



Rock County Community Resource Guide

The attached list provides information about community resources in Rock County that may be helpful to individuals and families who are coping with progressive memory loss, Alzheimer's disease, or other dementias. Although the Alzheimer's & Dementia Alliance of Wisconsin does not endorse or promote one agency over another, we are available to help families identify those services which might best meet the individual's needs and circumstances.

If you have questions or need more information about resources available in our fifteen county service area, please call our Helpline at **888-308-6251** (toll-free) or contact one of the regional offices listed below.

Due to the changing nature of this industry, this guide may not be comprehensive. This resource guide will be updated periodically on our website: www.alzwisc.org

Revised July 2018

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ALZHEIMER'S & DEMENTIA ALLIANCE OF WISCONSIN

The Alzheimer's & Dementia Alliance of Wisconsin (ADAW) provides support and education in south central and southwestern Wisconsin for individuals living with mild cognitive impairment, Alzheimer's disease or other types of dementia and their families and professional service providers.

ADAW helps guide those seeking a diagnosis, coping with day-to-day challenges, or making plans for the future and also advocates at the state level about matters that affect dementia-related research and legislation. As an independent, nonprofit organization, 100% of the donations we receive remain in Wisconsin and are tax-deductible. Contact us for help and support. We are your partner along the journey.

Main Office - Dane/Green County

3330 University Ave., Suite 300, Madison, WI 53705
608-232-3400

Adams/Juneau County

P.O. Box 83, Mauston, WI 53948
608-516-6248

Columbia/Sauk County

2825 Hunters Trail, Portage WI 53901
608-742-9055

Crawford/Grant/Iowa/ Lafayette County

P.O. Box 363, Lancaster, WI 53813
608-723-4288

Green Lake/Marquette/Waushara County

P.O. Box 137, Green Lake, WI 54941
920-294-4100

Richland County

P.O. Box 363, Lancaster, WI 53813
608-723-4288

Rock County

136 W. Grand Ave., Suite 304
P.O.Box 992
Beloit, WI 53511
608-313-3335

888.308.6251 toll-free

608-232-3407 fax

support@alzwissc.org

www.alzwissc.org

Our services include:

- Helpline: 608-232-3400 or 888-308-6251
- Care consultations and family meetings
- Caregiver support groups
- Early stage programs
- Family & professional education programs
- Print newsletter & email updates
- Resource library
- Public policy advocacy
- Educational materials & resource information

MEMORY DIAGNOSTIC CLINICS

Memory diagnostic clinics offer a comprehensive, team approach to assessment, diagnosis and treatment. The staff at the memory diagnostic clinics are trained to identify the reason you or your loved one are experiencing memory loss or confusion. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%. The results of the evaluation will be shared with your primary physician for continued follow-up. For more information, contact:

Dane County

William S. Middleton Veterans Hospital - Geriatric Research Education Clinic Center
2500 Overlook Terrace, Madison, WI 53705
608-256-1901 ext. 17000 www.madison.va.gov

UW-Health Clinics Geriatric Assessment Clinic (East)
5249 E. Terrace Dr., Madison, WI 53718
608-265-1210 or 800-323-8942 www.uwhealth.org/neurology

UW-Health Hospital & Clinics Memory Assessment Clinic - (for people 65 years of age and older)
2880 University Ave., Room 100, Madison, WI 53705
608-263-7740 www.uwhealth.org

UW Hospital Neurology Memory Clinic - (for anyone at any age; must have referral from Dr.)
600 Highland Ave., Madison WI 53705
608-263-5442

Grant County

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656 www.southwesthealth.org/find

Green County

Monroe Clinic Memory Center
515 22nd Ave., Monroe, WI 53566
608-324-2148 or 800-338-0568

Jefferson County

Fort HealthCare Memory Center
611 Sherman Ave. E, Fort Atkinson, WI 53538
920-568-5334

Juneau County

Mile Bluff Medical Center Memory Assessment Clinic
1040 Division St., Mauston, WI 53948
608-847-7355

Richland County

Richland Area Geriatric Assessment Clinic
1313 W. Seminary St., Richland Center, WI 53581
608-647-6161 ext. 4210

Rock County

Stateline Area Memory Clinic- Beloit Clinic
1905 Huebbe Parkway, Beloit, WI 53511
608-364-1288

Sauk County

Reedsburg Area Geriatric Assessment Clinic - Reedsburg Area Senior Life Center
2350 N. Dewey Ave., Reedsburg, WI 53959
608-647-6161 ext. 4210

UW-Health Clinics Geriatric Assessment Clinic - Sauk Prairie Hospital
250 26th St., Suite 120, Prairie Du Sac, WI 53578
608-643-6060

GERIATRIC MENTAL HEALTH SERVICES

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can also help with challenging behavioral symptoms. Some signs that indicate mental health services may be needed include frequent or extreme mood swings, depression, suicidal tendencies, agitation, aggression, uncontrollable wandering or major changes in sleep.

Inpatient Geriatric Mental Health Services:

Mendota Mental Health Institute
301 Troy Dr., Madison, WI 53704

608-301-1000 www.dhs.wisconsin.gov/mendota

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656 www.southwesthealth.org/find

Stoughton Hospital- Geriatric Psychiatry
900 Ridge St., Stoughton, WI 53589
608-873-2242 www.stoughtonhospital.com

Outpatient Geriatric Mental Health Services:

Mobile Outreach to Seniors Team (MOST)
c/o Journey Mental Health
625 W. Washington Ave., Madison, WI 53703
608-280-2560 Crisis: 608-280-2600 www.journeymhc.org

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656 www.southwesthealth.org/find

INFORMATION, REFERRAL AND ASSISTANCE

There are agencies in every county who are available to help with general information and referral assistance to help you locate resources in your area. For more information contact:

Alzheimer's & Dementia Alliance of Wisconsin of Wisconsin (see page 3 for more information)
608-232-3400 or 888-308-6251 www.alzwisc.org

Aging & Disability Resource Center of Rock County (ADRC)
1900 Center Ave., Janesville, WI 53545
608-741-3600 or 855-741-3600 (toll-free) www.co.rock.wi.us/adrc

Always Best Care (ABC)
608-315-BEST (2378) www.alwaysbestcare.com/wi/madison/
Always Best Care provides free individualized assistance with placement to the right assisted living or independent community by determining which community best fits family needs based on their budget and care level. Free ongoing consultative services to ensure families are happy with their choice and individuals are treated with dignity and respect.

Elder Abuse & Neglect Helpline
608-741-3600 or 855-741-3600 (toll-free)

Use this Helpline to report suspected abuse or neglect of an elder living in the community. This may include physical, emotional or financial abuse as well as self-neglect.

United Way 2-1-1

2-1-1 (Dane County) www.unitedwaydanecounty.org

608-246-4350 (outside Dane County and cellular phones)

United Way 2-1-1 is a community resource line, providing 24-hour, 365-day a year, free and confidential comprehensive telephone information and referral services for people in Dane County, Wisconsin, who are in need of help or who want to give help.

United Way 2-1-1 (Rock County)

When you need help and don't know where to turn simply dial 2-1-1 to reach a caring community resource specialist.

You can also dial: 877-947-2211.

United Way 2-1-1 is an information and referral service that connects people to a variety of resources such as: help paying bills, housing search assistance, support groups, food pantries, community clinics, and many other services! We are available **every hour of every day** and can assist in **almost any language**.

VA Caregiver Support, Margaret Flood, VA Hospital Madison

888-478-8321 ext. 11485

If you are a family member or friend providing care for a Veteran who is living with the effects of war, disabled, chronically ill or aging, VA Caregiver Support is there to support you with resources, tools, answers and a listening ear.

Case Management Services

There are also private case managers with whom families can contract to coordinate a variety of services for individuals and families, usually for a fee. For more information contact:

Aging & Disability Resource Center of Rock county (ADRC)

1900 Center Ave., Janesville, WI 53545

608-741-3600 or 855-741-3600 (toll-free) www.co.rock.wi.us/adrc

SUPPORT GROUPS

Support groups provide family caregivers a place to come together to learn new information; support one another and share caregiving tips, experiences and ideas. Most meet monthly. Many

are specifically for those caring for loved ones with memory loss or dementia. For a list of support groups in Rock County contact:

Aging & Disability Resource Center of Rock county (ADRC)
1900 Center Ave., Janesville, WI 53545
608-741-3600 or 855-741-3600 (toll-free) www.co.rock.wi.us/adrc

1st Tuesday of Each Month 6:00 - 7:15 PM Council on Aging Meeting Room 3328 Hwy 51 North, Janesville, WI 53545 Contact: Cori Marsh 608-741-3615 or marsh@co.rock.wi.us

2nd & 4th Tuesday of Each Month 1:00-2:30 PM Sun Valley Presbyterian Church 1650 Sun Valley Dr., Beloit, WI Contact: Cori Marsh 608-741-3615 or Julie Seeman 608-758-8455 marsh@co.rock.wi.us

1st Wednesday of the month 9:30-11:00 AM (Starts on 10/3/18) Beloit Historical Society Building 845 Hackett St, Beloit Contact: Teena Monk-Gerber, 313-3335

2nd Wednesday of the month 1:30-2:30 PM Cedar Crest (in the Social Rom) 1702 S River Rd, Janesville Contacts: Bonnie Nuttkinson 608-203-8500 bnuttkinson@alz.org

1st Thursday of the month 1:30-3:30 PM Hearthstone of Fairhaven 426 W. North St., Whitewater Contacts: Pam Hatfield, 201-6675 & Janet Hardt 262-473-8052

2nd Thursday of the Month 6:00-7:00 PM Oak Park Place S700 Myrtle Way, Janesville Mandy Kluge 608-931-3454 maranda.kluge@homeinstead.com

LEGAL SERVICES

Legal and financial planning should begin soon after the diagnosis has been made. Planning involves putting together documents that authorize another person to make necessary health care and financial decisions and reviewing your financial resources. If planning is done early, the person with the disease can actively participate in making the necessary arrangements. It is often a good idea to consult with an attorney who specializes in elder law. A benefit specialist can also guide you in this process. To obtain free copies of the basic power of attorney forms, contact:

Department of Health & Family Services, Division of Public Health
P.O. Box 309, Madison WI 53701
www.dhs.wisconsin.gov/forms/advdirectives/adformspoa.htm

Elder Law Attorney

An attorney who specializes in elder law can be helpful to families in many ways. They can help you develop a legal and financial plan, write Powers of Attorney for Health Care and Finances, and help with guardianship proceedings.

For information on where to find an attorney who specializes in elder law, contact:

Wisconsin State Bar Association
608-257-4666 or 800-362-9082 www.wisbar.org

Alzheimer's & Dementia Alliance of Wisconsin
608-232-3400 or 888-308-625 www.alzwisc.org

National Academy of Elder Law Attorneys
520-881-4005 www.naela.org

Guardianship

A guardianship is a special relationship between two people, one of whom, called the guardian, acts on behalf of the ward. This relationship may be ordered by a circuit court when it finds that a person is no longer competent to manage his or her affairs. A relative, public official or any other person may petition the court to have a guardianship established. For questions related to advance planning alternatives, guardianship or protective services/placement, contact:

Wisconsin Guardianship Support Center Hotline
855-409-9410 or guardian@gwaar.org www.gwaar.org

FINANCIAL ASSISTANCE

Benefit Specialist Program

Elderly Benefit Specialists provide information, assistance and advocacy to residents age 60 and older, and Disability Benefit Specialists provide information, assistance and advocacy to adults with disabilities, ages 18-59. Services range from providing information about eligibility criteria and help in applying for a wide range of benefits, to appealing application denials, terminations or reductions in benefits. Benefit Specialists receive in-depth, ongoing training in areas of benefit and entitlement programs and other issues, including Medicare, Medical Assistance, Social Security, Supplemental Security Income, food stamps, housing, Family Care and more. An attorney provides supervision and support to Benefit Specialists and works

closely with them to ensure high-quality advocacy and representation. For more information, contact:

Aging & Disability Resource Center of Rock county (ADRC) – (Age 59 and under)
1900 Center Ave., Janesville, WI 53545
608-741-3600 or 855-741-3600 (toll-free) www.co.rock.wi.us/adrc

Rock County Council on Aging (Age 60 and over)
3328 N. US Highway 51, Janesville, WI 53545
608-757-5414 www.co.rock.wi.us/aging
Contact: Benefit Specialist (Lachel Fowler)

Alzheimer’s Family & Caregiver Support Program (AFCSP)

The Alzheimer’s Family Caregiver Support Program is authorized by Wisconsin Department of Health Services (DHS) and designed to support families caring for a person with Alzheimer’s disease or other dementia in their home. The program offers funds to purchase services such as in-home respite, home delivered meals, adult day care, personal care good, safety improvements and transportation. Some eligibility requirements apply. For more information contact:

Rock County Council on Aging
3328 N. US Highway 51, Janesville, WI 53545
608-758-8455 www.co.rock.wi.us/aging

National Family Caregiver Support Program (NFCSP)

The National Family Caregiver Support Program was developed by the Administration on Aging through the Older Americans Act to respond to the needs of family caregivers. The program offers five basic services including information to caregivers about available services; assistance to caregivers in gaining access to these supportive services; individual counseling, organizing of support programs and training to assist the caregiver; respite care to enable caregivers to get temporary relief from caregiving responsibilities; and limited supplemental services to compliment the care provided by caregivers. For more information contact:

Rock County Council on Aging
3328 N. US Hwy 51, Janesville, WI 53545
608-758-8455 www.co.rock.wi.us/aging

Medical Assistance (Medicaid)

The Medical Assistance (MA) program is a cooperative federal and state program that provides medical care to individuals with low incomes and little assets. MA covers some

institutional care, home-care, and prescription costs, as well as most other costs for essential medical services. To apply for Medical Assistance or for more information, contact:

Southern Consortium
888-794-5780

SeniorCare Prescription Drug Assistance Program

SeniorCare is Wisconsin's Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older and who meet eligibility requirements. Some eligibility requirements apply. For more information contact:

SeniorCare Customer Service Hotline
800-657-2038 www.dhs.wisconsin.gov/seniorcare

PERSONAL EMERGENCY RESPONSE SYSTEMS (PERS)

MedicAlert® + Safe Return®

MedicAlert® + Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer's disease or a related dementia who are at risk of becoming lost. If someone enrolled in the program is reported missing, essential information is faxed to local law enforcement agencies to initiate a search. If a concerned citizen finds the missing person, the person's ID jewelry (bracelet or necklace) provides a toll-free number to call for help. MedicAlert® + Safe Return® then notifies the missing person's contacts and makes sure the person is safely returned home. To obtain more information or an application, call 888-572-8566.

Project Lifesaver

The Project Lifesaver Program uses a locator system to help find a person with special needs, such as a person with memory loss or dementia, who is at high risk of becoming lost. It includes a special watch-like plastic bracelet worn on the wrist or ankle that includes a transmitter and batteries. If the person becomes lost or missing, the Rock County Sheriff's Department will activate a trained team to find the person using a portable tracking device. The signal range of the portable tracking device is ½ to 1 mile on the ground and up to 7 miles from the air. It is not deterred by buildings. For more information contact:

Rock County Sheriff's Office
608-757-8000

TRANSPORTATION

Transportation services differ among communities. Some areas offer bus or van services, have volunteer drivers or use 'shared ride' taxi services to provide transportation for older adults who do not drive. For more information, contact:

Aging & Disability Resource Center of Rock county (ADRC)
1900 Center Ave., Janesville, WI 53545
608-741-3600 or 855-741-3600 (toll-free) www.co.rock.wi.us/adrc

NUTRITION SITES AND HOME-DELIVERED MEALS

In many communities, congregate meal sites and home delivered meals are available on a donation basis to persons over age 60. This is a great way to get help with one of your daily responsibilities and receive a hot, nutritious meal. Questions to ask may include the cost of the meals, if transportation is available to congregate nutrition sites, how often they are offered and if special diets can be accommodated. For information on the nutrition site closest to you or how to get home delivered meals, contact:

Rock County Council on Aging – Golden Diners
3328 N. US Hwy 51, Janesville, WI 53545
608-757-5474 www.co.rock.wi.us/aging

Beloit Meals on Wheels 362-3683

Mercy Health System 756-6077

Senior Dining Sites

For any meal questions, or to make a reservation, call **608-757-5474**.

Golden Diners Dining Centers

Eating Alone? Finding it difficult to prepare a healthy meal? Join us for lunch!

Who can participate?

Meals are available to:

- Anyone 60 years or older.
- Their spouse regardless of age.
- Any person with a disability who resides at home with an eligible senior also eating at the dining center.

Each menu has been approved by a registered dietitian and provides between $\frac{1}{3}$ to $\frac{1}{2}$ of the recommended daily nutritional allowance. Diabetic substitutions are available upon request.

What is the cost?

A suggested donation of \$4.00 is asked for each meal. No eligible person will be denied a meal because of inability to make a donation. Funding provided by Title III (Older Americans Act) and donations. Rock County COA Nutrition Program is an equal opportunity provider.

Do I need a reservation?

Reservations are required and must be made by noon of the prior business day. To make a reservation, please call 608-757-5474.

Locations

There are five dining centers in Rock County serving lunch Monday through Friday (except Evansville which serves only on Tuesday and Thursday), except on holidays. **To make a reservation, please call 608-757-5474.**

Beloit: Grinnell Hall Senior Center

631 Bluff Street

Clinton: Senior Center

508 Front Street

Evansville: Creekside Place

Two days a week - Tuesdays and Thursdays Only
102 Maple Street

Janesville: Riverview Heights

930 N Washington Street

Milton: The Gathering Place

715 Campus Street

HOME CARE SERVICES

Home care agencies provide a variety of services to help people in their homes. Some home care agencies specialize in particular services while others provide a wide range of services. Most agencies charge a fee; volunteer organizations accept donations.

Some county aging units also keep lists of private individuals who provide home-care services in their county. It is up to the family to screen any private individual they hire, and to ensure that state and federal tax law is being adhered to. Anyone who hires a private individual as a home care worker on a regular or frequent basis may become an employer under the law and be responsible for paying unemployment insurance and social security/Medicare taxes to the government on the worker's behalf.

Using home care services can help to extend the period of time a loved one can be successfully cared for at home by supplying needed supplemental help and preserving the health and energy of the family caregiver.

Types of Home Care Services:

- Chore services typically include light housekeeping, laundry, meal preparation and shopping.
- Companion care (respite) typically includes oversight/companionship for the person with memory loss so that his or her primary caregivers can take time off from caregiving to keep appointments, attend events, catch up on chores, sleep or simply enjoy a break. Companion care can be provided in a variety of settings, but is usually provided in the residence of the person receiving care. Companion care can often be combined with chore service and/or personal care assistance. Companions might also take people on outings, enabling them to attend events, volunteer and visit favorite people and places.
- Personal care services typically include assistance with dressing, bathing, grooming, meals and toileting, as needed.
- Home health care is provided by nurses, certified nursing assistants or professional therapists and includes medication management, skilled nursing services, bathing and occupational, physical and speech therapies. Depending on the situation, the caregiver might be able to take a break from caregiving while home health care is being provided.

- A live-in caregiver provides 24 hour/day assistance in the home. Services include personal care, home chores, companionship and oversight of the person in need of care. Some people hire someone they know to live in the home. Others look for live-in caregivers through the local university or by placing an advertisement. Some companion care and home health agencies can provide 24 hour/day shift care.
- Hospice care services are available to individuals at the end of life. Services usually can be provided in the home or in a facility. Some agencies have free-standing hospice in-patient facilities. Hospice provides nursing care, respite and grief support for families.

HOME CARE SERVICE AGENCIES

| | Chore Services | Companion Care | Personal Care | Home Health | Live in Care | Hospice |
|---|----------------|----------------|---------------|-------------|--------------|---------|
| Agrace HospiceCare Inc. 5395 E. Cheryl Pkwy, Madison, WI 53711 608-276-4660 www.agrace.org | | | | | | X |
| Agrace Center for Hospice & Palliative Care 2901 N. Wright Rd., Janesville, WI 53546 608-755-1871 www.agrace.org | | | | | | X |
| All Heart Home Care 608-352-7700 | | | | | | |
| Allay Home & Hospice – Racine 1532 S. Green Bay Rd., Suite 200 Racine, WI 53406 262-634-6603 www.allayhh.com | | | | X | | X |
| Alternative Home Care 1519 W. Court St., Janesville, WI 53548 608-758-3324 | X | X | X | | X | |
| Apara Care Health & Home 7601 Ganser Way Madison, WI 53719 888-308-6448 www.aparacare.org | X | X | X | | X | |
| Aspire Generation Liberty LLC P.O. Box 301, Evansville, WI 53536 608-490-0381 877-711-2882 Toll Free | X | X | X | | | |
| At-Home Healthcare | | | | X | | |

| | Chore Services | Companion Care | Personal Care | Home Health | Live in Care | Hospice |
|--|----------------|----------------|---------------|-------------|--------------|---------|
| 1904 Huebbe Parkway Beloit, WI 53511 608-363-5885 www.beloithealthsystem.org | | | | | | |
| Aurora At Home – Milwaukee Office 11333 W. National Ave. Milwaukee, WI 53227 800-862-2201 | | | | X | | |
| Beloit Caring Angels 2680 Prairie Ave., Beloit, WI 53511 608-635-3500 www.beloitcaringangels.com | X | X | X | | X | |
| Beloit Regional Hospice, Inc. 655 3rd St. Ste. 200, Beloit, WI 53511 608-363-7421 www.beloitregionalhospice.com | | | | | | X |
| BrightStar Care 20 S. Main St., Suite 13 Janesville, WI 53545 608-314-8501 www.BrightStarCare.com | X | X | X | X | X | |
| Caring Companions LLC 1308 Independence Way Sun Prairie, WI 53590 608-333-5095 | X | X | X | | X | |
| Caring Hearts, Inc. 2823 8 th Ave., Monroe, WI 53566 608-329-2273 | X | X | X | | X | |
| CGA (Caregiver Associates) 24 Hour Live-in 2364 Jackson St. #165 Stoughton, WI 53589 920-395-3902 www.cgafoxvalley.com | X | X | X | | X | |
| CNA On The Go, LLC 5201 Old Middleton Rd., Suite 2 Madison, WI 53705 608-609-8491 | X | X | X | X | X | |
| Comfort Keepers | X | X | X | | X | |

| | Chore Services | Companion Care | Personal Care | Home Health | Live in Care | Hospice |
|--|----------------|----------------|---------------|-------------|--------------|---------|
| 5215 Elevator Rd., P.O. Box 740 Roscoe, IL 61073 815-229-9100 www.comfortkeepers.com | | | | | | |
| Direct Medical Access Services 728 Wisconsin St., Suite A Lake Geneva, WI 53147 262-215-9085 www.directmedicalaccessservices.com | X | X | X | | X | |
| Freedom Care LLC- 24hr Live-in 611 Lakeshore Dr. Beaver Dam, WI 53916 920-885-5936 | X | X | X | | X | |
| Good People - Live-n Caregivers & Comp. 2409 White Oak Trail Oregon, WI 53575 800-608-8003 www.goodpeople.us | X | X | X | | X | |
| Heartland Hospice 2810 Crossroads Dr., Suite 1900 Madison, WI 53718 608-819-0033 www.heartlandhospice.com/Madison | | | | | | X |
| Heartland Hospice 363 Financial Ct., Unit 300 Rockford, IL 61107 866-216-5708 www.heartlandhospice.com | | | | | | X |
| Home Care Network 612 Wells St., Suite H, Lake Geneva, WI 53147 262-248-0457 | | | | X | | |
| Home Health United and Hospice - Janesville 3700 E. Racine St. Janesville, WI 53546 800-924-2273; 877-356-4514 (Hospice) www.homehealthunited.org | | | | X | | X |

| | Chore Services | Companion Care | Personal Care | Home Health | Live in Care | Hospice |
|---|----------------|----------------|---------------|-------------|--------------|---------|
| Home Health United – Madison West 4639 Hammersley Rd. Madison, WI 53711 800-924-2273 www.homehealthunited.org | | | | X | | |
| Home Health United and Hospice - Madison 2802 Walton Commons Ln. Madison, WI 53718 800-924-2273; 877-356-4514 (Hospice) www.homehealthunited.org | | | | X | | X |
| Home Instead Senior Care 4245 Fox Hills Ct., Janesville, WI 53546 608-314-9241 www.homeinstead.com/613 | X | X | X | | X | |
| Independent Living, Inc. 2970 Chapel Valley Rd., Suite 203 Madison, WI 53711 608-274-7900 www.IndependentLivingInc.org | X | X | X | | X | |
| Interim Healthcare of Wisconsin 104 W. Linden Dr., Suite A Jefferson, WI 53549 920-674-6855; 920-674-6642 www.interimhealthcare.com | X | X | X | X | X | |
| Interim Healthcare of Wisconsin 702 N. Blackhawk Ave., Suite 215 Madison, WI 53705 608-238-0268 www.interimhealthcare.com | X | X | X | X | X | |
| Marquardt at Home 1020 Hill St. Watertown, WI 53098 844-206-4930 www.marquardtvillage.org | | | | X | | X |
| Maxim Healthcare Services 5752 Tokay Blvd., Suite 500 Madison, WI 53719 | X | X | X | X | X | |

| | Chore Services | Companion Care | Personal Care | Home Health | Live in Care | Hospice |
|---|----------------|----------------|---------------|-------------|--------------|---------|
| 608-232-1000 www.maximhealthcare.com | | | | | | |
| Mercy Assisted Care 901 Mineral Point Ave. Janesville, WI 53548 608-754-2201 www.mercyassistedcare.org | X | X | X | X | X | |
| Mercy Hospice Care 901 Mineral Point Ave. Janesville, WI 53548 608-754-2201 www.mercyhospicecare.org | | | | | | X |
| Monroe Clinic Home Care & Hospice 515 22 nd Ave., Monroe, WI 53566 608-324-1230 www.monroeclinic.org | | | | X | | X |
| Preferred Living, Inc. 1509 9 th St., Monroe, WI 53566 608-328-2800 | X | X | X | | X | |
| Rainbow Hospice Care 147 W. Rockwell St., Jefferson, WI 53549 920-674-6255 www.rainbowhospicecare.org | | | | | | X |
| Rainbow Hospice Care Inpatient Facility 1225 Rimmel Dr., Johnson Creek, WI 53094 920-674-6255 www.rainbowhospicecare.org | | | | | | X |
| Recover Health 4433 Woodgate Dr., Janesville, WI 53546 608-531-8880 www.recoverhealth.org | X | X | X | X | | |
| ResCare Home Care 2707 Kennedy, Suite 200 Janesville, WI 53545 608-755-0592 www.ResCareHomeCare.com | X | X | X | | X | |

| | Chore Services | Companion Care | Personal Care | Home Health | Live in Care | Hospice |
|--|----------------|----------------|---------------|-------------|--------------|---------|
| Santee Home Health Care 2215 Linden, Janesville, WI 53548 608-563-2116 | X | X | X | | X | |
| Senior Services Plus Health Care, Inc. 1621 Plainfield, Janesville, WI 53548 608-373-3390 www.seniorservicesrock.com | X | X | X | | X | |
| Sosiab Care, Inc. 3208 E. Washington Ave. Madison, WI 53704 608-244-1160 www.sosiabcare.com | X | | X | | | |
| SouthernCare Hospice 402 Gammon Place, Suite 110 Madison, WI 53719 608-833-3295 www.southerncaresinc.com | | | | | | X |
| Stoughton Hospital Home Health 900 Ridge St., Stoughton, WI 53589 608-873-2366 www.stoughtonhospital.com | | | | X | | |
| St. Croix Hospice 409 Hallberg St., Unit F Delavan, WI 53115 262-725-7021 www.stcroixhospice.com | | | | | | X |
| Trusted Hands Homecare 900 Ridge St., Stoughton, WI 53589 608-873-2366 www.stoughtonhospital.com | X | X | X | | | |
| Visiting Angels LAS 1001 Madison Ave., Suite C Fort Atkinson, WI 53538 877-276-7039 www.visitingangels.com | X | X | X | | X | |
| We Care at Home 101 Nob Hill, Madison, WI 53713 608-284-8933 | X | X | X | | | |

ADULT DAY SERVICES

Adult day programs provide structured support for the older person and are another way for a caregiver to obtain respite from caregiving responsibilities. Some programs are dementia specific. Participants engage in a variety of pastimes, including exercise, music, social activities, and meals. Costs vary. Individuals who meet eligibility requirements may qualify for financial support or sliding fee scales. For more information, contact:

Kandu Adult Day Services
1741 Adel St., Janesville, WI
608-755-4123 www.kanduindustries.com

LSS Beloit Enrichment Center
2222 Advance Dr., Beloit, WI 53511
608-361-9724 www.lsswis.org

LSS Janesville Enrichment Center
1400 Excalibur Dr., Janesville, WI 53545
608-752-4120 www.lsswis.org

FACILITY RESPITE CARE

Respite at residential care facilities may be arranged during the day, for an overnight visit, or multiple day stays. This type of respite is helpful for caregivers who need a longer break to take a vacation or attend to other responsibilities. Please contact individual facilities (see “**Rock County Facility Care Guide**”) for more details on available respite services at residential facilities.

RESIDENTIAL CARE

There are a variety of facilities including residential care apartment complexes, adult family homes, community based residential facilities and skilled nursing facilities available to meet the different levels of care that may be needed by a person with dementia

Choosing a New Home

When the time comes for a person with Alzheimer’s disease or other dementias to move into a residential care setting (e.g., nursing home, community based residential facility, assisted living, etc.), it can be very difficult for both the person and family. In addition, finding the right residential care setting to meet the needs of the person with dementia can be challenging and time consuming. Listed below are a few tips as you begin the search for a new home. The Alzheimer’s & Dementia Alliance of Wisconsin is always available to answer questions and help in problem-solving.

1. Visit different places. If possible, it is usually best to visit any place that you are considering. The amount of care required and the atmosphere desired will determine the type of residential care setting you should visit. Visiting unannounced at different times of day can give you an idea of what an average day may be like.
2. Ask questions. It is important to ask specific questions about the facility's ability to provide dementia care. For example:
 - What is your philosophy regarding Alzheimer/dementia care?
 - What is your process for developing a care/service plan?
 - What approaches are used when providing care to persons with dementia?
 - What types of activities are offered?
 - What are your staff qualifications and staffing levels?
 - How is your staff trained in dementia specific care?
 - How does your environment support persons with dementia?
3. Call the Alzheimer's & Dementia Alliance of Wisconsin (608-232-3400 or 888-308-6251) for a handout or email copy of "RESIDENTIAL CARE: A GUIDE TO CHOOSING A NEW HOME".
4. Talk with others. Often times, there may be people you know – family, friends, neighbors, co-workers – who can recommend a place that worked well for them. If possible, talk with family members and/or residents of facilities that you are considering. REMEMBER: Every individual situation is unique. What works well for one person, may not work for another. Use input from others as only one of several deciding factors.

Residential Care Apartment Complex (RCAC)

A residential care apartment complex is an apartment that includes a kitchen, living area, bedroom, private bathroom and an array of services including meals, housekeeping, laundry, arranging medical appointments and transportation. RCACs may provide up to 28 hours per week of personal care and/or nursing services. These facilities are most appropriate for a person with dementia who is in the very early stages, who can make their own decisions regarding care options, and who can live independently with minimal assistance, or for the person with dementia and his or her spouse together. These facilities are registered by the Wisconsin Department of Health & Family Services.

Cedar Crest Inc. Residential Apts. & Town Homes
1700 South River Rd., Janesville, WI 53546
608-756-0344 www.cedarcrestnet.com

Heights at Evansville Manor, The
201 N. Fourth St., Evansville, WI 53536
608-882-9995 www.liveattheheights.com

Huntington Place Assisted Living Residence
3801 N. Wright Rd., Janesville, WI 53546
608-868-5035 www.huntington-place.com

Kelly House Assisted Living Apartments
121 S. Fifth St., Evansville, WI 53536
608-882-4191

Milton Senior Living
600 W. Sunset Dr., Milton, WI 53563
608-868-3000 www.miltonseniorliving.com

Riverside Terrace
3055 Riverside Dr., Beloit, WI 53511
608-365-7222 www.beloithealthsystem.org

Swifthaven - Edgerton
124 Henry St., Edgerton, WI 53534
608-884-2828 www.swifthaven.com

Adult Family Homes (AFH)

Adult Family Homes combine housing and care. Adult Family Homes provide assistance and/or supervision with activities of daily living to four or fewer individuals. No more than seven hours per week of nursing care can be given in an AFH. These facilities are licensed by the Wisconsin Department of Health & Family Services. For a listing of Rock County Adult Family Homes, see ADAW's:

"Rock County Community Based Residential Facility, Adult Family Home and Nursing Home Guide"

Community Based Residential Facilities (CBRF)

A CBRF is a place where five or more individuals live and receive care with 24-hour supervision. These facilities offer private or semi-private bedrooms with shared living and dining areas. Services include meals, snacks, activities, and assistance or supervision with activities of daily living. No more than three hours per week of nursing care can be provided in a CBRF setting. CBRFs are generally smaller than skilled nursing facilities. CBRFs are licensed by the Wisconsin Department of Health and Family Services. When considering a move to a CBRF, it is necessary to inquire about a CBRF pre-admission assessment to insure that you have information on all care options. For a listing of Rock County CBRFs see, ADAW's:

“Rock County Community Based Residential Facility, Adult Family Home and Nursing Home Guide”

Nursing Homes

Nursing homes are facilities that offer skilled nursing care and other services including: three meals per day, snacks, activities, assistance with activities of daily living, and dietician and social work services. They are most appropriate for frail individuals who have medical or nursing care needs. Some nursing homes have special care units designed to address the special needs of people with dementia. Individuals who meet federal income requirements and need skilled nursing care may qualify for financial assistance. For a listing of Rock County Nursing Homes, see ADAW’s:

“Rock County Community Based Residential Facility, Adult Family Home and Nursing Home Guide”

LONG TERM CARE OMBUDSMAN

An ombudsman protects and promotes the rights of long-term care consumers and Community Options Program participants by working with them and their families to achieve quality care. The program is provided at no charge. Ombudsmen can investigate complaints and help families resolve problems with long-term care service providers. For more information, contact:

Wisconsin Board on Aging & Long Term Care
1402 Pankratz St., Suite 111, Madison, WI 53704
800-815-0015 <http://longtermcare.wi.gov/>