconsin's Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older and who meet eligibility requirements. Some eligibility requirements apply. For more information contact:

SeniorCare Customer Service Hotline
800-657-2038 www.dhs.wisconsin.gov/seniorcare

EMERGENCY RESPONSE SERVICES

Care Trak

Care Trak is an organization serving Sherriff, Police, Fire, and EMS agencies nationwide. Participants are fitted with a personalized Care Trak wristband. This unique battery-operated transmitter emits an automatic tracking signal every second, 24 hours a day. Using specialized equipment, this signal can be tracked by trained personnel. Caregivers need to test the transmitter daily and change the battery every 60 days.

Care Trak of Dane County emphasizes relationships between law enforcement and the people who may wander before the need may arise for rescue. For more information, contact a Community Depute in your area:

Northeast Precinct: 608- 266-3456

Southeast Precinct: 608-266-9122

West Precinct: 608-833-9560

MedicAlert® + Safe Return®

MedicAlert® + Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer’s disease or other dementias who are at risk of becoming lost. If someone enrolled in the program is reported missing, essential information is faxed to local law enforcement agencies to initiate a search. If a concerned citizen finds the missing person, the person’s ID jewelry (bracelet or necklace) provides a toll-free number to call for help. MedicAlert® + Safe Return® then notifies the missing person’s contacts and makes sure the person is safely returned home. To obtain more information or an application, call 888-572-8566.

TRANSPORTATION

The Alzheimer’s & Dementia Alliance of Wisconsin has a list of transportation options available and your local senior center or outreach office (see page 8) can provide further assistance in accessing these services.

Aging & Disability Resource Center of Dane County
2865 N. Sherman Ave., Northside Town Center, Madison WI 53704
608-240-7400 or 855-417-6892 www.daneadrc.org

Area Agency on Aging of Dane County (for those 60 and over)
2865 N. Sherman Ave., Madison, WI 53704
608-261-9930 www.co.dane.wi.us/aging

Community Living Alliance, CLA Care Solutions™
1414 MacArthur Rd., P.O. Box 8028, Madison WI 53708
608-242-8335 www.clanet.org

NUTRITION SITES AND HOME-DELIVERED MEALS

Congregate nutrition sites and home-delivered meals are available in many communities on a donation basis. This is a great way to get help with one of your daily responsibilities and receive a hot, nutritious meal. Questions to ask may include the cost of the meals, how often they are offered, if transportation is available to congregate nutrition sites and if special diets can be

accommodated. For information on a nutrition site close to you or on home-delivered meals, contact:

Your local Senior Center or Outreach Office (see page 8)

Home Health United/Meals on Wheels
608-257-6710 or 608-276-7598 www.homehealthunited.org

Independent Living, Inc.
608-274-7900 www.independentlivinginc.org

HOME CARE SERVICES

Home care agencies provide a variety of services to help people in their homes. Some home care agencies specialize in particular services while others provide a wide range of services. Most agencies charge a fee; volunteer organizations accept donations.

Some county aging units also keep lists of private individuals who provide home-care services in their county. It is up to the family to screen any private individual they hire, and to ensure that state and federal tax law is being adhered to. Anyone who hires a private individual as a home care worker on a regular or frequent basis may become an employer under the law and be responsible for paying unemployment insurance and social security/Medicare taxes to the government on the worker's behalf.

Using home care services can help to extend the period of time a loved one can be successfully cared for at home by supplying needed supplemental help and preserving the health and energy of the family caregiver.

Types of Home Care Services:

- Chore services typically include light housekeeping, laundry, meal preparation and shopping.
- Companion care (respite) typically includes oversight/companionship for the person with memory loss so that his or her primary caregivers can take time off from caregiving to keep appointments, attend events, catch up on chores, sleep or simply enjoy a break. Companion care can be provided in a variety of settings, but is usually provided in the residence of the person receiving care. Companion care can often be combined with chore service and/or personal care assistance. Companions might also take people on outings, enabling them to attend events, volunteer and visit favorite people and places.

- Personal care services typically include assistance with dressing, bathing, grooming, meals and toileting, as needed.
- Home health care is provided by nurses, certified nursing assistants or professional therapists and includes medication management, skilled nursing services, bathing and occupational, physical and speech therapies. Depending on the situation, the caregiver might be able to take a break from caregiving while home health care is being provided.
- A live-in caregiver provides 24 hour/day assistance in the home. Services include personal care, home chores, companionship and oversight of the person in need of care. Some people hire someone they know to live in the home. Others look for live-in caregivers through the local university or by placing an advertisement. Some companion care and home health agencies can provide 24 hour/day shift care.
- Hospice care services are available to individuals at the end of life. Services usually can be provided in the home or in a facility. Some agencies have free-standing hospice in-patient facilities. Hospice provides nursing care, respite and grief support for families.

HOME CARE SERVICE AGENCIES

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
ACTi-KARE 608-208-1263 www.dane.actikare.com	X	X	X		X	
Age at Home by Agrace 5395 E. Cheryl Pkwy Madison, WI 53711 608-327-7456 www.agrace.org	X	X	X	X	X	
Agrace HospiceCare, Inc. 5395 E. Cheryl Pkwy Madison, WI 53711 608-276-4660 www.agrace.org						X
Always Best Care 437 S. Yellowstone Dr., Suite #210 Madison, WI 53719 608-315-2378 www.alwaysbestcaremadison.com	X	X	X		X	

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Apara Care Health at Home 7601 Ganser Way Suite #200 Madison, WI 53719 608-622-6200 www.aparacare.com	X	X	X		X	
BrightStar Care 3240 University Ave., Suite 3A Madison, WI 53705 608-441-8620 www.brightstarcare.com	X	X	X	X	X	X
Cairasu Home Care LLC 403 W. Washington Ave. Madison, WI 53703 608-298-3641 www.cairasucare.com	X	X	X		X	
Caregivers Associates (CGA) 24hr Live-in 2364 Jackson St., # 165 Stoughton, WI 53589 920-395-3902 www.cgafoxvalley.com	X	X	X		X	
Caring Companions LLC 1308 Independence Way Sun Prairie, WI 53590 608-333-5095	X	X	X		X	
Catholic Charities 702 S. High Point Rd., Suite 209 Madison, WI 53719 608-826-8000 www.catholiccharitiesofmadison.org	X	X	X			
Colonial Club Senior Center 301 Blankenheim Ln. Sun Prairie, WI 53590 608-837-4611 www.colonialclub.org	X	X	X			

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
ComForCare Home Care 2421 Parmenter St., Suite 100 Middleton, WI 53562 608-836-1868 www.comforcare.com/Madison	X	X	X		X	
Comfort Keepers 579 D'Onfrio Dr., Suite #10 Madison, WI 53719 608-218-4861 www.comfortkeepers.com	X	X	X		X	
Community Living Alliance 1414 McArthur Rd., P.O. Box 8028 Madison, WI 53714 608-242-8335 www.clanet.org	X	X	X			
Eternity Homecare, Inc. 1402 Greenway Cross, Suite 101 Madison, WI 53713 608-251-2273 www.eternityhomecare.com	X	X	X		X	
Golden Heart Senior Care 437 S. Yellowstone Dr., #101 Madison, WI 53719 608-467-3590 www.goldenheartmadison.com	X	X	X		X	
Good People - Live-in Caregivers & Companies 2409 White Oak Trail Oregon, WI 53575 608-609-1620 www.goodpeople.us	X	X	X		X	
Heartland Hospice 2810 Crossroads Dr., Suite 1900 Madison, WI 53718 608-819-0033 www.heartlandhospice.com/Madison						X

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Home Health United, Inc.- Hospice 2802 Walton Commons Ln. Madison, WI 53718 877-356-4514 www.HomeHealthUnited.org				X		X
Home Instead Senior Care 1255 Williamson St. Madison, WI 53703 608-509-9328 www.homeinstead.com/363	X	X	X		X	X
Independent Living, Inc. 2970 Chapel Valley Rd., Suite 203 Fitchburg, WI 53711 608-274-7900 www.IndependentLivingInc.org	X	X	X	X	X	
Interim Healthcare of Wisconsin 702 N. Blackhawk Ave. Suite 215 Madison, WI 53705 608-238-0268 www.interimhealthcare.com	X	X	X	X	X	
Just Checking In, LLC 5985 Oak Hollow Dr. McFarland, WI 53558 608-838-9101	X	X	X		X	
Kari Cares, LLC (West Madison, Middleton, Fitchburg, & Verona) 608.622.7371 www.karicaresllc.com	X	X				
Maxim Healthcare Services 5100 East Park Blvd, Suite #100 Madison, WI 53718 608-232-1000 www.maximhealthcare.com	X	X	X	X	X	

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Meriter-Unity Point Home Care 2180 W. Beltline Hwy, P.O. Box 259993 Madison, WI 53713 608-417-3700 www.meriterhomehealth.com				X		
Midwest Family Care LLC 4916 E. Broadway Madison, WI 53716 608-276-6000 www.midwesthomecare.com	X	X	X		X	
Recover Health 2500 Rimrock Rd., Suite #101 Madison, WI 53713 608-274-8193 www.recoverhealth.org	X	X	X	X		
Right at Home 315 E. Main St. Waunakee, WI 53597 608-850-7335 www.rightathome.net	X	X	X		X	
Senior Helpers 4726 East Towne Blvd., Suite 120 Madison, WI 53704 608-729-5365 www.seniorhelpersmadison.com	X	X	X		X	
Seniors Helping Seniors 447 Ollie St., Cottage Grove, WI 53527 608-839-0993	X	X	X		X	
Sosiab Care, Inc. 3208 E. Washington Ave. Madison, WI 53704 608-244-1160 www.sosiabcare.com	X		X			

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
SouthernCare Hospice 402 Gammon Place, Suite 110 Madison, WI 53719 608-833-3295 www.southerncareinc.com						X
SSM Health at Home 4639 Hammersley Rd. Madison, WI 53711 800-924-2273 www.HomHealthUnited.org	X	X	X		X	X
Stoughton Hospital Home Health 900 Ridge St., Stoughton, WI 53589 608-873-6611 www.stoughtonhospital.com				X		
Supportive Elder Services, LLC 313 Price Place, Suite 110 Madison, WI 53705 608-231-6734	X	X	X		X	
Trusted Hands Homecare 900 Ridge St., Stoughton, WI 53589 608-873-6611 www.stoughtonhospital.com	X	X	X			
UW Health Home Care Services 2030 Pinehurst Dr. Middleton, WI 53562 608-203-2273 www.uwhealth.org/homecare				X		
Visiting Angels 6401 Odana Rd., Suite #15 Madison, WI 53719 608-819-0665 www.visitingangels.com	X	X	X			

ADULT DAY SERVICES

Adult day programs provide structured support for the person with dementia and are another way for a caregiver to obtain respite from caregiving responsibilities. Some programs are dementia specific. Participants engage in a variety of pastimes, including exercise, music, social activities

and meals. Costs vary. Individuals who meet eligibility requirements may qualify for financial support or sliding fee scales. For more information, contact:

Benevolence Adult Day Care
914 Laurie Dr., Madison
608-442-0253 www.benevolenceADC.com

Catholic Charities Adult Day Center and Memory Care
5401 Fen Oak Dr., Madison, WI 53718
608-663-7117 www.AdultDayCenterMadison.org

Colonial Club Senior Activity Center
301 Blankenheim Ln., Sun Prairie, WI 53590
608-837-4611 www.colonialclub.org

East Madison/Monona Coalition of Aging
4142 Monona Dr., Madison, WI 53716
608-223-3100 www.emmca.org

Northwest Dane Senior Services, Inc.
Adult Day Program
1837 Bourbon Rd., Cross Plains, WI 53528
608-798-6937 www.nwdss.org

Oregon Area Senior Center
219 Park St., Oregon, WI 53575
608-835-5801

St. Mary's Adult Day Health Center
2440 Atwood Ave., Madison, WI 53704
608-249-4450 www.ssmhealth.com/locations

RELOCATION SERVICES

Relocation services are offered by agencies to assist you with the moving process.

Rounds TLC
3036 Woods Edge Way, Fitchburg, WI 53711
608-576-1794

Segues - Madison
3979 Villa Oak Dr., Sun Prairie, WI 53590

608-345-1942 www.segues.net

Spectrum Home Services
4610 Conestoga Trail, Cottage Grove, WI 53527
608-242-9100 www.spectrumhomeservices.com

SENIOR LIVING ADVISORS

A Place for Mom

608-477-4656 www.aplaceformom.com

A Place for Mom provides options, information and educational resources to help make informed decisions regarding independent living, home care, residential care homes, assisted living, specialized memory care and skilled nursing. These services are paid by participating communities and providers, therefore this service is offered at no cost to families.

Always Best Care (ABC)

608-315-2378 www.alwaysbestcaremadison.com

Always Best Care provides free individualized assistance with placement to the right assisted living or independent community by determining which community best fits family needs based on their budget and care level. Free ongoing consultative services to ensure families are happy with their choice and individuals are treated with dignity and respect.

An Extra Daughter

608-444-5457

An Extra Daughter can help seniors find the community that best fits their needs, such as independent living apartments, assisted living, memory care or skilled nursing homes.

FACILITY RESPITE

Respite at residential care facilities may be arranged during the day, for an overnight visit or multiple day stays. This type of respite is helpful for caregivers who need a longer break to take a vacation or attend to other responsibilities. Please contact individual facilities for more details on available respite services at residential facilities. See our facility listing guide for respite services offered.

RESIDENTIAL CARE

There are a variety of facilities including residential care apartment complexes, adult family homes, community based residential facilities and skilled nursing facilities available to meet the different levels of care that may be needed by a person with dementia.

Choosing a New Home

When the time comes for a person with Alzheimer's disease or other dementias to move into a residential care setting (e.g., nursing home, community based residential facility, assisted living, etc.), it can be very difficult for both the person and family. In addition, finding the right residential care setting to meet the needs of the person with dementia can be challenging and time consuming. Listed below are a few tips as you begin the search for a new home. The Alzheimer's & Dementia Alliance of Wisconsin is always available to answer questions and help in problem-solving.

1. **Visit different places.** If possible, it is usually best to visit any place that you are considering. The amount of care required and the atmosphere desired will determine the type of residential care setting you should visit. Visiting unannounced at different times of day can give you an idea of what an average day may be like.
2. **Ask questions.** It is important to ask specific questions about the facility's ability to provide dementia care. For example:
 - ✓ What is your philosophy regarding Alzheimer/dementia care?
 - ✓ What is your process for developing a care/service plan?
 - ✓ What approaches are used when providing care to persons with dementia?
 - ✓ What types of activities are offered?
 - ✓ What are your staff qualifications and staffing levels?
 - ✓ How is your staff trained in dementia specific care?
 - ✓ How does your environment support persons with dementia?

Call the Alzheimer's & Dementia Alliance of Wisconsin (608-232-3400 or 888-308-6251) for a handout or email copy of "RESIDENTIAL CARE: A GUIDE TO CHOOSING A NEW HOME".

3. **Talk with others.** Often times, there may be people you know – family, friends, neighbors, co-workers – who can recommend a place that worked well for them. If possible, talk with family members and/or residents of facilities that you are considering. **REMEMBER: Every individual situation is unique. What works well for one person, may not work for another. Use input from others as only one of several deciding factors.**

Residential Care Apartment Complex (RCAC)

A residential care apartment complex is an apartment that includes a kitchen, living area, bedroom, private bathroom and an array of services including meals, housekeeping, laundry, arranging medical appointments and transportation. RCACs may provide up to 28 hours per week of personal care and/or nursing services. These facilities are most appropriate for a person with dementia who is in the very early stages, who can make their own decisions regarding care options and who can live independently with minimal assistance, or for the

person with dementia and his or her spouse together. These facilities are registered by the Wisconsin Department of Health & Family Services.

Dane County RCAC's:

Aster Assisted Living of Cottage Grove
139 E. Reynolds St., Cottage Grove, WI 53527
608-839-8085 www.asterassistedliving.com

Attic Angel Place (Apartments and Assisted Living)
8301 Old Sauk Rd., Middleton, WI 53562
608-662-8842 www.atticangel.org

Avalon Assisted Living Community
2879 Fish Hatchery Rd., Madison, WI 53713
608-274-4350 www.avalonalcommunity.com

Capitol Lakes
333 W Main St., Madison, WI 53703
608-283-2000 www.retirement.org/madison

Chapel Valley
5781 Chapel Valley Rd., Fitchburg, WI 53711
608-276-3449 www.newlifestyles.com

Gardens, The
602 N. Segoe Rd., Madison, WI 53705
608-274-7900 www.IndependentLivingInc.org

Heritage Assisted Living Middleton
6234 Maywood Ave., Middleton, WI 53562
608-831-7004 www.heritagesenior.com/middleton

Heritage Senior Living Monona
111 Owen Rd., Monona, WI 53716
608-441-9990 www.heritagesenior.com

Home Again Waunakee LLC
1120 Connery Cove, Waunakee, WI 53597
608-850-9684 www.homeagainliving.com/waunakee

Hyland Park Assisted Living

881 Liberty Blvd., Sun Prairie, WI 53590
608-834-2073 www.capricommunities.com

Inglewood Manor
407 N. 8th St., Mt. Horeb, WI 53572
608-437-8111 www.inglesidehealthcare.org

New Perspective of Sun Prairie
222 S. Bristol St., Sun Prairie, WI 53590
608-825-1600 www.npseniorliving.com

Meadowmere
5601 Burke Rd., Madison, WI 53718
608-268-9100 www.meadowmeremadison.com

Milestone Senior Living Market Street
1870 Market St., Cross Plains, WI 53528
608-413-0451 www.abiliteniorliving.com

Milestone Senior Living Stoughton
2220 Lincoln Ave., Stoughton, WI 53589
608-205-6800 www.abiliteniorliving.com

Noel Manor Senior Living Complex
471 Prairie Way Blvd, Verona, WI 53593
608-620-6010 www.noelmanorliving.com

Oak Park Place
702 & 719 Jupiter Dr., Madison, WI 53718
608-251-1010 www.oakparkplace.com

Oakwood Village Prairie Ridge Apartments
5565 Tancho Dr., Madison, WI 53718
608-230-4000 www.oakwoodvillage.net

Oakwood Village University Woods Apartments
6205-6225 Mineral Point Rd., Madison, WI 53705
608-230-4699 www.oakwoodvillage.net

Parkside Independent and Assisted Living
6902 Parkside Circle, DeForest, WI 53532
608-846-2101 www.seniorlifestyle.com

Skaalen Heights RCAC
950 Ridge St., Stoughton, WI 53589
608-205-3800 www.skaalen.com

Sun Prairie Health Care Center
228 W. Main St., Sun Prairie, WI 53590
608-837-5959 www.sunprairiehc.com

Tallgrass Senior Living of Sun Prairie
605 Chase Blvd, Sun Prairie, WI 53590
608-837-2124 www.tallgrassofsunprairie.com

Tennyson Senior Living Community RCAC
1936 Tennyson La., Madison, WI 53704
608-268-5499

Waterford at Fitchburg, The
5440 Caddis Bend, Fitchburg, WI 53711
608-270-9200 www.waterfordatfitchburg.com

Waunakee Manor Retirement Center
800 Holiday Dr., Waunakee, WI 53597
608-849-5016 www.waunakeemanor.com

Willow Pointe Assisted Living
1125 North Edge Trail, Verona, WI 53593
608-848-5701 www.fivestarseniorliving.com

Adult Family Homes (AFH)

Adult Family Homes also combine housing and care. Adult Family Homes provide assistance and/or supervision with activities of daily living to four or fewer individuals. No more than 7 hours per week of nursing care can be given in an AFH. These facilities are licensed by the Wisconsin Department of Health & Family Services. For a listing of Dane County Adult Family Homes, see ADAW's "Community Based Residential Facilities and Adult Family Homes Guide".

Community Based Residential Facilities (CBRF)

A CBRF is a place where 5 or more individuals live and receive care with 24-hour supervision. These facilities offer private or semi-private bedrooms with shared living and dining areas. Services include meals, snacks, activities and assistance or supervision with activities of daily living. No more than 3 hours per week of nursing care can be provided in a CBRF setting. CBRFs are generally smaller than skilled nursing facilities. CBRFs are licensed by the Wisconsin Department of Health & Family Services. For a listing of Dane County CBRFs, see ADAW's "Community Based Residential Facilities and Adult Family Homes Guide".

Nursing Homes

Nursing homes are facilities that offer skilled nursing care and other services including: 3 meals per day, snacks, activities, assistance with activities of daily living and dietician and social work services. They are most appropriate for frail individuals who have medical or nursing care needs. Some nursing homes have special care units designed to address the special needs of people with dementia. For a listing of Dane County Nursing Homes, see ADAW's "Dane County Nursing Care Facilities Guide"

LONG TERM CARE OMBUDSMAN

An ombudsman protects and promotes the rights of long term care consumers and Community Options Program participants by working with them and their families to achieve quality care. The program is provided at no charge. Ombudsmen can investigate complaints and help families resolve problems with long term care service providers. For more information, contact:

Wisconsin Board on Aging & Long Term Care
1402 Pankratz St., Suite 111, Madison, WI 53704
800-815-0015 <http://longtermcare.wi.gov/>